Novel Coronavirus Alert

Social distancing is a way to slow down or stop the spread of infectious diseases such as the Coronavirus Disease (COVID-19) by limiting contact between you and other people.

Avoid
- Group Gatherings
- Theatre Outings
- Concerts
- Crowded Stores
- Malls
- Bars
- Restaurants
- Non-Essential Travel

Use Caution
- Visiting Grocery Stores
- Picking Up Medications
- Picking Up Food
- Delivery of Food
- Having Visitors In Your Home

Safe to Do
- Take a Walk
- Yard Work
- Read a Good Book
- Listen to Music
- Cook a Meal
- Call or Text a Friend

Stanislaus County Public Health
Visitor and Patient Poster 3.18.2020