

## High Risk Maternal Child Health (HRMCH)

High Risk Maternal Child Health is a free, voluntary program that provides home-based services to families/caregivers of children (birth to eighteen years) and high risk pregnant women.

### GOALS

- Increase knowledge of medical and health needs for infants and children
- Improve health outcomes through adequate understanding of necessary medications, compliance, treatment and to prevent hospitalization
- Improve birth outcomes and decrease neonatal mortality
- Increase knowledge of appropriate parenting and childcare
- Increase knowledge of community resources available for families

## Substance Exposed Infants (SEI)

Substance Exposed Infants is a free, voluntary program which provides home-based Public Health Nurse (PHN) services to families, or caregivers with substance exposed infants/children. Services are provided to infants and children from birth to age 3 years who were exposed to drugs before birth, and are at risk for developmental delays, abuse, neglect, and failure to thrive.

### GOAL

Improve health and developmental outcomes for substance-exposed infants/children.

## Case Management Services for HRMCH and SEI Include:

### Assessment

Comprehensive assessment of infant/child physical conditions, growth and development, environment and resource needs. Assess caregiver's knowledge and understanding of child's condition, treatment, medical care and follow up. Assessment of caregiver's parenting skills. Nutritional assessment. Evaluate for food, clothing and shelter. Assess family's psychosocial status.

### Education

- Education regarding specific health conditions
- Appropriate growth and development
- Parenting skills and childcare issues
- Appropriate nutrition and feeding
- Preventive health measures
- Available community resources
- Problem solving skills

### Coordination of services

Refer to appropriate community resources/agencies. Assist and advocate to facilitate access to needed services. Coordinate with medical providers and agencies.



***Our staff is  
available  
to help  
eligible children  
and their families  
in need.***



***Please call us at  
(209) 558-7400***

If you would like more information or are interested in making a referral to the High Risk Maternal Child Health or Substance Exposed Infants Programs, please call

**(209) 558-7400**

*Community Health Services*  
830 Scenic Drive, Building 3  
Modesto, CA 95353



**High Risk  
Maternal Child Health  
& Substance Exposed  
Infants Program**



*Improving health outcomes for families*