



**HEALTH SERVICES AGENCY**

**Public Health Services**

917 Oakdale Rd, Modesto, CA 95355

**Julie Vaishampayan, MD, MPH**

Public Health Officer

**ORDER OF THE HEALTH OFFICER OF THE COUNTY OF STANISLAUS  
FOR THE CONTROL OF COVID-19  
Public Health Emergency Quarantine Order**

Date Order Amended: September 22, 2021

This Order is in effect until rescinded in writing by the Health Officer.

**SUMMARY OF THE ORDER**

**California is in a State of Emergency because of the COVID-19 pandemic.** The spread of COVID-19, especially with the emergence of the Delta variant, is a substantial danger to the health of the public within the County of Stanislaus. COVID-19 can easily spread between people who are in close contact with one another. Individuals in close contact with a person diagnosed with or likely to have COVID-19 may easily become infected and spread it even if they have only mild symptoms. Many are still at risk for becoming ill with COVID-19, but some people are more vulnerable to serious illness, including pneumonia, organ failure, or death, due to their age, physical state, and/or health status.

In order to help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in Stanislaus County from being overwhelmed, it is necessary for the County of Stanislaus Health Officer ("Health Officer") to require the self-quarantine of persons exposed to a person diagnosed with or likely to have COVID-19. Quarantine separates individuals who were exposed to COVID-19 from others, until it is determined that they are not at risk for spreading the disease. This protects everyone, including people who are high risk for serious illness, such as older adults and people with weakened immune systems.

**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE SECTIONS  
101040, 101085, 120175, 120215, 120220, AND 120225, THE COUNTY OF STANISLAUS  
HEALTH OFFICER ORDERS:**

***All susceptible household contacts, intimate partners, caregivers, and close contacts who have been in close contact with a person diagnosed with or likely to have COVID-19, as defined in this Order, must quarantine themselves. Persons who are fully vaccinated, defined as at least two weeks after last dose of vaccination, and persons who are within the first 90 days after infection are not considered susceptible and not required to quarantine but should get tested 3-5 days after their exposure and mask when indoors in public through day 14 after last exposure or until their test result is negative.***

***Persons quarantined are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.***

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***Quarantine Requirements for Household Contacts, Intimate Partners, Caregivers, and Close Contacts of Persons with or Likely to Have COVID-19***

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**A person is considered to be a close contact of a person with or likely to have COVID-19 if they: (a) were within six (6) feet of a person who has or is likely to have COVID-19 for more than 15 minutes OR (b) had unprotected contact with the body fluids and/or secretions (such as being coughed on/sneezed on, shared utensils or saliva, or provided care without wearing protective equipment) of a person who has or is likely to have COVID-19, within 48 hours before that person's symptoms began and until that person is no longer required to be isolated.**

**All susceptible individuals who know that they have been in close contact, as a household member, an intimate partner, a caregiver outside of a healthcare setting, or other close contact, as defined above, with a person diagnosed with or likely to have COVID-19 while that person was symptomatic (ill), are required to take the following actions:**

**1. Be quarantined in their home or another residence for the entirety of the quarantine period.**

Self-quarantine is necessary because an individual is at high risk for developing and spreading COVID-19, if that individual has had close contact as defined above, with a person who has:

- a) A positive lab test for COVID-19
- b) Signs and symptoms that are consistent with COVID-19 (i.e., fever, cough, shortness of breath or trouble breathing), **OR**
- c) Been informed by a physician that they are likely to have COVID-19

**2. Individuals are required to quarantine themselves for the entirety of the quarantine period.**

The duration of quarantine period is:

- a) 10 days from the last date that they were last in contact with the person who has, or is likely to have, COVID-19, or
- b) 7 days from the last date that they were last in contact with the person who has, or is likely to have, COVID-19 with a negative test on day 5 or later.

Quarantined persons may not leave their place of quarantine or enter any other public or private place during the period of quarantine, except to receive necessary medical care. Individuals must continue daily symptom monitoring and must wear a face covering and stay 6 feet away from others during the period of quarantine.

From the end of the quarantine period through Day 14 after your last contact with the infected person you must:

- a) Be extra careful to reduce the spread of COVID-19, including wearing a face covering whenever around others, keeping a distance of at least 6 feet from others, AND washing your hands often.
- b) Continue to monitor yourself daily for COVID-19 symptoms.

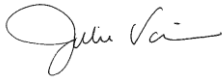
**Exceptions:**

- a) If you are a healthcare worker, a first responder, or a social services worker (who works face to face with clients in the child welfare system or in assisted living facilities) and you do not have symptoms (are asymptomatic), you may be permitted to return to work if your employer is experiencing staffing shortages. You should follow the return-to-work protocols established by your employer. When not doing your essential work, you must adhere to this quarantine order.
- b) If you are a student in a K-12 school, follow the quarantine guidance found in the ["COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year"](#).

3. Carefully review and closely follow all requirements listed in the Centers for Disease Control and Prevention (CDC) [Quarantine and Isolation](#) page.
4. If a quarantined person becomes sick with [symptoms of COVID-19](#) (even if their symptoms are very mild), to protect others from COVID-19, they should isolate themselves at home and away from other people and follow the Stanislaus County “Public Health Emergency Isolation Order,” which is available in [English](#) and [Spanish](#). This is because they are likely to have COVID-19 and if so, can spread it to others.

The Health Officer may take additional action(s), which may include civil detention at a health facility or other location, to protect the public’s health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both. (Health and Safety Code § 120295)

**IT IS SO ORDERED:**



Julie Vaishampayan, MD, MPH  
Health Officer of the County of Stanislaus

Date: September 22, 2021

**APPROVED AS TO FORM:**



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Thomas E. Boze  
County Counsel, County of Stanislaus

Date: September 22, 2021