STANISLAUS COUNTY SENIOR HEALTH SUMMARY

March 2018

PURPOSE

To share highlights of information from the Stanislaus County 2017 Senior Health Report. Seniors are classified as adults 60 years of age and above. When data was not available for this range, 65 and above was used and is noted.

DEMOGRAPHICS

Out of the 90,265 seniors age 60 and over in 2014:
- 54.1% are female
- 65.0% are married or in a registered domestic partnership
- 10.3% are living with their minor grandchildren
- 2.3% (2,098) are responsible for their grandchildren
- 32.9% work full time, 14.2% work part time, 13.3% are self-employed

1 Source: 2014 US Census Bureau, 1-year Estimate American Community Survey
2 Source: 2013 FHOP, Stanislaus County CHA Community Survey

Senior’s Top 3 Community Concerns

Concerns
- Crime
- Neighborhood Safety
- Alcohol and Drugs

Source: FHOP, Stanislaus County CHA Community Survey, 2013 N=343, Age 60+

16.4% of Seniors are Veterans

Source: 2015 US Census Bureau, 1-year Estimate, American Community Survey, Age 60+

Income of Seniors Age 60 and Above

- 100% Poverty Level
- 100-150% Poverty Level
- Over 150% Poverty Level

Source: 2014 US Census Bureau, 1-year Estimate American Community Survey

12.2% of seniors do not have stable housing

Source: FHOP, Stanislaus County CHA Community Survey, 2013 N=343, Age 60+

Approximately 1 in 20 Stanislaus residents 60 and older reported going without basic needs like food, utilities and transportation.

Source: FHOP, Stanislaus County CHA Community Survey 2013, N=324
HEALTH

On the 2013 Stanislaus County Community Health Assessment primary survey, seniors 60 and older reported the following health concerns:

- 54.5% have high blood pressure
- 48.0% have high cholesterol
- 28.8% have diabetes
- 39% have four or less people they could look to for help in a crisis

66.8% Get over 15 minutes a day of exercise on average

55.3% Consume the recommended amount of fruits and vegetables

Top 5 Causes of Death
1. Diseases of the Heart (28.8%)
2. Cancer (22.5%)
3. Chronic Lower Respiratory Disease (7.1%)
4. Alzheimer’s Disease (6.6%)
5. Stroke (5.9%)

There were 4,283 non-fatal hospitalizations and emergency department visits for seniors who fell in 2014.

Health Insurance
1.5% Have No Health Insurance
78.1% Have Medicare
50.9% Have Other Coverage in Addition to Medicare
16.5% Have Medicare and Medi-Cal (Medicaid)

Find the full 2017 Senior Health Report at: schsa.org/PublicHealth/mainpages/data

Source: 2013 FHOP, Stanislaus County CHA Community Survey, N=340, Age 60+
Source: 2014 US Census Bureau, 1-year Estimate American Community Survey, Age 65+
Source: 2014 CDPH EpiCenter Age 65+
Source: CDPH, Death Statistical Master Files 2013-2015. Rates calculated by HSA staff. Age 60+
Source: 2014 US Census Bureau, 1-year Estimate American Community Survey, Age 65+

Disabled Type

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulatory Difficulty</td>
<td>28.3%</td>
</tr>
<tr>
<td>Cognitive Difficulty</td>
<td>11.9%</td>
</tr>
<tr>
<td>Hearing Difficulty</td>
<td>19.7%</td>
</tr>
<tr>
<td>Independent Living Difficulty</td>
<td>19.4%</td>
</tr>
<tr>
<td>Self-Care Difficulty</td>
<td>10.3%</td>
</tr>
<tr>
<td>Vision Difficulty</td>
<td>8.7%</td>
</tr>
<tr>
<td>Any Disability</td>
<td>43.8%</td>
</tr>
</tbody>
</table>

Source: 2014 US Census Bureau, 1-year Estimate American Community Survey, Age 65+