



STANISLAUS COUNTY

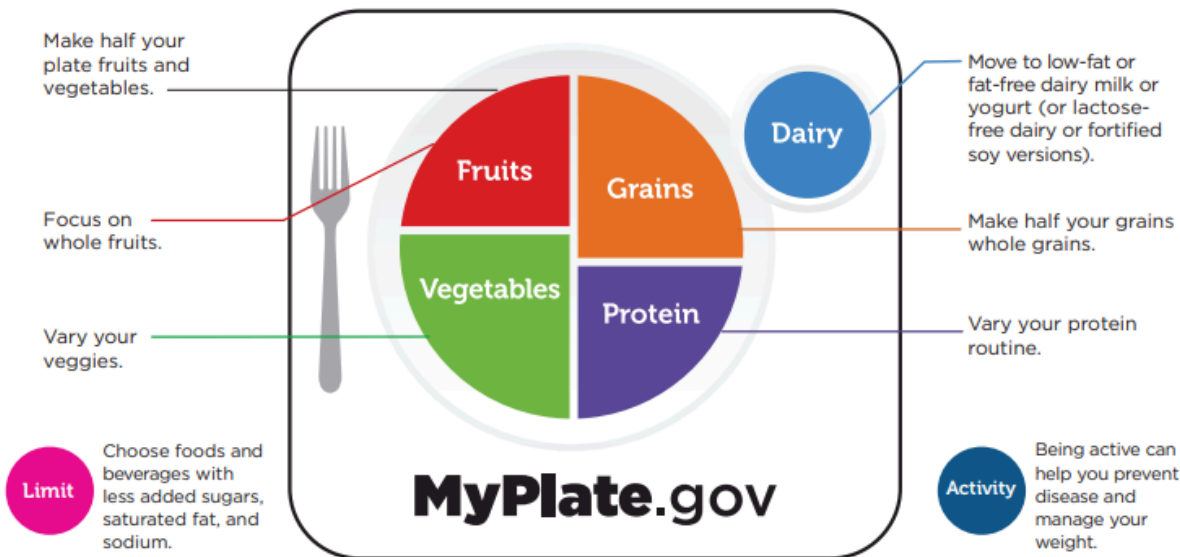
Community Food Resource Guide 2025



Scan for digital copy

Start *simple* with **MyPlate**

Healthy eating is important at every life stage,
with benefits that add up over time, bite by bite. Small changes matter.



Rethink Your Drink . . . choose water!

Did you know sodas and other sugary drinks come with some not-so-sweet health risks? Drinking too much sugar has been linked to type 2 diabetes, heart disease, and tooth decay. Take control of your health and opt for better alternatives, like water or the recipe below:

Mint, Lime, and Cucumber Breeze

Mix 1/2 sliced cucumber, 1 sliced lime, and 5 mint leaves with water in a 2-quart pitcher. Chill for at least 20 minutes and enjoy.

For more information, visit
www.rethinkyourdrinkday.com/beverage-breakdown



Stanislaus County

Community Food Resource Guide

Food pantries, community meals, and more

Information is subject to change, and eligibility varies depending on program offerings, but most programs are open to all at no cost. Some programs require ID or proof of residency. We recommend calling ahead to confirm eligibility, access, and hours of operation.

Table of Contents

Food Pantries

CERES	3
DENAIR, EMPIRE	4
GRAYSON, HICKMAN, KEYES	5
MODESTO	6-10
NEWMAN, OAKDALE	11
PATTERSON	12
RIVERBANK	13
SALIDA	14
TURLOCK	14-15
WATERFORD	16
USF EMERGENCY MEAL BOXES	16

United Samaritans Foundation (USF)

DAILY BREAD MOBILE FOOD TRUCK STOPS	18-24
---	-------

Community Meals

STANISLAUS COUNTY SENIOR LUNCHEON SITE LOCATIONS	26-27
WALK-IN COMMUNITY MEALS	28

Additional Resources

WOMEN, INFANTS, & CHILDREN (WIC)	30
BENEFITS CAL	31
CAL FRESH (Supplemental Nutrition Assistance Program)	32-34
GREEN BAG FOR SENIORS (fresh fruit/vegetables)	35-36
FAMILY RESOURCE GUIDE	37
CONTACT US	38

A photograph of two women standing outdoors, smiling and looking at each other. They are holding several bags and a box filled with fresh produce, including yellow and green bell peppers, a bag of leafy greens, and some bread. The background shows a building with large windows and some foliage.

Food Pantries

Resources



FOOD PANTRIES

CERES

Name of Agency	Address	Time	Day	Phone
American Legion Hall	2609 Lawrence St, Ceres, CA, 95307	9:00 am - 10:30 am	3rd Monday of the Month	(209) 577-3600 
Echoes of Praise	2928 4th St, Ceres, CA, 95307	10:00 am - 12:00 pm	2nd and 3rd Saturday of the month	(408) 829-9143 (209) 227-3809
Faith Home Teen Challenge	6643 Faith Home Rd, Ceres, CA, 95307	9:00 am - 10:30 am	1st Friday of the month	(209) 537-0606
Hope Tree Church	2745 2nd St, Ceres, CA, 95307	10:00 am - 11:30 am	1st and 3rd Tuesday of the month	(209) 531-2614
St. Jude/St. Vincent DePaul	3824 Mitchell Rd, Ceres, CA, 95307	2:30 pm - 4:30 pm	Wednesdays	(209) 537-0516

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

 Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

DENAIR

Name of Agency	Address	Time	Day	Phone
Gateway Community Church	3440 Lester Rd, Denair, CA, 95316	5:15 pm - 6:15 pm	Wednesdays	(209) 652-6632
Connecting Point Church of the Nazarene	3200 E Monte Vista Ave, Denair, CA, 95316	10:00 am - 2:00 pm	Monday - Thursday	(209) 668-4080

EMPIRE

Name of Agency	Address	Time	Day	Phone
Church of The Brethren	5101 Yosemite Blvd, Empire, CA, 95319	8:00 am - 10:00 am	1st Wednesday of the month	(209) 522-4302  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

GRAYSON

Name of Agency	Address	Time	Day	Phone
United Community Center	8900 Laird St, Grayson, CA, 95363	2:00 pm - 4:00 pm	1st and 3rd Friday	(209) 894-7079

HICKMAN

Name of Agency	Address	Time	Day	Phone
Hickman Community Church	854 I St, Hickman, CA, 95323	10:30 am - 11:15 am	1st and 3rd Sunday of the month	(209) 874-1180  

KEYES

Name of Agency	Address	Time	Day	Phone
Keyes Fire Department	5627 7th St, Keyes, CA, 95328	9:00 am - 10:00 am	2nd Wednesday of the month	Salvation Army (209) 577-3600  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

MODESTO

Name of Agency	Address	Time	Day	Phone
Modesto Central SDA Church	710 16th St, Modesto, CA, 95454	10:00 am - 11:30 am	Tuesdays	(209) 521-6460
St. Joseph's Food Pantry and Help Line	1813 Oakdale Rd, Modesto, CA, 95355	9:00 am - 11:00 am	Tuesdays and Thursdays	(209) 551-4973
MoPride People's Pantry	508 13th St Modesto, CA 95354	1:00 pm - 6:00 pm	Wednesdays and Fridays	(209) 567-2124
Salvation Army, Red Shield Center	1649 Las Vegas St, Modesto, CA, 95358	8:30 am - 10:30 am	2nd Monday of the month	(209) 538-7111 
MJC Pirates' Pantry Drive-Thru (students only)	2201 Blue Gum Ave, Modesto, CA, 95358 (MJCWest Campus: Mary Stuart Rogers (MSR) Building – Lot 209)	By appointment only	By appointment only	(209) 575-7902 

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

 Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

MODESTO

Name of Agency	Address	Time	Day	Phone
The Well Community Fellowship- GAP Food Ministry FIGS (Food Initiative of Greater Stanislaus) Mobile Food Pantry	2500 Claus Rd, Modesto, CA, 95355	10:00 am - 12:00 pm	3rd Friday of the month	(209) 424-8474  
The Well Community Fellowship- GAP Food Ministry TEFAP Commodities	2500 Claus Rd, Modesto, CA, 95355	8:30 am - 9:30 am	3rd Sunday of the month	(209) 424-8474
Modesto Christian Reformed Church	2620 College Ave, Modesto, CA, 95350	9:00 am - 10:30 am	2nd Tuesday of the month	(209) 523-1906  
Geneva Presbyterian Church	1229 E. Fairmont Ave, Modesto, CA, 95350	8:00 am - 10:30 am	1st Wednesday of the month	(209) 534-6841  
Modesto Love Center	617 Winmoore Wy, Ste. F, Modesto, CA, 95358	10:00 am - 12:00 pm	Tuesdays and Thursdays	(209) 538-9700  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

Modesto

Name of Agency	Address	Time	Day	Phone
Big Valley Grace Good Samaritan Ministry Food Bank	4040 Tully Rd, Modesto, CA, 95356	By appointment only	By appointment only	(209) 577-1604 Please call to make an appointment.  
New Vision Church	1850 E Hatch Rd, Modesto, CA, 95351	11:00 am - 12:00 pm	2nd and 4th Tuesday of the month	Salvation Army (209) 577-3600  
Family Christian Center	1901 W Rumble Rd, Modesto, CA, 95350	9:30 am - 11:00 am	Saturdays	Salvation Army (209) 577-3600  
House of Rest	1231 7th St, Modesto, CA, 95354	8:00 am - 12:00 pm	4th Saturday of the month	Salvation Army (209) 577-3600  
Lunches & Moore	525 16th St, Modesto, CA, 95354	8:00 am - 1:00 pm	Monday - Friday	Salvation Army (209) 577-3600  
Calvary Pentecostal Church of God	2101 Ustick Rd, Modesto, CA, 95358	4:30 pm - 6:00 pm	Tuesdays	(209)409-6919 (209)761-5797  
Support Life Foundation: Islamic Center	1445 N. Carpenter Rd, Modesto, CA, 95358	10:00 am - 1:00 pm	Fridays	(209) 650-8759  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

MODESTO

Name of Agency	Address	Time	Day	Phone
Neighborhood Church: H Street Ministry Center	126 H St, Modesto, CA, 95351	10:00 am - 11:00 am	Wednesdays	Salvation Army (209) 577-3600  
South Modesto - Red Shield	1749 Las Vegas St, Modesto, CA, 95358	8:30 am - 12:00 pm	2nd Monday of the month	Salvation Army (209) 577-3600  
The Rock Church	1630 Mono Wy, Modesto, CA, 95354	9:00 am - 3:00 pm	Monday - Friday	Salvation Army (209) 577-3600  
Trinity United Presbyterian	1600 Carver Rd, Modesto, CA, 95350	9:00 am - 3:00 pm	3rd Friday of the month	Salvation Army (209) 577-3600  
Fruit of the Spirit Ministries	1608 Sunrise Ave, Ste. E, Modesto, CA, 95386	By Appointment Only	By Appointment Only	(209) 416-1439  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

MODESTO

Name of Agency	Address	Time	Day	Phone
St. Paul's Episcopal Church	1528 Oakdale Rd, Modesto, CA, 95355	10:00 am - 11:00 am	1st Wednesday of the month	(209) 522-3267  
Davis Park Church of Christ	901 W. Rumble Rd, Modesto, CA, 95350	10:30 am - 11:00 am and 1:30 pm - 2:00 pm	Mondays, Wednesdays, and Fridays	(209) 522-7226  
Nineveh Outreach: The House	1601 Coffee Rd, Modesto, CA, 95355	8:30 am - 9:30 am	Thursdays	(209) 529-7346  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

NEWMAN

Name of Agency	Address	Time	Day	Phone
Orestimba Presbyterian Church	1107 Kern St, Newman, CA, 95360	9:00 am - 12:00 pm	4th Wednesday of the month	(209) 862-2661  
Family Resource Newman	1300 Patchett Dr, Newman, CA, 95360	9:00 am - 10:00 am	2nd Tuesday of the month	Salvation Army (209) 577-3600  
St. Joachim's Catholic Church/St. Vincent de Paul – Food Distribution Center	1121 Main St, Newman, CA, 95360	10:00 am - 11:00 am	1st Monday of the month	(209) 862-3528  

OAKDALE

Name of Agency	Address	Time	Day	Phone
CFHS Oakdale Family Resource Center (food distribution)	631 W. F St, Oakdale, CA, 95361	10:00 am - 12:00 pm	1st Monday of everymonth	(209) 847-0420
Oakdale Community Sharing Center	565 Center St, Oakdale, CA, 95361	8:00 am - 11:30 am	Tuesdays	(209) 847-3401

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

PATTERSON

Name of Agency	Address	Time	Day	Phone
Westside Food Pantry	20 S. 5th St, Patterson, CA, 95363	1:00 pm - 3:30 pm	Thursdays	(209) 480-4323
Sacred Heart Catholic Church/St. Vincent De Paul	529 I St, Patterson, CA, 95363	10:00 am - 12:00 pm	1st Tuesday of the month	(209) 892-9321  
Patterson Seventh Day Adventist Church	66 N. El Circulo Ave, Patterson, CA, 95363	11:00 am - 12:00 pm	2nd and 4th of the month	(209) 894-7696  
Patterson - Center for Human Services	1010 W. Las Palmas Ave, Ste. E, Patterson, CA, 95363	1:00 pm - 3:00 pm	1st Monday of the month	(209) 690-3100  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

RIVERBANK

Name of Agency	Address	Time	Day	Phone
Riverbank Christian Food Sharing, Inc	Scout Hall 3017 High St, Riverbank, CA, 95367	7:00 am - 10:00 am	Fridays	(209) 480-6548
Assembly of God	3126 Stanislaus St, Riverbank, CA, 95367	10:00 am - 12:00 pm	Tuesdays	(209) 480-6548  
St. Frances of Rome Catholic Church/St. Vincent de Paul Food Distribution Center	2827 Topeka St, Riverbank, CA, 95367	10:00 am - 12:00 pm	Mondays and Thursdays	(209) 869-2996  
Riverbank Community Center	3600 Santa Fe St, Riverbank, CA, 95367	8:00 am - 9:00 am	1st Friday of the month	Salvation Army (209) 577-3600  

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

SALIDA

Name of Agency	Address	Time	Day	Phone
Salida Food Pantry	4942 Washington St, Salida, CA, 95368	11:00 am - 12:30 pm	1st, 2nd, and 3rd Tuesday of the month	(209) 996-7549
First Congregational Church	4825 Broadway Ave, Salida, CA, 95368	8:30 am - 9:30 am	2nd Monday of the month	(209) 545-1156  

TURLOCK

Name of Agency	Address	Time	Day	Phone
Enclave Community Church's GAP (Grocery Assistance Program)	581 E. Canal Dr, Turlock, CA, 95380	1:30 pm - 2:30 pm	2nd and last Tuesday of the month	(209) 667-5996
Hope Church of Turlock	316 S. Laurel St, Turlock, CA, 95380	9:00 am - 11:00 am	4th Saturday of the month	(209) 667-1191

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

  Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

TURLOCK

Name of Agency	Address	Time	Day	Phone
Calvary Baptist Church	700 E. Monte Vista Rd, Turlock, CA, 95382	8:00 am - 9:00 am	4th Wednesday of the month	Salvation Army (209) 577-3600 
Turlock Salvation Army	893 Lander Ave, Turlock, CA, 95382	8:30 am - 12:00 pm	3rd Wednesday of the month	(209) 668-3363
Warrior Food Pantry, CSU Stanislaus (students only)	One University Circle, Turlock, CA, 95382 (Student Services Building)	9:00 am - 4:00 pm and 10:00 am - 6:00 pm	Monday, Tuesday, Wednesday, & Fridays and Thursdays	(209) 667-1191
New Life Christian Center Food Pantry	2918 W. Tuolumne Rd, Turlock, CA, 95380	11:00 am - 12:30 pm	Tuesdays and Thursdays	(209) 667-5433

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.

 Indicates that the pantry offers fruits and vegetables 50% of the time.

FOOD PANTRIES

WATERFORD

Name of Agency	Address	Time	Day	Phone
First Southern Baptist Church	116 E St, Waterford, CA, 95386	9:30 am - 10:30 am	Wednesdays	(209) 874-1812  
The Lighthouse Church	218 F St, Waterford, CA, 95386	7:30 pm - 8:30 pm	Wednesdays	Salvation Army (209) 577-3600  

United Samaritan Food (USF) Emergency Food Boxes (3-day supply)

*Requires proof of address, Income, ID, or Medi-Cal card.

Name of Agency	Address	Time	Day	Phone
United Samaritans Turlock	Alley between 219 & 221 S. Broadway, Turlock, CA, 95380	9:00 am - 12:00 pm	Last Tuesday and Friday of the month	(209)668-4853
United Samaritans Hughson	2413 3rd St, Hughson, CA, 95326	9:00 am - 12:00 pm	4th Monday and Thursday of the month	(209) 883-9212

Note: Information may change. ID may be required. Call ahead to verify eligibility and requirements.



Indicates that the pantry offers fruits and vegetables 50% of the time.



Food Truck Stops

Resources



United Samaritans Food Truck Stops

Serves lunch five days a week: Monday-Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

CERES		
Location	Address	Time
Olympic Southern Mission Baptist Church (Ceres/Modesto area)	1601 Church Ln. (route is Ceres/Modesto area)	12:00 pm – 12:10 pm
Migrant Housing Complex (first stop)	Donna Wy.	12:25 pm – 12:35 pm
Migrant Second Complex (second stop)	Linda Wy.	12:40 pm – 12:50 pm
United Samaritan Truck	Darrah St.	1:00 pm – 1:15 pm
United Samaritan Truck	Hackett Rd. & Central Ave.	1:25 pm – 1:35 pm
United Samaritan Truck	Laurel Ave. & Collins Rd.	1:35 pm – 1:45 pm
United Samaritan Truck	Lynell Ave.	1:50 pm – 1:55 pm
United Samaritan Truck	El Camino Ave.	2:00 pm – 2:10 pm

United Samaritans Food Truck Stops

Serves lunch five days a week: Monday through Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

DENAIR

Location	Address	Time
Denair Senior Center	Elm St. & Alameda Ave.	2:15 pm – 2:25 pm

EMPIRE

Location	Address	Time
South Avenue	Between Santa Fe Ave. & S. Abbie St.	12:05 pm – 12:15 pm
Parking Lot Area	18 S. Abbie St.	12:20 pm – 12:30 pm
United Samaritan Truck	C St. & 3rd St.	12:35 pm – 12:45 pm

GRAYSON

Location	Address	Time
United Community Center	8900 Laird St.	10:30 am – 10:45 am

United Samaritans Food Truck Stops

Serves lunch five days a week: Monday through Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

HICKMAN		
Location	Address	Time
United Samaritan Truck	Kim St. & Kim Ct.	10:30 am – 10:45 am

HUGHSON		
Location	Address	Time
United Samaritan Truck	5th St. & Pine St.	11:35 am – 11:45 am
United Samaritan Truck	Walker Ln. & First St.	11:50 am – 12:00 pm
Country Villa Apartments	2719 Geer Rd.	2:35 pm – 2:40 pm
Trailer Park (near Moe's Oasis)	Geer Rd. & Whitmore Ave.	2:40 pm – 2:50 pm

United Samaritans Food Truck Stops

Serves lunch five days a week: Monday through Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

KEYES		
Location	Address	Time
United Samaritan Truck	Jennie Ave. & 7th St.	2:50 pm – 3:00 pm
United Samaritan Truck	9th St. & Maud Ave.	3:05 pm – 3:10 pm
United Samaritan Truck	Nunes Rd. & Keyes Rd.	3:15 pm – 3:25 pm

MODESTO		
Location	Address	Time
Oregon Park	Oregon Dr. & Kerr Ave.	11:30 am – 11:45 am
Mellis Park	S. Martin Luther King Dr. & California Ave. (west side of park next to Second Baptist Church on California Ave.)	12:00 pm – 2:15 pm
James Marshall Park	North End of Park on Chicago Ave. (next to Suncrest Apartments)	12:30 pm – 12:45 pm
Robertson Road Park	Hammond St. & Pelton Ave.	1:00 pm – 1:15 pm

United Samaritans Food Truck Stops

Serves lunch five days a week: Monday-Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

PATTERSON		
Location	Address	Time
Felipe Garza Park	Hartley St. & Lorelei Ave.	11:20 am – 11:40 am

TURLOCK		
Location	Address	Time
Villas Parkside Apartments	381 W. Hawkeye Ave.	12:05 pm – 12:10 pm
Enclave Community Church	581 E. Canal Dr. (between Mitchell Ave. & Denair Ave.)	12:15 pm – 12:25 pm
East Avenue Manor	1500 East Ave.	12:30 pm – 12:40 pm
Sunnyview Park A.K.A Quaile Rand Norton Park	S. Berkeley Rd. & Alpha Rd.	12:45 pm – 12:55 pm
Turlock Senior Citizens Apartments	691 Alpha Rd.	1:00 pm – 1:10 pm
United Samaritan Truck	S. First St at F St.	1:15 pm – 1:25 pm

United Samaritans Food Truck Stops

Serves lunch five days a week: Monday through Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

TURLOCK		
Location	Address	Time
United Samaritan Truck	Corner Of West Ave. & South Ave.	2:00 pm – 2:10 pm
Columbia Park	595 High St. (on Farr St. between High St. & Columbia Ave.)	2:15 pm – 2:25 pm
United Samaritan Truck	Clifford Ave. (between W. Main St. & Park St.	2:30 pm – 2:40 pm
Park Apartments	1101 Park St.	2:45 pm – 2:55 pm
United Samaritan Truck	N. Soderquist Rd. & Lambert Wy.	3:00 pm – 3:10 pm
Rube Boesch Center	275 N. Orange St.	3:15 pm – 3:25 pm

United Samaritans Food Truck Stops

Serves lunch five days a week: Monday through Friday. Times subject to change, check the website link below for the latest information:

[United Samaritans Truck Route](#)

WATERFORD		
Location	Address	Time
Near Waterford Church of the Brethren	Church St. & Dorsey St.	1:00 pm – 1:10 pm
Near Boss's One Stop Shop	Dorsey St. & F St.	1:10 pm – 1:15 pm
Beard Park	Dorsey St. & B St.	1:20 pm – 1:30 pm
Near Entrance to River Park	Baker St. & Hickman St.	1:35 pm – 1:45 pm



Community Meals

Resources



Stanislaus County Senior Luncheon



The Senior Luncheon is *more than just a meal*; it's an opportunity to meet others and have some fun!

The Senior Luncheon offers freshly made healthy meals planned and approved by a Registered Dietitian.

COST: *There is no fee for the meal*; however, we offer a voluntary contribution box and have a \$4.00 per meal suggestion. No eligible participant will be denied a meal due to inability to contribute.

***Open to older adults 60 or older & their spouse of any age. (Guests under 60 are welcome but must pay the full cost of the meal, currently \$7)**

SENIOR LUNCHEON Café Locations:

1. ***Coffee Road Café** @Stanislaus Veterans Center Modesto (Mon-Wed) 480-7363
2. ***Community Center Café**, Ceres (Mon-Thur.) 480-4508
3. **Gladys Lemons Center**, Oakdale (Mon-Fri) 480-3759
4. **Hammond Center**, Patterson (Mon-Fri) 480-6371
5. **Hughson Senior Center** (M, W, F) 480-7549
6. **Mancini Hall**, Modesto (Mon-Fri) 480-4389
7. **McConnell Center**, Newman (Mon-Fri) 894-5193
8. **Modesto Senior Center**, Modesto (Mon-Thur.) 341-2974
9. **Riverbank Community Center** (M, T, Th) 480-6690
10. **Turlock Salvation Army** (Mon-Fri) 480-5170
11. ***Turlock Senior Center** (Mon-Wed, Fri) 480-7381
12. **United Community Center**, Grayson (M, W, F) 480-5709

Note: Reservations are **required**. Please call the site you would like to attend at least 1-2 days in advance **before 12:00 pm** to ensure the number of meals prepared.

Hours of Operation: Sites open early for coffee & conversation. Usually 10:00 a.m. - 1:00 p.m. Meal service time varies by site but generally is served between 11:30 a.m. and 12:00 noon. ***Eligibility Congregate**

Lunch Sites: A spouse under 60, or a disabled dependent adult, who resides with and attends the lunch with an eligible senior, is also eligible for the meal service.

*New sites funded with ACPA funds

Meals on Wheels - home delivery

Meals on Wheels provides a home-delivered box of frozen meals for eligible homebound older adults.

Eligibility: To qualify for a home-delivered meal, a person must be *60 years of age or older and be **primarily homebound** due to physical or cognitive limitations. Those older adults who **live alone, are older & frail**, are the highest priority for the home delivery service.

Pick up “To-Go” meals from a local site may be an option. Call for more information.

To apply for Home Delivery in Stanislaus County, call the Senior Information Line: 209 558-8698

What to expect: *The Home Delivered meals are delivered by TRIO Community Meals. A box of 7 frozen entrees, fruit or juice & bread will be delivered **once a week** (Generally Monday through Friday, between 8:00 a.m. and 5:00 p.m.), depending on the route assignment.

Note: *Newman Crows Landing residents have fresh meals delivered weekdays.



* **Eligibility** : A spouse under 60, or a disabled dependent adult, that resides with an eligible senior may also be eligible for the meal service.

For General Information about the Senior Meal's Program call:

Senior Information Line: 209 558-8698



Prepared Community Meals

Modesto

(Open to all, walk -ins welcome)

Name of Agency	Address	Time	Day	Phone
Vine House- Cafe	523 Martin Luther King Dr, Modesto, CA 95351	9:00 am - 11:00 am	Mondays and Wednesdays	(209) 578-1940
Victory in Praise- Helping Hands Ministry	720 G St, Modesto, CA 95354	5:00 pm - 6:00 pm	Wednesdays	(209) 522-1888



Additional Community Resources



Families Grow Healthy with WIC!



The Women, Infants, and Children (WIC) Nutrition Program provides healthy foods, nutrition tips, breastfeeding support, healthcare referrals, and community information.

You may qualify if you:

- ***Are pregnant, breastfeeding, just had a baby; or***
- ***Had a recent pregnancy loss; or***
- ***Have a child or care for a child under age 5; and***
- ***Have low-to-medium income; or***
- ***Receive Medi-Cal, CalWORKS (TANF), or CalFresh (SNAP) benefits; and***
- ***Live in California***

Visit: www.MyFamily.WIC.ca.gov or call 1-888-942-9675 for more information.



Newly pregnant individuals, working families, including military and migrant families are encouraged to apply! WIC welcomes dads, grandparents, foster parents, or guardians who care for eligible children.



Local Agency Information:

Stanislaus County Health Services Agency

251 E. Hackett Rd, Modesto CA

Call: 209-558-7377

Text: 888-413-8165



California Department of Public Health, California WIC Program

This institution is an equal opportunity employer.

1-888-942-9675 | MyFamily.WIC.ca.gov





Register online for a FREE account to:

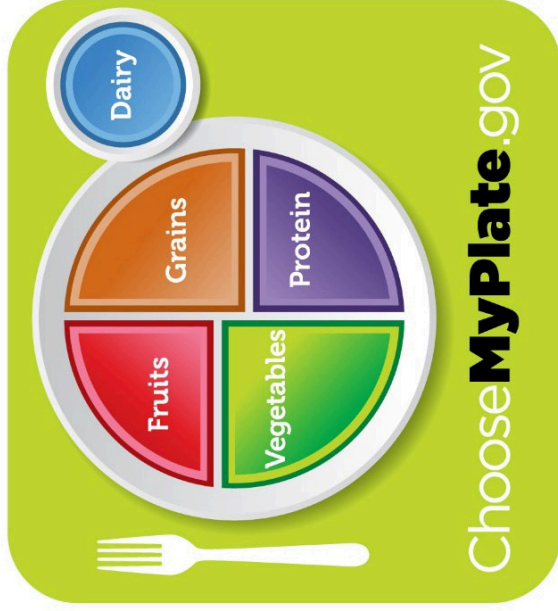
- Check your EBT Account Balances
- Get up-to-date case/benefit information
- Find out about important upcoming due dates
- Check the status of your application/renewal
- View Upcoming Appointments
- Report changes for your case
- Upload verification documents

*Scan the code to create
your account!*



Visit www.benefitscal.com today!!

Eat Healthy and Be Active Everyday for Better Health



CalFresh expands your ability to eat a variety of healthy foods. ChooseMyPlate.gov shows you how to choose foods to eat for a healthy diet.



Be physically active! Walk, jog, dance, or play with your kids at least 30 minutes a day. Watch your weight! Choose lower fat foods like fruits, vegetables, and skim milk. Drink plenty of water! Limit sweets and fats.

CalFresh Application Locations

Open Mondaythrough Friday
8:00 a.m.-5:00 p.m.

Community Services Agency
251 East Hackett Rd.
Modesto, CA

Community Services Agency
Housing & Homeless Access Center
912 D St.
Modesto, CA
(Homeless Customers only)

Community Services Agency
South County Service Center
1310 West Main St.
Turlock, CA

Community Services Agency
East County Service Center
1405 West F. St. Suite I
Oakdale, CA

Community Services Agency
West Side Service Center
101 West LasPalmas Ave.
Patterson, CA

Sponsored by the Stanislaus County
Board of Supervisors



Good Nutrition Starts With You

CalFresh Can Help

*Just one of the many reasons
to find out if you qualify for*



What is the CalFresh Program?

The CalFresh program (formerly known as Food Stamps and federally known as SNAP - Supplemental Nutrition Assistance Program) helps single people, the elderly, and families who have little or no income to buy food. Those who get Supplemental Security Income/State Supplementary Payment (SSI/SSP) may be eligible to CalFresh benefits.

How do I get CalFresh?

Every situation is different. To know whether your family is eligible or to learn more about the CalFresh program:

- Visit www.benefitscal.org
- Or www.getcalfresh.org
- Call (877) 652-0734
- Submit an application by mail to P.O. Box 42 Modesto, CA 95353-0042
- Submit an application by Fax to (209) 558-2189
- Come to one of the CalFresh Application Locations

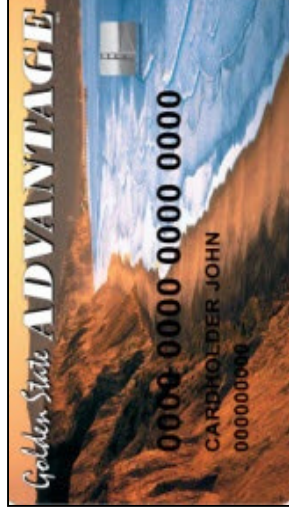
You may authorize a relative or friend to apply for you or talk to your worker about your case.

Can I get CalFresh just for myself if I live with my family or with others?

People who live together and buy and prepare meals together are grouped as a household. Spouses and most children under age 22 must be in the household.



Is CalFresh cash?



No. CalFresh is accessed through an electronic account similar to an ATM card known as Electronic Benefit Transfer (EBT) accepted at Authorized Retailers..

What do I need to do to apply?

All you need to do to apply is to complete an application with your name, address and signature. If you are homeless, only your name and signature are needed. When you are interviewed, your Case Manager may ask you for the following information:

- **Identification** – Driver's license, an I.D. card, health card, or other identification document
- **Social Security Numbers** – Your number and a number for those who live in your household (if they have one)
- **Proof of income** – Pay stubs, child support orders, and benefit statements
- **For legal non-US citizens** – Resident alien card or other proof of immigration status

Apply Today!



Can legal Non-Citizens get CalFresh?

You might be able to get CalFresh. Talk with a CalFresh worker about this. Even if you can not get it, other family members may be able to get CalFresh. Receiving CalFresh does not count against you if you want to become a citizen.



How many assets can I have?

Currently, the property you own will not affect your eligibility for most CalFresh households, even if you have a house(s), car(s), cash, money in the bank or other financial institutions, personal belongings, or other assets.

How much income can I have?

Most types of income are counted. Gross income means income before any deductions. Net income means gross income minus allowable deductions. There are income limits. If you apply an Eligibility Worker will evaluate your income to determine if you are eligible to CalFresh.

What if I have more questions?

Visit benefitscal.org or call your local CalFresh office at (877) 652-0734.

Other Resources to Help You Apply or Answer Questions

Center for Human Services CalFresh Assistance Locations

Ceres Partnership Family Resource Center
1317 Grandview Ave.
Ceres, CA 95307
Phone (209) 541-0101
Fax (209) 541-0909

Newman Family Resource Center
1300 Patchett Dr.
Newman, CA 95360
Phone (209) 862-0295
Fax (209) 862-3754

Oakdale Family Resource Center
631 W. F St.
Oakdale, CA 95361
Phone (209) 847-0420
Fax (209) 847-0439

Patterson Family Resource Center
700 F St.
Patterson, CA 95363
Phone (209) 690-3100
Fax (209) 892-6949

Sierra Vista Child & Family Services CalFresh Assistance Locations

North Modesto/Salida Family Resource Center
2020 Standiford Ave. Suite C1
Modesto, CA 95356
Phone (209) 338-0279
Fax (209) 338-0283

Hughson Family Resource Center
6940 Hughson Ave.
Hughson, CA 95326
Phone (209) 883-2027
Fax (209) 883-2028

Parent Resource Center
811 5th St.
Modesto, CA 95351
Phone (209) 549-8193
Fax (209) 576-8718

Parent Resource Center
Airport Neighborhood Partnership
530 S. Santa Cruz Ave.
Modesto, CA 95354
Phone (209) 549-8822
Fax (209) 549-8823

The Bridge
605 Chicago Ave.
Modesto, CA 95351
Phone (209) 571-8430
Fax (209) 338-0257

Sierra Vista Child & Family Services CalFresh Assistance Locations

Waterford Family Resource Center
12617 Bentley St.
Waterford, CA 95386
Phone (209) 874-8450
Fax (209) 874-8453

The Drop-In Center
908 Sierra Dr.
Modesto, CA 95351
Phone (209) 492-9785
Fax (209) 492-9174

Join our program by:

Contacting us at
(209) 525-4670
to receive information on how
to join the program.

Items needed for first class:

Bring proof of income
Some form of identification.

Make Half Your Plates Fruits and Vegetables

**Daily recommendations of
fruits and vegetables for
those 51+ years old.**

The amount of fruit you need to
eat depends on age, sex, and level
of physical activity.

These amounts are appropriate for
individuals who get less than 30
minutes a day of moderate
physical activity, beyond normal
daily activities.

Sex	Fruits	Veggies
Women	1 1/2 Cups	2 Cups
Men	2 Cups	2 1/2 Cups

*Distribution and Presentation
Provided by:*

Healthy Aging Association

Our Programs

Fall Prevention Fitness Classes:

- Young at Heart Strength Training
- Tai Ji Quan: Moving for Better Balance
- Young at Heart S.T.E.P.S. Walking Challenge

Other Programs & Services:

- A Matter of Balance
- Dignity at Home—Fall Prevention
- Health and Nutrition Education
- Fall Prevention Education

Fruits and Vegetables Provided by



Program Sponsors



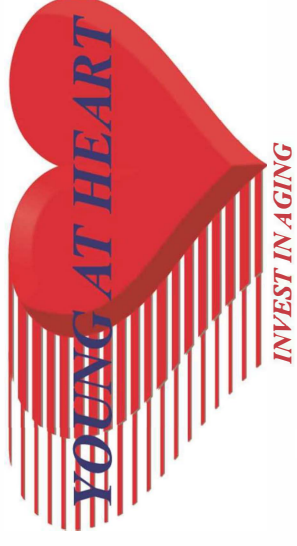
**KAISER
PERMANENTE®**



November 2024

Go Green for Seniors **Green Bag**

Healthy Aging Association



*Fitness & Health Programs
Older, Wiser, Stronger*

*The Green Bag Program
provides 10+ pounds of
fruits and vegetables
distributed to over 250
qualifying individuals once
a month throughout
Stanislaus County.*

(209) 525-4670

Healthy.aging2000@gmail.com

www.HealthyAgingAssociation.org

Stanislaus Green Bag

Requirements 2024-2025 (Gross income change annually)

1 At least 60 years old and/or Disabled

2 Must be present for the entire nutrition presentation.

At the end of the presentation, you will receive a bag of fruits and vegetables.

Only ONE bag per household

3 Meet Monthly Gross Income Requirements Per Household

- 1 Person - \$2,247 or less
- 2 People - \$3,040 or less
- 3 People - \$3,833 or less

ADDITIONAL PROGRAM DETAILS:

- Only ONE bag per household.
- Must be present for entire nutrition presentation.
- Can only attend ONE distribution location.
- ***Must call and reserve bag at least 24 hours in advance by calling (209) 525-4670***

2025 Modesto, Grayson, Patterson

Stanislaus Veterans Center
Near capacity - call to be added
3500 Coffee Road, Suite 15
Modesto, 95355
at 1:00 p.m.

Ralston Tower
900 17th Street,
Modesto, 95354

Residents Only - 1:15 p.m.

Grayson

United Community Center
8900 Laird Street,
Grayson, 95363
at 11:15 a.m.

Patterson The Gathering Church
at capacity - waiting list
435 W. Las Palmas Ave.
Patterson, 95363 at 1:00 p.m.

January 15

February 19

March 19

April 16

May 21

June 11**

July 16

August 20

September 17

October 15

November 19

December 17

**Falls during SECOND week*

2025 Oakdale and Riverbank

Gladys L. Lemmons Senior
Community Center
450 East A Street, Oakdale
at 10:15 a.m.

Riverbank
Community Center
3600 Santa Fe Street, 95367
at 12:15 p.m.

January 16

February 20

March 20

April 17

May 22*

June 12**

July 17

August 21

September 18

October 16

November 20

December 18

**Falls during FOURTH week, **Falls on SECOND week*



Contact us

This is a guide of local food pantries, community meal programs, additional resources for food assistance & programs for special populations (older adults and Women, Infants, and Children).

Eligibility may vary. The information is subject to change; therefore, it is recommended to call for more details.

If you operate a public food pantry in Stanislaus County and would like to be included in a future update, or if you want to report errors or updated information, please contact us:

Health Promotion

Phone: (209) 558-5657

Email: healthpromotion@schsa.org

ADDITIONAL RESOURCES:

Second Harvest calendar link:

<https://localfoodbank.org/mobile-fresh>

Health Aging Association

<https://www.healthyagingassociation.org/>

Senior Meals Program

<https://www.stancounty.com/aging/htc-senior-meals.shtm>

WIC

[SCHSA.ORG/WIC](https://schsa.org/wic)

This guide was created by the Stanislaus County Health Services Agency – funded through Cal Fresh Healthy Living Program.

