

# 2018 Family Resource Directory

*Presented by:  
Stanislaus County  
Health Services Agency*

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Public Health Services, Community Health Services  
830 Scenic Drive, Bldg. 3  
Modesto, CA 95350  
209-558-7400 • 800-834-8171



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## 24-HOUR CRISIS HOTLINES

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<b>Adult Protective Services (APS) Hotline</b>	800-336-4316 558-2637
<b>American Sexual Health Association</b> Sexually transmitted disease hotline. Press #1 for English or #2 for Spanish. <a href="http://www.ashstd.org">www.ashstd.org</a>	800-227-8922
<b>California Poison Control Center</b> <a href="http://www.calpoison.org">www.calpoison.org</a> Emergency poisoning information and treatment line available 24/7. Press #1 for English or #2 for Spanish.	800-222-1222 For Hearing Impaired      800-222-1222
<b>Central Valley Suicide Prevention Hotline</b> <a href="http://www.cvsph.org">www.cvsph.org</a>	888-506-5991
<b>CERT (Community Emergency Response Team)</b> 1904 Richland Ave., Ceres For mental health crisis, individuals may call for telephone counsel and to receive referral for psychiatric help. Clients are evaluated by CERT; however, patients with psychosis or at risk of harming self or others will be referred to the hospital.	558-4600
<b>Child Protective Services (CPS) Hotline</b> Protective services for children suspected of being physically, sexually, or emotionally abused.	800-558-3665 558-3665
<b>Children's Crisis Center Crisis Family Line</b> <a href="http://www.childrencrisiscenter.com">www.childrencrisiscenter.com</a> Temporary day or overnight shelter for children (0 – 17 yrs.) in crisis.	577-4413
• Guardian House, Oakdale	845-3910
• Marsha's House, Modesto	578-3180
• Sawyer's House, Modesto	577-4110
• Verda's House, Turlock	656-7783
<b>Domestic Violence National Hotline</b> Services available 24/7.	800-799-7233
<b>Haven Women's Center</b> 24-Hour Crisis Line Domestic violence crisis line and shelter for women and their children. Rape and sexual abuse intervention programs are available. <a href="http://www.havenwcs.org">www.havenwcs.org</a>	577-5980 888-45HAVEN 888-454-2836
<b>Hutton House</b> 24-Hour Emergency Line Drop in counseling services for runaway teens. Appointments preferred. Clients are seen usually within 1 – 2 days. <a href="http://www.centerforhumanservices.org">www.centerforhumanservices.org</a>	526-5544

<b>Long Term Care Ombudsman Program</b>	<a href="http://www.aging.ca.gov">www.aging.ca.gov</a>	800-231-4024
<b>MCERT (Mobile Community Emergency Response Team)</b> Clients with mental health conditions are evaluated in the community (mobile van) with a police officer present. <a href="http://www.stancounty.com/bhrs">www.stancounty.com/bhrs</a>		558-4600
<b>National Suicide Prevention Life-Line</b> Recording is in English: Press #1 if a veteran or press #2 for Spanish.		800-273-8255
<b>Postpartum Depression Warm Line</b> <a href="http://www.postpartum.net">www.postpartum.net</a> Line available for postpartum moms (or their families) experiencing postpartum and perinatal mood disorders. Also accepts telephone calls from professionals. Mon – Fri: 9:00 a.m. – 3:00 p.m.		800-944-4773
<b>Safe Surrendered Baby Hotline</b> <a href="http://www.babysafe.ca.gov">www.babysafe.ca.gov</a>		877-BABYSAF 877-222-9723
<b>Teen Line</b> Support over the phone for teens to talk to teens. Open: 6:00 p.m. – 10:00 p.m.		800-852-8336
<b>Veterans Crisis Line</b> Veterans and their loved ones can call, text, or chat online to receive confidential support 24/7. <a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>		800-273-8255

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## ADDICTION SUPPORT SERVICES

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<b>Alcoholic Anonymous (AA) of Modesto</b> Meetings held in both Spanish & English. <a href="http://www.cvaaa.org">www.cvaaa.org</a>	24-Hour Line	572-2970
<b>Access Line, BHRS</b> 24 hours/ 7 days a week phone line for anyone needing information or services related to mental and behavioral health.		888-376-6246
<b>Al-Anon and Alateen</b> Support groups for families and teens struggling with a loved one's alcohol dependence. Meeting information in English & Spanish. <a href="http://www.ncwsa.org/d18">www.ncwsa.org/d18</a>		524-3907
<b>American Lung Association</b> 333 Hegenburger Rd., Ste. 450, Oakland, CA	<a href="http://www.lung.org">www.lung.org</a>	510-638-5864
<b>BHRS (Behavioral Health &amp; Recovery Services)</b> <a href="http://www.stancounty.com/bhrs">www.stancounty.com/bhrs</a>		888-376-6246

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<b>California Council on Problem Gambling</b> <a href="http://www.calproblemgambling.org">www.calproblemgambling.org</a>	800-426-2537
<b>California Lottery Problem Gambling Help Line</b> <a href="http://www.calottery.com">www.calottery.com</a>	888-277-3115
<b>California Smoker's Line</b> Referral hotline for tobacco education, smoking cessation, and self-help information.	800-662-8887
Chewing Tobacco	800-844-2439
<b>Center for Human Services</b> 2000 W. Briggsmore Ave., Ste. I, Modesto Drug and alcohol treatment programs for youth and adults. Mental health counseling for children and adults.	526-1440
<b>First Step</b> 1700 McHenry Village Way, Ste. 16, Modesto Outpatient drug treatment program for pregnant and parenting women.	527-3270 707-416-4290
<b>Gamblers Anonymous</b> <a href="http://www.gamblersanonymous.org">www.gamblersanonymous.org</a>	855-222-5542
<b>Genesis Narcotic Replacement Therapy, BHRS</b> 800 Scenic Dr., Bldg. 4, Modesto      Mon – Fri: 7:00 a.m. – 3:00 p.m. Outpatient methadone treatment for opiate addiction. Pregnant women given priority for admission. Services in Spanish. Accepts Medi-Cal and private pay.	525-6146
<b>Living Center, The</b> 917 13 <sup>th</sup> St., Modesto Residential and outpatient alcohol and drug recovery services.	575-2013 575-1580
<b>Modesto Recovery Services, BHRS</b> 500 N. 9 <sup>th</sup> St., Ste. A, Modesto Mental health assessment, treatment, and wellness services including psychiatric medications, case management, referrals to wellness services, and substance use disorder services and supports.	558-4598
<b>Narcotics Anonymous Help Line</b> Recorded information available in English and Spanish over the phone.	<a href="http://www.SVGNA.org">www.SVGNA.org</a> 888-942-9922
<b>Narcotic Anonymous World Service Office</b>	818-773-9999
Spanish	888-622-4672

<b>National Council on Problem Gambling</b> Counseling offered on gambling addiction. <a href="http://www.calproblemgambling.org">www.calproblemgambling.org</a>	800-522-4700
<b>National Drug Abuse Treatment, Information, &amp; Referral</b>	800-662-4357
<b>New Hope Recovery</b> 823 E. Orangeburg Ave., Modesto Low cost inpatient and outpatient treatment for drug and alcohol dependency. Medi-Cal not accepted. Accepts private pay.	527-9797
<b>Nicotine Anonymous</b> <a href="http://www.nicotine-anonymous.org">www.nicotine-anonymous.org</a> Holds support group meetings online and by phone.	1-877-879-6422
<b>Nirvana Drug &amp; Alcohol Treatment Institute, BHRS</b> 1028 Reno Ave., Modesto Residential treatment for men only. Fee for services. Insurance accepted for some services. Outpatient recovery services, sober living services, detox, and counseling.	579-1103
<b>San Joaquin Valley Teen Challenge -Ceres</b> 6643 Faith Home Rd., Ceres Residential treatment program with religious affiliation for males age 18 and older. Fee is \$1,500.00/month. Clients may cover fee with work and sponsorship.	537-0606
<b>San Joaquin Valley Teen Challenge - Turlock</b> 522 W. Main St., Turlock Re-entry center and transitional housing.	668-8506
<b>Stanislaus Recovery Center, BHRS</b> 1904 Richland Ave., Ceres Residential treatment for individuals with alcohol and drug problems. Services in English and Spanish. No cost to Medi-Cal & uninsured in Stanislaus County.	541-2121
<b>Telecare</b> 500 N. 9 <sup>th</sup> St., Ste. B, Modesto Outpatient services for adults including case management for individuals with substance use disorders and severe mental health illness. Services in English and Spanish. Serves Medi-Cal and individuals without insurance.	341-1824
<b>Turlock Recovery Center, BHRS</b> 2101 Geer Rd., Ste. 120, Turlock Mental health and substance use disorder treatment, referrals, case management, and wellness for adults. Call the referral line to evaluate the service needs.	664-8044 Referral Line 888-376-6246

**Women of Hope (Nirvana)** 578-3132

1116 Alice St., Modesto

Only for women 18 years and older. Outpatient recovery services, sober living facilities, and detoxification counseling. Fee for service. Medi-Cal insurance accepted for some services.

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## ADOPTION

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**Bethany Christian Services** 522-5121

3048 Hahn Dr., Modesto [www.bethany.org/Modesto](http://www.bethany.org/Modesto)

Infant, international, and foster care adoption; as well as, post-adoption support.

**Family Connections Adoption Services** 524-8844

1120 Tully Rd., Modesto

Foster children, international, private, and guardianship adoptions.

**Stanislaus County Adoption Services** Hotline 558-2292

**Uplift Family Services** 523-3710

1620 N. Carpenter Rd., Ste. D-41, Modesto

Facilitates foster care placement and adoptions. [www.upliftfs.org](http://www.upliftfs.org) 877-488-5437

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## CHILD CARE

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**Cal-Safe Child Care Services at Elliot Education Center** 569-2997

1440 Sunrise Ave., Modesto

Mon – Fri: 7:00 a.m. – 2:00 p.m.

Child care services for parenting teens attending Elliot Education Center to complete their high school diploma.

**Central California Child Development Services** [www.cccds.com](http://www.cccds.com) 581-9000

2250 Rockefeller Dr., Ste. 1, Ceres

Child care centers in Westley, Patterson, Ceres, Empire, Newman, Escalon, Hughson, and Riverbank school districts for children of seasonal or migrant agricultural workers. Serves children ages 6 weeks to 5 years.

**General Child Care Program – Stan Wait Center** 238-6400

**John O'Bannon Child Development Center** 726-3165



**Child and Family Services** 238-1800  
1100 H St., Modesto [www.stancoe.org](http://www.stancoe.org)

**Child Care Info Line (StanWORKS)** 558-2332  
Subsidized child care services and information for approved Welfare to Work recipients and activities. Return call will be received within 24 hours.

**Child Care Resource & Referral** 238-6400  
1324 Celeste Dr., Modesto [www.fundchildcarestanislaus.org](http://www.fundchildcarestanislaus.org)  
A service of Stanislaus County Office of Education that provides information on child care licensing. Child development and toy lending library.

**Children's Crisis Center** Crisis Family Line 577-4413  
Crisis care for children needing overnight and emergency care. Languages: 577-0138  
English, Spanish, Portuguese, and Laotian.

**My Friends Pediatric Day Healthcare Center** 409-8481  
1100 Kansas Ave., Modesto  
Provides day care 7 days a week for children with special needs requiring nursing services such as specialized feeding, tracheostomy care, and other nursing care. Funded by Medi-Cal, regional centers, and other funding sources.

**Stanislaus County Office of Education (SCOE) – Child Care (Head Start)** 238-6400  
Child care subsidies for families who are employed, seeking employment, in school or a training program, or referred by Child Protective Services.  
Ages: birth to 13 years. Mon – Fri: 9:00 a.m. – 5:00 p.m.

**Trustline** 800-822-8490  
Background check for non-license exempt care providers.  
Mon – Fri: 9:00 a.m. – 5:00 p.m. [www.trustline.org](http://www.trustline.org)

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## ADULT DAY CARE

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**Cole Vocational Services** 575-3100  
544 Lyell Dr., Modesto  
Day care program for individuals with developmental and intellectual disabilities. Must be referred by Valley Mountain Regional Center (VMRC).

**Howard Training Center** [www.howardtrainingcenter.com](http://www.howardtrainingcenter.com) 538-4000  
1424 Stonum Rd., Modesto Meals Line 593-5633  
Job training for individuals with disabilities.

<b>Modesto Adult Day Program</b> 3217 Tully Rd., Modesto      Mon – Fri: 8:00 a.m. – 5:00 p.m. Serves adults 18 and older. Specializes in Dementia and Alzheimer's. No Medi-Care. Payment through VA and VCRC benefits or out of pocket.	622-0963
<b>Modesto Caps</b> 1900 Blue Gum Ave., Ste. B, Modesto Day care program for individuals with intellectual disabilities. Must be referred by Valley Mountain Regional Center (VMRC).	576-1807
<b>United Cerebral Palsy</b> <a href="http://www.ucpstan.org">www.ucpstan.org</a> 4365 Spyres Way, Ste. 2, Modesto Serves people with disabilities providing day care services in Modesto and Turlock, employment training, and placement in the community.	577-2122 #107
<b>Valley Caregiver Resource Center (VCRC)</b> <a href="http://www.valleycrc.org">www.valleycrc.org</a> 3845 N. Clark St., Ste. 201, Fresno Specializes in Alzheimer and Dementia care. Assists seniors and caregivers with information, training, referrals and connections to needed resources. Financial assistance available with no income requirements.	800-541-8614 559-224-9154

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## CLOTHING

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<b>American Red Cross</b> <a href="http://www.redcross.org">www.redcross.org</a> 1230 6 <sup>th</sup> St., Modesto      Mon – Fri: 8:30 a.m. – 4:30 p.m. Assists disaster victims with blankets.	523-6451
<b>Community Clothes Closet – Interfaith Ministries</b> 120 Kerr Ave., Modesto      Mon – Fri: 8:00 a.m. – 4:30 p.m. Must bring 2 forms of identification and social security number for each adult and 1 form of identification for children, and a proof of address. Everyone who is requesting clothing must be present. <a href="http://www.interfaithmodesto.org">www.interfaithmodesto.org</a>	572-3117
<b>Modesto Central Seventh Day Adventist Church</b> 1614 H St., Modesto Tue: 10:00 a.m. – 12:00 p.m. ID required. Once a month except for extreme emergencies. <a href="http://www.modestosda.org">www.modestosda.org</a>	521-6460
<b>Modesto Union Gospel Mission</b> 1400 Yosemite Blvd., Modesto Mon, Tue, Thu, and Fri at 8:00 a.m. Used clothes, shoes, and beddings for free. <a href="http://www.modestogospelmission.org">www.modestogospelmission.org</a>	529-8259

**United Samaritans Foundation, Hughson**2413 3<sup>rd</sup> St., Hughson

883-9212

To be eligible, must bring proof of income and current address. Serving persons and families from Empire, Hughson, and Waterford. Must bring social security or Medi-Cal card for each person. Clothing Hours: Mon: 1:00 p.m. – 3:00 p.m.

[www.unitedsamaritans.org](http://www.unitedsamaritans.org)**United Samaritans Foundation, Turlock**

668-4853

220 S. Broadway, Turlock

Serves areas of Turlock, Keyes, Ceres, Waterford, Denair, and Hickman. Must be 18 years or older and bring proof of income. Mon – Fri: 9:00 a.m. – 12:00 p.m.

[www.unitedsamaritans.org](http://www.unitedsamaritans.org)

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## CONSUMER INFORMATION

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**211 Stanislaus United Way**

24-Hour Line

572-225 or 211

422 McHenry Ave., Modesto

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Information line available to Stanislaus residents when searching for resources related to basic needs, education, and access to health care.

[www.211.org](http://www.211.org)   [www.uwaystan.org](http://www.uwaystan.org)**Area Agency on Aging**

558-8698

3500 Coffee Rd., Ste. 19, Modesto   Mon – Fri: 8:00 a.m. – 5:00 p.m.

800-677-1116

Information and referral for elders in Stanislaus County. Senior caregiver information and assistance. [www.agingservices.info](http://www.agingservices.info)

**Better Business Bureau**[www.bbb.org](http://www.bbb.org)

800-948-4880

This organization accredits businesses who abide by the law in serving consumers. Consumers can file a complaint, report scam, or other grievances related to a business.

**Community Health Services, Health Services Agency**

800-834-8171

Information regarding access to health care providers, health related programs and referrals to community, health, and social services.

**Veteran Services, Stanislaus County**

558-7380

3500 Coffee Rd., Ste. 19, Modesto

Mon – Fri: 8:00 a.m. – 4:30 p.m.

Assists veterans, dependents, and survivors in obtaining federal, state, and county benefits.

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## COUNSELING SERVICES

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<b>Bentley Health Center</b> 12619 Bentley, St., Waterford Offers counseling for children, teens, and adults. Accepts most insurances and offers a sliding fee scale for uninsured persons.	442-6200
<b>Catholic Charities Counseling Services</b> 2351 Tenaya Dr., Ste. D, Modesto Individual and family counseling services (English and Spanish) at low-cost.	593-6113
<b>Center for Human Services</b> <a href="http://www.centerforhumanservices.org">www.centerforhumanservices.org</a> 2000 W. Briggsmore Ave., Ste. I, Modesto Counseling services for children, teens, and adults throughout Stanislaus County.	526-1440
<b>Central Valley Counseling Center</b> 203 N. 1 <sup>st</sup> Ave., Oakdale Assistance with depression, anxiety, anger management, substance use disorder, relationships, and family. Evening and weekend appointments available. <a href="http://www.cvcconline.com">www.cvcconline.com</a>	845-9037
<b>Ceres Healthy Start</b> 2491 Lawrence St., Ceres Mental health counseling, life skills education, and referrals.	556-1559 Mon – Fri: 8:00 a.m. – 3:00 p.m.
<b>El Concilio</b> 1314 H St., Modesto <a href="http://www.elconcilio.org">www.elconcilio.org</a> Prevention and early intervention counseling for families, children 0 – 5 years of age, and Spanish speaking Stanislaus residents.	523-2830
<b>Haven Women’s Center – Modesto</b> 618 13 <sup>th</sup> St., Modesto Offers individual counseling focused on domestic violence, sexual assault, and sex trafficking.	524-4331
<b>Haven Women’s Center – Turlock</b> 301 Starr Ave., Turlock Offers individual counseling focused on domestic violence, sexual assault, and sex trafficking.	664-9131

<b>Las Palmas Health Center</b> 1010 W. Las Palmas Ave., Patterson Offers counseling for children, teens, and adults. Accepts most insurances and offers a sliding fee scale for uninsured individuals.	837-3990
<b>Leaps and Bounds, BHRS</b> 4640 Spyres Way, Ste. 7, Modesto      Mon – Fri: 8:00 a.m. – 5:00 p.m. Counseling program for children 0 – 5 years of age and their parents.	558-4595
<b>Modesto Vet Center</b> 1219 N. Carpenter Rd., Ste. 12, Modesto      Mon – Fri: 8:00 a.m. – 4:30 p.m. Provides counseling services for veterans and their families.	569-0713
<b>Sierra Vista Child and Family Services</b> 100 Poplar Ave., Modesto Individual and group counseling for children. ADHD services also available. Provides life skills education, alcohol and drug counseling, and referrals.	523-4573
<b>VA Modesto Clinic &amp; Lab</b> 1225 Oakdale Rd., Modesto      Mon – Fri: 8:00 a.m. – 4:30 p.m. Mental health services available for veterans. By appointment only.	557-6200

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## DEATH & BEREAVEMENT CENTERS

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<b>Community Hospice</b> 4368 Spyres Way, Modesto      Mon – Fri: 8:00 a.m. – 4:30 p.m. Care for the terminally ill, bereavement counseling, and support for families.	578-6300
<b>Jessica's House</b> 741 E. Main St., Turlock Provides a safe and caring place for children, teens, young adults, and families grieving a death. Evening support groups and other services available.	250-5395

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## DENTAL PROVIDERS, REFERRAL & SURGERY CENTERS

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<b>ABC Dental</b> 2020 Coffee Rd., Ste. G2, Modesto Serving children 5 – 18 years of age with Medi-Cal insurance. For kindergarten registration, please bring forms with you. Pregnant women only with a medical release and regular Medi-Cal. Not accepting emergency or pregnancy Medi-Cal.	491-2223
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<b>Access Dental – Modesto</b> 2605 Coffee Rd., Ste. 200, Modesto Accepting ages 5 yrs. and older with private insurance only. Will accept pregnant women with a medical release. Not accepting Medi-Cal for new patients.	521-0100
<b>Access Dental – Ceres</b> 1440 E. Hatch Rd., Ste. 102, Ceres Accepts Medi-Cal for children 4 – 10 years, and adults 21 – 45 years of age. Accepts all ages with private insurance. Will accept pregnant women with a medical release.	531-2000
<b>All Smile Dental</b> 1647 Countryside Dr., Ceres Serves individuals 6 – 20 years old with Medi-Cal/Denti-Cal insurance. Individuals with private insurance with no age limit.	668-3736
<b>All Smile Dental</b> 1100 Carver Rd., Ste. 5, Modesto Serves individuals 6 – 20 years old with Medi-Cal insurance. Individuals with private insurance with no age limit.	409-8839
<b>Allstar Family Dentistry</b> 2030 Coffee Rd., Ste. C4, Modesto Serving individuals 3 yrs. and older with Medi-Cal are accepted. Serves pregnant women with a medical release.	238-9444
<b>Anderson &amp; Bauman DDS</b> 1213 Coffee Rd., Ste. G, Modesto Serves children 1 – 20 years of age with Medi-Cal and private insurance. Only serving individuals older than 20 yrs. who are established patients.	575-9501
<b>Ascend Dental Care</b> 2503 East Hatch Rd., Modesto New patients with Medi-Cal on the 3 <sup>rd</sup> Tuesday of every month. No age limits.	537-5783
<b>Aspire Family Dentistry</b> 605 Standiford Ave., Ste. G, Modesto Serves individuals 6 years and older. Accepts Medi-Cal and private insurance.	633-1200
<b>Balisha, Charles DDS</b> 215 N. Thor St., Ste. A, Turlock Serving individuals ages 5 – 20 years. Accepts private insurance and Medi-Cal.	667-9264

<b>Buchler Dental Corp.</b> 1236 Floyd Ave., Ste. C, Modesto Orthodontist accepts private insurance and Medi-Cal for individuals 13 – 21 years of age.	524-5515
<b>Central California Dental Surgi-Center</b> 3605 Hospital Rd., Ste. H, Atwater Serves children 2 – 8 years from central valley counties. Children with a mental or physical disability are covered by Medi-Cal. Also accepts private insurance.	381-2047
<b>Central Dental Group</b> 2211 Fulkerth Rd., Turlock Serving individuals 5 through 20 years with Medi-Cal/Denti-Cal or private insurance.	668-2220
<b>Dental Referral Service</b> Available 24 hours for information and referrals.	800-336-8478 800-Dentist
<b>Diko, A. DDS</b> 3848 McHenry Ave., Ste. 130, Modesto Serves individuals 3 years and older with Medi-Cal and private insurance.	523-2100
<b>Essapour, Antonio DDS</b> 875 E. Canal Dr., Ste. 11, Turlock      Languages: Assyrian, Farsi, and Spanish Will see pregnant women with medical release. Only private insurance accepted.	668-1080
<b>Gesicho, Gladys DDS</b> 711 E. Hawkeye Ave., Ste. 2, Turlock Accepts Medi-Cal/Denti-Cal and private insurance. Serves individuals 2 years and older in Turlock and surrounding areas.	632-2082
<b>Golden Valley Health Center Dental Clinics</b>	
<b>Ceres: 1920 Memorial Dr.</b> Routine dental services for all ages. Accepts Medi-Cal/Denti-Cal.	541-3001
<b>Modesto: 1121 Hammond St.</b> Mon – Thu: 8:00 a.m. – 4:30 p.m. & Fri: 7:30 a.m. – 4:00 p.m. Routine dental services for children ages 1 – 17 yrs. Accepts private insurance and Medi-Cal.      Languages: English/Spanish	876-4800
<b>South Modesto: 1717 Las Vegas St.</b> Routine dental services for children ages 1 – 17 yrs. Accepts private insurance and Medi-Cal.      Languages: English/Spanish	556-5044

<b>Newman: 637 Merced St.</b> Serving individuals 1 yr. and older. Will see pregnant women with a medical release. Accepting all insurances. Languages: English/Spanish	862-9449
<b>Patterson: 200 C St.</b> Serving individuals 2 yrs. and older. Will see pregnant women with a medical release. Accepting all insurances. Languages: English/Spanish	892-6307
<b>Gomez, Martha DDS</b> 1130 Coffee Rd., Ste. 9A, Modesto (Includes Orthodontics – braces) Accepts Medi-Cal for individuals 4 – 18 yrs. of age, and private insurance for all ages. NOT accepting pregnant women. Spanish speakers, bring translator.	522-8783
<b>Hoybjerg, Christian J. DDS</b> 1212 12 <sup>th</sup> St., Modesto Orthodontist serving individuals of all ages with private insurance. Medi-Cal insurance accepted for individuals ages 13 – 21.	238-9700
<b>Hughson Family Dentistry</b> 7206 Hughson Ave., Hughson Serving individuals from 4.5 – 21 years of age. Medi-Cal and private insurance accepted.	883-4477
<b>Kids Smile Dental</b> 2460 Geer Rd., Turlock Serves minors 1 – 18 years of age. Accepts private insurance and Medi-Cal.	250-2600
<b>Kids World Dental</b> 1404 Mitchell Rd., Modesto Serves children 1 – 8 years of age. Accepts Medi-Cal and private insurance.	537-7878
<b>Modesto Kidz Dental</b> 2801 Coffee Rd., Bldg. B, Modesto Accepting patients from the 1 <sup>st</sup> tooth through 12 years of age. Medi-Cal and private insurance accepted.	578-3131
<b>Momani, Ahmad DDS</b> 3309 Sierra St., Riverbank Accepting patients 5 years and older with private insurance and Medi-Cal.	869-4505



<b>Oak Valley Dental Clinic</b> 1420 West H St., Oakdale Dental services for individuals of all ages with Medi-Cal, Medicare, and private insurance. There is also a sliding fee scale for eligible patients without insurance.	848-4185
<b>Oakdale Kids Dentist &amp; Orthodontics</b> 250 S. Oak St., Ste. B3, Oakdale Serving children up to 17 years of age with Medi-Cal/Denti-Cal and private insurance.	322-3174
<b>Palm Dental Group</b> 241 N. Palm St., Turlock Serves individuals of all ages. Accepts Medi-Cal/Denti-Cal, and private insurance.	667-2254
<b>Paregian, Sam DDS</b> 1601 McHenry Village, Ste. 8, Modesto Orthodontist services such as braces for individuals 13 -21 with Medi-Cal insurance. Orthodontic services with private insurance for all ages.	529-4872
<b>Park, Tae Een DDS</b> 190 S. Oak Ave., Bldg. 3, Ste. 6, Oakdale Serving individuals 2 years and older with Medi-Cal and private insurance.	847-2800
<b>River Oak Dental Spa (Tourtlotte, Christina DDS)</b> 1473 East G St., Ste. C, Oakdale Accepting private insurance only.	848-8074
<b>Riverbank Dental</b> 3324 Santa Fe St., Ste. B, Riverbank Serving individuals ages 1 – 20 years. Medi-Cal/Denti-Cal, and private insurance accepted.	869-1558
<b>Salida Surgical Center</b> 5712 Pirrone Rd., Salida Only seeing children up to 10 yrs. of age. Accepts Medi-Cal and private insurance.	543-9299
<b>Smiles for Miles</b> 2020 Coffee Rd., Ste. E-1, Modesto Serves individuals ages 5 – 20 yrs. with Medi-Cal. Adult Medi-Cal for persons that need dentures or denture replacements. No services to pregnant women.	571-9855
<b>Village One Dental Clinic</b> 3020 Floyd Ave., Ste. 609, Modesto Private insurance or cash only. \$69.00 for exam & x-rays, and cleaning for \$95.00.	551-1414

<b>Vo, Mai DDS</b> 2020 Coffee Rd., Ste. A-4, Modesto Open 2 days a week, Mon and Fri: 10:00 a.m. – 4:00 p.m. Accepting regular Medi-Cal and private insurance (PPO Plan). Serves 4 yrs. and older. Will see pregnant women with a medical release.	527-7550
<b>Western Dental Center – Modesto</b> 2045 W. Briggsmore Ave., Ste. E, Modesto Serves individuals 13 yrs. and older. Languages: English and Spanish. Will see pregnant women with a medical release. Private and Medi-Cal insurances.	241-5510
<b>Western Dental Center – Turlock</b> 703 N. Golden State Blvd., Turlock Serves individuals 6 yrs. and older. Accepts all insurances. Must bring insurance card to the appointment. Pregnant women with a medical release only.	877-828-0113
<b>DENTISTS ACCEPTING MEDI-CAL:</b>	
<b>Ceres</b>	
<b>Access Dental</b> 1440 E. Hatch Rd., Ste. 102, Ceres Accepting children ages 4 – 10 and adults 21 – 45 years with Medi-Cal. Serves pregnant women with a medical release. English/Spanish.	531-2000
<b>All Smile Dental</b> 1647 Countryside Dr., Ceres Serves established patients 6 – 20 years old with Medi-Cal/Denti-Cal insurance. Not accepting new patients at this moment.	668-3736
<b>Golden Valley Health Center Dental Clinic</b> 1920 Memorial Dr., Ceres Serves all ages. Accepting new patients with Medi-Cal.	541-3001
<b>Hughson</b>	
<b>Hughson Family Dentistry</b> 7206 Hughson Ave., Hughson Serves individuals 4.5 – 21 yrs. with Medi-Cal. Not serving pregnant women.	883-4477
<b>Modesto</b>	
<b>ABC Dental</b> 2020 Coffee Rd., Ste. G2, Modesto Serving children 4.5 yrs. and older. Pregnant women only with a medical release and regular Medi-Cal. Not accepting emergency or pregnancy Medi-Cal. For kinder registration, please bring forms with you.	491-2223

<b>Allstar Family Dentistry</b> 2030 Coffee Rd., Ste. C4, Modesto Serving individuals 3 yrs. and older with Medi-Cal insurance. Pregnant women with a medical release.	238-9444
<b>All Smile Dental</b> 1100 Carver Rd., Ste. 5, Modesto Serves established patients 6 – 20 years old with Medi-Cal insurance.	409-8839
<b>Anderson &amp; Bauman DDS</b> 1213 Coffee Rd., Ste. G, Modesto Serves children 1 – 20 years of age with Medi-Cal.	575-9501
<b>Ascend Dental Care</b> 2503 East Hatch Rd., Modesto New patients of all ages with Medi-Cal on the 3 <sup>rd</sup> Tuesday of every month.	537-5783
<b>Aspire Family Dentistry</b> 605 Standiford Ave., Ste. G, Modesto Serves individuals 6 years and older with Medi-Cal.	633-1200
<b>Buchler Dental Corp.</b> 1236 Floyd Ave., Ste. C, Modesto Orthodontist accepts Medi-Cal for individuals 13 – 21 years of age.	524-5515
<b>Diko, A. DDS</b> 3848 McHenry Ave., Ste. 130, Modesto Serves individuals 3 years and older with Medi-Cal.	523-2100
<b>Golden Valley Health Center Dental Clinic</b> 1121 Hammond St., Modesto Mon – Thu: 8:00 a.m. – 4:30 p.m. & Fri: 7:30 a.m. – 4:00 p.m. Routine dental services for children ages 1 – 17 yrs. Accepts Medi-Cal.	576-4800
<b>Golden Valley Health Center Dental Clinic</b> 1717 Las Vegas St., Modesto Accepts Medi-Cal for all ages. Accepting new patients. English and Spanish.	556-5044
<b>Gomez, Martha DDS</b> 1130 Coffee Rd., Ste. 9A, Modesto (Includes Orthodontics – braces) Accepts Medi-Cal for ages 4 – 19 yrs. Services include orthodontics such as braces. NOT accepting pregnant women.	522-8783

**Kids World Dental** 537-7878  
1404 Mitchell Rd., Modesto  
Serves children 1 – 8 years of age. Accepts Medi-Cal.

**Modesto Kidz Dental** 578-3131  
2801 Coffee Rd., Bldg. B, Modesto  
Accepting patients with Medi-Cal from the 1<sup>st</sup> tooth through 12 years of age.

**Paregian, Sam DDS** 529-4872  
1601 McHenry Village, Ste. 8, Modesto  
Orthodontist services (braces) for individuals 13-21 with Medi-Cal.

**Smiles for Miles** 571-9855  
2020 Coffee Rd., Ste. E-1, Modesto  
Serves individuals ages 5 – 20 yrs. with Medi-Cal. Adult Medi-Cal for persons that need dentures or denture replacements. NOT providing services to pregnant women.

**Vo, Mai DDS** 527-7550  
2020 Coffee Rd., Ste. A-4, Modesto  
Open 2 days a week, Mon and Fri: 10:00 a.m. – 4:00 p.m.  
Accepting regular Medi-Cal. Serves 4 yrs. and older.  
Will see pregnant women with a medical release.

**Western Dental Center** 527-3000  
2045 W. Briggsmore Ave., Ste. E, Modesto  
Serves individuals 13 yrs. and older with Medi-Cal. Will serve pregnant women with a medical release. Services in English and Spanish.

#### **Newman**

**Golden Valley Health Center Dental Clinic** 862-9449  
637 Merced St., Newman Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Accepts Medi-Cal for all ages. Will serve pregnant women with a medical release.

#### **Oakdale**

**Oak Valley Dental Clinic** 848-4185  
1420 W. H St., Oakdale  
Accepts Medi-Cal, Medicare, and payment for services.

**Oakdale Kids Dentist & Orthodontics** 322-3174  
250 S. Oak St., Ste. B3, Oakdale  
Serving children up to 17 years of age with Medi-Cal/Denti-Cal.

**Park, Tae Een DDS** 847-2800  
190 S. Oak Ave., Bldg. 3, Ste. 6, Oakdale  
Serving individuals 2 years and older with Medi-Cal.

**Patterson**

**Golden Valley Health Center Dental Clinic** 892-6307  
200 C St., Patterson  
Accepts Medi-Cal only. Serves individuals ages 2 yrs. and older. Will see pregnant women with a medical release. English/Spanish

**Riverbank**

**Momani, Ahmad DDS** 869-4505  
3309 Sierra St., Riverbank  
Accepting patients 5 years and older with Medi-Cal.

**Riverbank Dental** 869-1558  
3324 Santa Fe St., Ste. B, Riverbank  
Accepting Medi-Cal. Serves individuals 4 to 21 yrs. of age. Will serve pregnant women with a medical release.

**Salida**

**Salida Surgical Center** 543-9299  
5712 Pirrone Rd., Salida  
Dental surgery for children 18 months to 10 years with Medi-Cal.

**Turlock**

**Balisha, Charles DDS** 667-9264  
215 N. Thor St., Ste. A, Turlock  
Serving individuals ages 5 – 20 years. Accepts Medi-Cal.

**Central Dental Group** 668-2220  
211 Fulkerth Rd., Turlock  
Mon – Fri: 9:00 a.m. – 6:00 p.m. & Sat: 8:00 a.m. – 4:30 p.m.  
Serves individuals 5 yrs. and older. Accepts Medi-Cal. Serves pregnant women with a medical release. Languages: Spanish, English, and Korean

**Gesicho, Gladys DDS** 632-2082  
711 E. Hawkeye Ave., Ste. 2, Turlock  
Accepts Medi-Cal/Denti-Cal. Serves individuals 2 years and older.

**Kids Smile Dental** 250-2600  
2460 Geer Rd., Turlock  
Serves minors 1 – 18 years of age with Medi-Cal.

<b>Palm Dental Group</b> 241 N. Palm St., Turlock Serves individuals of all ages with Medi-Cal/Denti-Cal.	667-2254
<b>Western Dental Center</b> 703 N. Golden State Blvd., Turlock Mon – Fri: 9:00 a.m. – 6:00 p.m. & Sat: 8:00 a.m. – 4:30 p.m. Serves individuals 6 yrs. and older. Accepts all insurances. Serves pregnant women with a medical release. Must have insurance card during visit.	216-4198

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## DEVELOPMENTAL SERVICES

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<b>California Children’s Services</b> 917 Oakdale Rd., Modesto Mailing Address: PO Box 3088, Modesto, CA 95353	558-7515
<b>Doctors Medical Center- High Risk Infant Follow-Up Program</b> 1441 Florida Ave., Modesto Program for special needs children and children born at risk ages 0 – 2 yrs. They are referred by the hospital staff or child’s family.	576-3956
<b>Early Intervention Program (School System Services)</b> 1350 Stonum Rd., Modesto Mon – Fri: 7:30 a.m. – 4:00 p.m. Serves Stanislaus County children (not Modesto City Schools) ages 0 – 3 yrs. Will refer children ages 3 – 5 yrs. for assessment when necessary.	541-2330 Assessment Office 541-2325
<b>John F. Kennedy Center for Special Education</b> 1202 Stonum Rd., Modesto Serves individuals with severe disabilities ages 6 – 22 years.	541-2320
<b>Leaps and Bounds, BHRS</b> 4640 Spyres Way, Bldg. B, Ste. 7, Modesto Outpatient behavioral health program focused on serving children 0 – 5 and their families. Consultation services provided at pre-schools and family daycare places.	558-4595
<b>Sierra Vista ADHD Clinic – Modesto</b> 1700 McHenry Village, Modesto Provides assessment and treatment for children ages 6 – 21 yrs.	550-5850

**Sierra Vista ADHD Clinic – Turlock** 669-6771  
2925 Niagra St., Ste. 3, Turlock  
Provides assessment and treatment for children ages 6 – 21 yrs. Parents or providers can call to request services on behalf of the child and/or family.

**Sierra Vista Early Intervention Program & Outpatient Services** 550-5869  
1400 K St., Ste. B, Modesto  
Serves children ages 3 – 5 yrs. of age and their families with counseling, behavioral assessments, and treatment. Accepts Medi-Cal.  
Mon – Fri: 8:00 a.m. – 5:00 p.m.

**Valley Mountain Regional Center** 529-2626  
1820 Blue Gum Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Serves children and adults with developmental disabilities in Stanislaus and other neighboring counties. Provides diagnosis, assessment, and on-going services for individuals with intellectual disability, cerebral palsy, epilepsy, and autism.

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## DISABILITY SUPPORT SERVICES

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**California Council of the Blind** 800-221-6359  
1303 J St., Ste. 400, Sacramento 916-441-2100  
Helps blind and visually impaired Californians to gain full independence and equality of opportunity.

**Disability Resource Agency of Independent Living (DRAIL)** 521-7260  
920 12<sup>th</sup> St., Modesto  
Serves individuals with a disability to live independently and get support from technology. They assist with housing, benefits counseling, personal assistants, and access issues. Walk-ins are welcome. Mon – Fri: 8:00 a.m. – 5:00 p.m.

**Society for disABILITIES** 524-3536  
1129 8<sup>th</sup> St., Ste. 101, Modesto  
Organization provides recreational programs, transportation to doctor's appointments, and grocery pick-ups. Special funds may be available for those unable to pay for adaptive equipment. Mon – Fri: 8:30 a.m. – 4:30 p.m.

**United Cerebral Palsy** 577-2122  
4265 Spyres Way, Ste. 2, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m.  
Provides adult day program, skill building in money management, self-advocacy, independent living, pre-employment, physical education, social skills, and adaptive technology training to improve communication and interaction.

<b>Vision Impaired Persons Support (VIPS)</b>	846-9027
1409 H St., Modesto	Mon – Thu: 9:00 a.m. – 4:00 p.m.
Provides classes to adjust to blindness and vision loss. Training in independent living skills, job skills, assistive technology, braille instruction, and support groups for clients and their caregivers. Services at no cost. Open to individuals of all ages.	

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## EDUCATION

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### ADULT G.E.D. CLASSES/CONTINUATION/ALTERNATIVE PROGRAMS:

#### Ceres

<b>Argus Continuation High School &amp; Endeavor</b>	556-1800
2555 Lawrence St., Ceres	Mon – Fri: 7:30 a.m. – 4:00 p.m.

<b>Ceres Adult School</b>	556-1557
4295 Central Ave., Ceres	
Registration Hours: Mon – Fri: 9:00 a.m. – 4:00 p.m.	

<b>Stanislaus County Institute of Learning/Tactical Character Academy</b>	238-8750
3113 Mitchell Rd., Ceres	Mon – Fri: 7:00 a.m. – 3:30 p.m.
(formerly Ceres Community School)	

#### Empire

<b>Empire Community School</b>	558-4280
5101 E. Yosemite Blvd., Empire	
Mon: 8:00 a.m. – 12:00 p.m. & Tue – Fri: 8:00 a.m. – 3:00 p.m.	

#### Hughson

<b>Billy Joe Dickens Continuation High School</b>	883-4182
6937 Fox Rd., Hughson	Mon – Fri: 7:30 a.m. – 3:30 p.m.

#### Modesto

<b>G230 Academy</b>	492-1786
1017 Reno Ave., Bldg. B, Modesto	

<b>Elliot Continuation School</b>	569-2997
1440 Sunrise Ave., Modesto	Mon – Fri: 7:00 a.m. – 2:00 p.m.

<b>Learning Quest Stanislaus Literacy Centers</b>	522-0656
1032 11 <sup>th</sup> St., Modesto	Mon – Thu: 9:00 a.m. – 6:00 p.m.
Adult education free of charge. Meet in public settings. Teaches adults how to read and write in English. All materials are provided.	



<b>Library Literacy Program – Modesto</b> 1500 I St., Modesto                      Mon – Thu: 10:00 a.m. – 5:00 p.m.	558-4505
<b>Modesto Junior College – Community Education</b> 435 College Ave., Morris Admin. Bldg., Rm. 104, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Offers a G.E.D. course at no cost. Adult education courses for individuals 45 yrs. and older. Offers American English accent enhancement and job preparation courses. Courses may qualify for the StanWORKS program.	575-6063
<b>Peterson Alternative Center for Education (PACE)</b> 2209 Blue Gum Ave., Modesto                      Mon – Fri: 7:30 a.m. – 4:00 p.m. Alternative education for junior and high school students.	238-6701
<b>Regional Occupation Program (ROP)</b> 1017 Reno Ave., Ste. B, Modesto                      Mon – Fri: 7:30 a.m. – 4:00 p.m. This program provides high school students with training at no-cost for entry level technical job positions. It is given at local high schools and off-site to individuals 16 yrs. and older. CNA program available for adults.	492-1786
<b>School to Career</b> 1017 Reno Ave., Ste. B, Modesto                      Mon – Fri: 7:30 a.m. – 4:00 p.m. Career guidance, training, counseling, and vocational training for youth 14 – 21 years of age.	492-1786
<b>Stanislaus County Office of Education (Testing Center Only)</b> 715 13 <sup>th</sup> St., Modesto      Office Hours: Mon – Fri: 8:00 a.m. – 4:00 p.m. Testing Hours: Tue – Fri: 8:00 a.m. – 2:30 p.m.	238-6502
<b>Turnaround Opportunity Schools (TOPS)</b> Serves 9 <sup>th</sup> and 10 <sup>th</sup> graders who are at risk of dropping out of school due to academic, attendance, or behavioral issues.	
<ul style="list-style-type: none"> <li>▪ <b><i>TOPS at Gregori High School</i></b>  3701 Pirrone Rd., Modesto</li> </ul>	574-1738
<ul style="list-style-type: none"> <li>▪ <b><i>TOPS at Johansen High School</i></b>  641 Norseman Dr., Modesto</li> </ul>	574-1760
<b>Valley Charter High School</b> 108 Campus Way, Modesto School Year: Mon – Fri: 7:30 a.m. – 4:00 p.m. Early college for high school students. <a href="http://www.valleycharterhighschool.org">www.valleycharterhighschool.org</a>	238-6800

**Newman**

**West Side Valley High School – Alternative Education Program** 862-2309

890 Main St., Newman Mon – Fri: 7:30 a.m. – 3:30 p.m.  
Education to obtain adult high school diploma.

**Oakdale**

**East Stanislaus High School** 847-1735

250 Hinkley Ave., Oakdale Mon – Fri: 7:30 a.m. – 3:30 p.m.  
Continuation school for credit remedial.

**Stanislaus Culinary Art Institute** 238-8700

1040 Wakefield Dr., Oakdale  
Independent studies and culinary program for high school students.  
Offers college classes for the community in the evenings.

**Patterson**

**Del Puerto High School** 892-7463

640 M St., Patterson Mon – Fri: 7:30 a.m. – 4:00 p.m.  
Continuation school for high school students and night adult school.

**Stanislaus Industrial Technology Institute** 238-8725

635 Walnut Ave., Patterson Mon – Fri: 8:00 a.m. – 2:30 p.m.  
Alternative education opportunities for high school students.

**Turlock**

**eCademy Charter School** 669-3410

1100 Cahill St., Turlock Mon – Fri: 7:30 a.m. – 4:00 p.m.

**John B. Allard School** 238-6600

350 N. Kilroy Rd., Turlock Mon – Fri: 7:00 a.m. – 4:00 p.m.

**Roselawn Continuation High School** 634-9311

312 S. Roselawn Ave., Turlock Mon – Fri: 7:30 a.m. – 4:00 p.m.

**Turlock Adult School** 667-0643

1574 E. Canal Ave., Turlock  
Mon – Thu: 8:00 a.m. – 7:00 p.m. & Fri: 8:00 a.m. – 4:00 p.m.

**Turlock Family Resource Center** 668-6118

2160 Geer Rd., Turlock Mon – Thu: 8:00 a.m. – 5:00 p.m.

## COLLEGES

**California State University, Stanislaus** Information 667-3122  
1 University Circle, Turlock Advising Resource Office 667-3108

Mon – Fri: 8:00 a.m. – 4:00 p.m.

Advisory Office: Mon – Thu: 8:30 a.m. – 4:00 p.m. & Fri: 8:00 a.m. – 5:00 p.m.

Provides career and academic counseling. Grants available to eligible low-income EOP individuals through the Financial Aid Office.

[www.csustan.edu](http://www.csustan.edu)

**Community Continuum College** 632-2406

1731 Colorado Ave., Turlock Mon – Fri: 8:00 a.m. – 4:00 p.m.

Day learning program for adults and high school graduates with developmental disabilities. Referrals required. Must be a VMRC client.

[www.continuumcollege.org](http://www.continuumcollege.org)

**Howard Training Center** 538-4000

1424 Stonum Rd., Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m.

Education and day program for adults (18 years and older) with physical and mental disabilities.

**Job Corps** 559-230-4087

1900 Mariposa Mall, Ste. 290, Fresno

Placement Office: Mon – Fri: 8:00 a.m. – 5:00 p.m.

Vocational training for males ages 16 – 24 yrs. who meet income guidelines.

[www.jobcorps.dol.gov](http://www.jobcorps.dol.gov)

**Modesto Institute for Continued Learning (MICL)** 575-6359

MJC West Campus, El Capitan Bldg., Modesto

Extended education for mature adult students 45 yrs. and older.

Mon – Thu: 10:00 a.m. – 3:00 p.m. & Fri: 10:00 a.m. – 12:00 p.m.

[www.miclonline.org](http://www.miclonline.org)

**Modesto Junior College – East Campus** Admissions 575-6853

435 College Ave., Modesto 575-6550

[www.mjc.edu](http://www.mjc.edu)

**University of California, Merced** 228-4400

5200 N. Lake Rd., Merced Mon – Fri: 8:00 a.m. – 5:00 p.m.

[www.ucmerced.edu](http://www.ucmerced.edu)

**Yosemite Community College District**

575-6550

2201 Blue Gum Ave., Modesto

For Modesto Junior College and Columbia College

Mon – Fri: 8:00 a.m. – 5:00 p.m. [www.yosemite.edu](http://www.yosemite.edu)

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**EMPLOYMENT**

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**Alliance Worknet**

Work Line

558-WORK

Job training and job placement, assistance with resume development, typing certificates at no charge, career counseling, assessments, and on-the-job training. Basic eligibility must be met to be enrolled for these services.

558-9675

**Locations:**

- **Modesto:** 251 E. Hackett Rd. 558-2100
- **Modesto:** 629 12<sup>th</sup> St. 558-8556
- **Oakdale:** 1405 W. F St. 322-3564
- **Patterson:** 66 N. El Circulo Ave. 525-4909

**American Job Center (EDD)**

576-6118

629 12<sup>th</sup> St., Modesto

Assistance with job placement at the Employment Development Dept.

**California Conservation Corps**

800-640-2462

738 N. Market Blvd., Sacramento

Mon – Fri: 8:00 a.m. – 5:00 p.m.

916-920-0285

Provides education and job opportunities for eligible young people ages 18 – 25 yrs. No fee. Residential placement in some areas. [www.ccc.ca.gov](http://www.ccc.ca.gov)

**California Indian Manpower Consortium, Inc.**

800-640-2462

738 N. Market Blvd., Sacramento

Mon – Fri: 8:00 a.m. – 5:00 p.m.

916-920-0285

Job training and employment related services for Native Americans, Native Alaskans, and Native Hawaiians who are unemployed or economically disadvantaged. Emergency assistance, community services, block grants for housing, and food assistance for Native Americans. [www.CIMCINC.org](http://www.CIMCINC.org)

**Californian State Rehabilitation Department**

576-6220

1209 Woodrow Ave., Ste. B-1, Modesto

Mon – Fri: 8:00 a.m. – 5:00 p.m.

Services for individuals with physical or mental disabilities.

**Central Valley Opportunity Center (C.V.O.C.)**

577-3210

1581 Cummins Dr., Ste. 100, Modesto

Offers free vocational training to low-income county residents, assists with job placement, GED, rental and energy assistance, emergency shelter, and food vouchers.

<b>Community Continuum College</b> 1731 Colorado Ave., Turlock Mon – Fri: 8:00 a.m. – 4:00 p.m. A learning day program for adults and high school graduates with developmental disabilities. To be eligible must be referred by Valley Mountain Regional Center.	632-2406
<b>Friends Outside</b> 500 9 <sup>th</sup> St., Ste. K-3, Modesto Assistance with job placement, resume development, career counseling, and on-the job training for individuals who have been incarcerated. Basic eligibility must be met to be enrolled in the program.	522-2209
<b>Howard Training Center</b> 1424 Stonum Rd., Modesto Education for adults (18 yrs. or older) with mental or physical disabilities.	538-4000
<b>Modesto City School – Regional Occupation Program (ROP)</b> 1017 Reno Ave., Bldg. B, Modesto Mon – Fri: 7:30 a.m. – 4:00 p.m. This program provides high school students with training at no-cost for entry level technical job positions. It is given at local high schools and off site to individuals 16 yrs. and older. CNA program available for adults.	492-1786
<b>School to Career</b> 1017 Reno Ave., Bldg. B, Modesto Career guidance, training, and counseling (includes youth 14 – 21 years).	492-1786
<b>StanWORKS (CSA)</b> 251 E. Hackett Rd., Modesto Welfare to work program. Provides assistance with basic needs and job training.	558-2777
<b>Valley Mountain Regional Center</b> 1820 Blue Gum Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. The foster grandparent and senior companion programs serve children and adults who have a developmental disability. Volunteers wanted to work 20 hours week. Tax-free stipend. Must be 55 years of age or older and on a limited income.	529-2626

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## FAMILY PLANNING

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<b>Ceres</b> <b>Ceres Medical Office</b> 3109 Whitmore Ave., Ceres	541-2929
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**Golden Valley Health Center** 866-688-4842  
2760 3<sup>rd</sup> St., Ceres

## **Hughson**

**Hughson Medical Office** 558-7250  
2412 3<sup>rd</sup> St., Hughson

## **Modesto**

**Adams, Fred MD** 575-5844  
1400 Florida Ave., Ste. 205A, Modesto

**Del Valle Clinic** 589-1500  
2116 E. Orangeburg Ave., Ste. C, Modesto  
Family planning services for uninsured women and men. Performs minor surgeries such as vasectomy. Also provides immigration health exams. Consultation \$65.00. No insurances accepted. Call for more details.  
Hours: Mon – Fri: 8:00 a.m. – 5:00 p.m.

**Family First Medical Care** 869-5678  
1317 Oakdale Rd., Modesto  
Family Practice & Family Planning

**Family Planning Associates Medical Group** 578-0443  
2030 Coffee Rd., Ste. A-1, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Accepts Medi-Cal, private insurance, cash, credit cards, or money orders. Abortion up to 17 weeks for Medi-Cal recipients, and 18 ½ weeks for other insurances. Prior authorization required for some insurance plans. Call for information. [www.FPAwomenshealth.com](http://www.FPAwomenshealth.com)

<b>Golden Valley Health Center Clinics</b>	Appointment Line	866-688-4842
▪ <b>In front of DMC:</b> 1510 Florida Ave., Ste. B, Modesto		574-1365
▪ <b>West Modesto:</b> 1114 6 <sup>th</sup> St., Modesto		576-2845
▪ <b>Hanshaw Office:</b> 1717 Las Vegas St., Modesto		576-4200
▪ <b>Airport Community:</b> 2101 Tenaya Dr., Modesto		576-6766
▪ <b>Robertson Road:</b> 1121 Hammond St., Modesto		576-4437

**McHenry Medical Office** 558-5312  
1209 Woodrow Ave., Ste. B-10, Modesto

**Modesto Arts Medical Group** 522-1027  
1400 Florida Ave., Ste. 207, Modesto

**Palitz, Harvey MD** 575-5885  
1524 McHenry Ave., Ste. 405, Modesto

**Paradise Medical Office** 558-4000  
401 Paradise Rd., Bldg. E, Modesto

**Planned Parenthood Mar Monte** 579-2300  
1431 McHenry Ave., Ste. 100, Modesto  
Family planning and other STD and cancer screenings.

**Sierra Health Center** 526-5770  
1801 Tully Rd., Ste. F, Modesto  
Primary care only

**VA Modesto Clinic and Lab** 557-6200  
1225 Oakdale Rd., Modesto  
Provides family planning to veterans only.

#### Newman

**Golden Valley Health Center** 862-0270  
637 Merced St., Newman Appointment Line 866-688-4842

#### Oakdale

**Oak Valley Women's Health Center** Primary Care 848-4180  
1420 W. H St., Oakdale Prenatal 848-5336  
Accepts Medi-Cal Only.

**Pathway Healthcare** 848-8410  
190 S. Oak Ave., Bldg. 2, Ste. 1, Oakdale  
Family Practice

#### Patterson

**Golden Valley Health Center** 892-8441  
200 C St., Patterson Appointment Line 866-688-4842

**Las Palmas Health Center** 837-3990  
1010 W. Las Palmas Ave., Patterson  
Mon & Wed: 9:00 a.m. – 6:00 p.m. and Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.  
Accepts most insurances including Medi-Cal. Offers a sliding fee scale for individuals without insurance.

**Wahid, Ali MD** 892-1300  
 1108 Ward Ave., Bldg. A, Ste. 1, Patterson  
 Mon: 8:00 a.m. – 8:00 p.m. & Tue – Fri: 8:00 a.m. – 5:00 p.m.  
 Family planning and Family Pact. Accepts Medi-Cal and private insurance.

#### **Riverbank**

**Riverbank Community Health Center** 869-8102  
 2603 Patterson Rd., Ste. 3, Riverbank  
 Mon – Sun: 8:00 a.m. – 6:00 p.m.  
 Provides primary care and family planning services. Accepts Medi-Cal and offers a sliding scale fee for persons without insurance. Walk-in welcome.

#### **Stockton**

**Stockton Pregnancy Control Medical Clinic** 465-5655  
 3209 N. California, Stockton Mon – Fri: 9:00 a.m. – 5:00 p.m.  
 Abortions up to 14 weeks. Accepts cash and Medi-Cal from Stanislaus and San Joaquin County. No credit cards or private insurance.

#### **Turlock**

**Golden Valley Health Center Clinics** Appointment Line 866-688-4842  
 ▪ **Downtown Turlock:** 1141 N. Olive Ave., Turlock 667-2749  
 ▪ **West Turlock:** 1200 W. Main St., Turlock 668-5388

**Sanchez, Felix MD** 667-8544  
 900 Delbon Ave., Turlock

**Turlock Medical Office** 664-8000  
 800 Delbon Ave., Turlock

**Turlock Pregnancy and Health Center** 656-9898  
 134 Regis St., Ste. B, Turlock

#### **Waterford**

**Bentley Health Center** 442-6200  
 12619 Bentley St., Waterford  
 Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.  
 Accepts most insurances including Medi-Cal. Offers a sliding fee scale for individuals without insurance. Walk-ins welcome.

**Waterford Community Health Center** 874-9254  
 12146 Yosemite Blvd., Waterford  
 Mon – Fri: 8:00 a.m. – 6:30 p.m.  
 Family planning services. Accepts Medi-Cal. Offers a sliding fee scale for individuals without insurance. Walk-ins welcome.



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## FAMILY RESOURCE CENTERS

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<b>Airport Parent Resource Center</b> 530 S. Santa Cruz Ave., Modesto	549-8822
<b>Bridge Community Center</b> 605 Chicago Ave., Modesto	571-8430
<b>Ceres Partnership</b> 1317 Grandview Ave., Ceres	541-0101
<b>El Concilio Community Center</b> 1314 H St., Modesto	523-2860
<b>Grayson/Westley Family Resource Center</b> 301 Howard Rd., Westley	894-3188
<b>Hughson Family Resource Center</b> 6940 Hughson Ave., Hughson	883-2027
<b>Newman Family Resource Center</b> 1300 Patchett Dr., Newman	862-0295
<b>North Modesto/Salida Family Resource Center</b> 2020 Standiford Ave., Ste. C-1, Modesto	338-0279
<b>Oakdale Family Resource Center</b> 631 W. F St., Oakdale	847-0420
<b>Oakdale Family Support Network</b> 1405 W. F St., Ste. A, Oakdale	847-5121
<b>Orville Wright Healthy Start</b> 801 Empire Ave., Modesto	569-2952
<b>Parent Resource Center</b> 811 5 <sup>th</sup> St., Modesto	549-8193
<b>Patterson Family Resource Center</b> 821 F St., Patterson	690-3100
<b>Sierra Vista Drop-In Center</b> 908 Sierra Dr., Modesto	492-9785

<b>Turlock Family Resource Center</b> 2160 Geer Rd., Turlock	668-6118
<b>Waterford Family Resource Center</b> 12617 Bentley St., Waterford	874-8450
<b>West Modesto Community Collaborative</b> 601 S. Martin Luther King Dr., Modesto	522-6902

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## FINANCIAL ASSISTANCE

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<b>Automotive Repair Bureau (Dept. of Consumer Affairs)</b> Financial assistance for smog checks and emissions related repairs. Call for packet or download application at: <a href="http://www.dca.ca.gov">www.dca.ca.gov</a>	800-952-5210
<b>Cal-Fresh (Nutrition Assistance Program)</b> Stanislaus County Community Services Agency Locations to apply for Cal-Fresh:	Information 877-652-0734
<b>Modesto</b>	
251 E. Hackett Rd., Modesto (Main Office) Mon – Fri: 8:00 a.m. – 5:00 p.m.	877-652-0734
401 Paradise Rd., Ste. E, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. By Appointment Only	877-652-0734
1030 Scenic Dr., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. By Appointment Only	877-652-0734
<b>Hughson</b>	
243 3 <sup>rd</sup> St., Hughson Mon – Fri: 8:00 a.m. – 5:00 p.m.	883-2125
<b>Oakdale</b>	
1405 W. F St., Ste. I, Oakdale Mon – Fri: 8:00 a.m. – 5:00 p.m.	322-3551
<b>Turlock</b>	
101 Lander Ave., Turlock Apply at office. Mon – Fri: 8:00 a.m. – 5:00 p.m.	877-652-0734

<b>Central Valley Opportunity Center (C.V.O.C.) – Utility Assistance</b> 1581 Cummins Dr., Ste. 100, Modesto Assistance with energy bill by appointment only.	338-0004 537-9217
<b>City of Modesto</b> 1010 10 <sup>th</sup> St., Ste. 4300, Modesto	577-5344
<b>Community Housing &amp; Shelter Services (C.H.S.S.) – Rent Assistance</b> 708 H St., Ste. B, Modesto      Mon – Thu: 9:00 a.m. – 4:00 p.m.	527-0415 527-0444
<b>Employment Development Department (Sacramento)</b> Unemployment insurance claims. <a href="http://www.edd.ca.gov">www.edd.ca.gov</a>	800-300-5616
<b>Home Energy Assistance Program (H.E.A.P.)</b> Representative assistance: Mon – Fri: 8:00 a.m. – 4:50 p.m. Closed 11:50 a.m. – 1:00 p.m. Automated assistance 24/7, no walk-ins. <a href="http://www.csd.ca.gov">www.csd.ca.gov</a>	866-675-6623
<b>M.I.D. Cares (Low Income Program)</b> Enrollment reduces the fixed monthly charge from \$12.50 to \$8.00 and includes a 23% discount on the 1 <sup>st</sup> 850 kilowatt per hour for a period of three years or as long as you qualify: <a href="http://www.mid.org">www.mid.org</a>	526-7373
<b>M.I.D. Life Support Program</b> Electricity needed when household member has a medical need for electricity. 50% discount on the 1 <sup>st</sup> 500 kilowatts per hour. Go to: <a href="http://www.mid.org">www.mid.org</a> to download family application.	526-7373
<b>Social Security</b> 1521 N. Carpenter Rd., Modesto <a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>	800-772-1213
<b>StanWORKS (Stanislaus Work Opportunity and Responsibility to Kids)</b> Temporary cash aid program for low income families to meet their basic needs. StanWORKS provides education, employment, and training programs to help families get jobs and move toward self-sufficiency. Provides families with Medi-Cal, Cal-Fresh, and EBT. Apply at a StanWORKS office, or request an application by phone or online at <a href="http://www.c4yourself.com">www.c4yourself.com</a>	877-652-0734
<b>Hughson</b> 2413 3 <sup>rd</sup> St., Hughson                      Mon – Fri: 8:00 a.m. – 5:00 p.m.	558-4564
<b>Modesto</b> 251 E. Hackett Rd., Modesto Mon, Tue, Thu, Fri: 8:00 a.m. – 5:00 p.m. & Wed: 8:00 a.m. – 6:30 p.m.	558-2500

<b>Oakdale</b>		
1405 W. F St., Ste. I, Oakdale	Mon – Fri: 8:00 a.m. – 5:00 p.m.	322-3551
<b>Turlock</b>		
101 Lander Ave., Turlock	Mon – Fri: 8:00 a.m. – 5:00 p.m.	877-652-0734
275 3 <sup>rd</sup> St., Turlock	Mon – Fri: 8:00 a.m. – 6:30 p.m.	877-652-0734
<b>State Disability Insurance (SDI)</b>		877-379-3819
	Report Social Security Fraud	800-229-6297
<b>T.I.D. Cares</b>		883-8222
Must provide proof of income and identification for all adults living in the home. <a href="http://www.TID.org">www.TID.org</a>		
<b>Veteran Services, Stanislaus</b>		558-7380
3500 Coffee Rd., Ste. 19, Modesto		557-6200
Mon. – Fri: 8:00 a.m. – 4:30 p.m. Provides counseling, referrals, and access to federal, state, and county benefits.		

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## FOOD

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<b>American Red Cross</b>		523-6451
1230 6 <sup>th</sup> St., Modesto		
Provides food during disasters.		
<b>Central General Baptist Church</b>		538-7545
944 N. Central Ave., Ceres		
Food bank open every 3 <sup>rd</sup> Sunday of the month at 12:15 p.m.		
<b>Ceres Partnership</b>		541-0101
1317 Grandview Ave., Ceres	Mon & Thu: 8:00 a.m. – 10:00 a.m.	
Must attend a nutrition education class at least once a month to receive bread and other food items as available.		
<b>Commodity Supplement Food Program</b>		538-9700
617 Winmoore Way, Modesto		
Program for seniors 60 and older. Provides seniors with a box of food once a month.		

<b>Community Services Program of 7<sup>th</sup> Day Adventist Church</b> 1633 N. Central Ave., Ceres      Tue: 8:00 a.m. – 11:00 a.m. Offers a box of food twice a month. Requires proof of income, residence, and identification for each member of the family. Must live in Stanislaus County. <a href="http://www.ceresadventist.org">www.ceresadventist.org</a>	538-1024
<b>Community Sharing Christian Center</b> 579 Center St., Oakdale      Tue: 8:00 a.m. – 11:30 a.m. Requires identification, proof of income, residence in Oakdale area, and number of people in household.	847-3401
<b>First Southern Baptist Church</b> 2813 Don Pedro Rd., Ceres      Fri: 10:00 a.m. – 2:00 p.m. Eligibility limited to residents of zip codes: 95307, 95328, and portions of 95351, and 95358. Requires proof of income, residence, and identification.	538-0833
<b>House Modesto, The (Nineveh Outreach)</b> 1601 Coffee Rd., Modesto      Thu: 8:30 a.m. – 9:00 a.m. Groceries weekly. Need ID, proof of income, and residence. Other locations; call or go online for more information. <a href="http://www.thehousemodesto.com">www.thehousemodesto.com</a>	529-7346
<b>Interfaith Ministries</b> 120 Kerr Ave., Modesto      Mon – Fri: 8:30 a.m. – 11:30 a.m. 2 forms of identification (Medi-Cal card, identification, birth certificate, or immunization card), proof of address, and income. Send client with referral if possible. Eligible for food donations every month. <a href="http://www.interfaithmodesto.org">www.interfaithmodesto.org</a>	572-3117
<b>Meals on Wheels – Home Delivery</b> 1424 Stonum Rd., Modesto Must be 60 years of age or older and be home-bound. Call Howard Training Service to set up delivery (Senior Meals on Wheels).	593-5633
<b>Modesto Union Gospel Mission</b> 1400 Yosemite Blvd., Modesto Food pantry and other meals available: Breakfast: 6:30 a.m. Dinner: 6:30 p.m. after chapel service. <a href="http://www.modestogospelmission.org">www.modestogospelmission.org</a>	529-8259
<b>Our Lady of Fatima Church – St. Vincent De Paul</b> 505 W. Granger Ave., Modesto Food vouchers given by appointment only.	524-7421
<b>Riverbank Christian Food Sharing</b> 3017 High St., Riverbank      Fri: 8:00 a.m. – 10:00 a.m. Serving those in need of food in Riverbank.	869-3710

<b>Sacred Heart Catholic Church – St. Vincent De Paul</b> 1301 Cooper Ave., Turlock <a href="http://www.shparish.net">www.shparish.net</a>	668-8827
<b>Salvation Army – Food Program in 3 Locations</b> Grocery assistance for individuals and families in crisis through our centers in Modesto and Turlock. Families and individuals are provided with 1-week supply of food at no cost once a month. Low income families, individuals and seniors qualify for this service. Also provides noon meals during the week and breakfast on Saturdays in the Modesto location on I street.	577-3600
<b>Salvation Army – Citadel</b> 625 I St., Modesto Food and meals program Monday through Friday. Emergency food based on the need of the family.	522-3209
<b>Modesto Red Shield Community Center</b> 1649 Las Vegas St., Modesto Mon, Wed, Fri: 8:30 a.m. – 6:30 p.m. Commodities distribution 2 <sup>nd</sup> Monday of the month.	538-7111
<b>Salvation Army – Turlock Community Center</b> 893 Lander Ave., Turlock Pantry services available Monday through Thursday.	677-6091
<b>Seventh Day Adventist</b> 1614 H St., Modesto Distribute food every Tue: 10:00 a.m. – 2:00 p.m.	521-6460
<b>St. Jude’s – St. Vincent De Paul</b> 3824 Mitchell Rd., Ceres Mon & Wed 3:30 p.m. – 4:30 p.m. ID for every person in the household. Social security card for the children. Proof of income and residence such as a utility bill with address).	537-0516
<b>St. Stanislaus Church – St. Vincent De Paul</b> 709 J St., Modesto Food vouchers and utility bill assistance done by appointment only on Tuesday and Thursday 10:00 a.m. – 2:00 p.m.	524-4381 Call for Appointment 524-0983
<b>United Samaritans Foundation – Hughson</b> 2413 3 <sup>rd</sup> St., Hughson 4 <sup>th</sup> Mon & Thu 9:00 a.m. – 12:00 p.m. Requires proof of income, residence, and ID for each member in household.	883-9212

<b>United Samaritans Foundation – Turlock</b> 220 S. Broadway St., Turlock Mon – Fri: 8:30 a.m. – 4:30 p.m. Daily Bread Ministries serve a free lunch five days a week. Drop-in homeless services to wash clothes and shower. Mon – Fri: 8:30 a.m. – 11:00 a.m. Emergency food boxes the last Tuesday and Friday of the month from 9:00 a.m. – 12:00 p.m. Call for all options.	668-4853
<b>United Way Information Referral (211 Stanislaus)</b> Food, shelter, employment services, housing, health care, counseling, financial aid, and other resources available 24/7. <a href="http://www.uwaystan.gov">www.uwaystan.gov</a>	572-2255 or 211

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## HEALTH EDUCATION

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<b>American Heart Association</b> <a href="http://www.heart.org">www.heart.org</a> 2007 O St., Sacramento Emergency Cardiac Care Customer Support Center.	477-2683
<b>American Lung Association</b> <a href="http://www.lung.org">www.lung.org</a> 333 Hegenberger Rd., Ste. 450, Oakland Smoking cessation classes and information to promote respiratory health.	510-638-5864
<b>American Red Cross</b> <a href="http://www.redcross.org">www.redcross.org</a> 1230 6 <sup>th</sup> St., Modesto Adult and infant CPR, lifeguard, safe food classes, fees vary.	523-6451
<b>Community Hospice</b> <a href="http://www.hospiceheart.org">www.hospiceheart.org</a> 4368 Spyres Way, Modesto Provides classes for caregivers.	578-6300
<b>Emanuel Medical Center</b> <a href="http://www.emanuelmedicalcenter.org">www.emanuelmedicalcenter.org</a> 825 Delbon Ave., Turlock	664-2580
<b>Family Resource Center</b> <a href="http://www.frcn.org">www.frcn.org</a> 5250 Claremont Ave., Ste. 48, Stockton Tue – Fri: 8:30 a.m. – 2:30 p.m. Info and advocacy for children with genetic and medical disorder, and parent support by appointment only. Child care referral services.	472-3674
<b>Health Service Agency (HSA) Information Line</b> 830 Scenic Dr., Modesto Toll free line that promotes greater access to information about health care providers, health related programs, and referrals to community health and social services over the phone.	800-834-8171

<b>Maino Community Health Library</b> 1700 McHenry Ave., Ste. 60-B, Modesto Mon – Fri: 8:30 a.m. – 5:00 p.m. The library is a free medical research library open to the community. It has computer health databases featuring full text articles, books, magazine, videos, and textbooks in English and Spanish.	523-0732
<b>Memorial Medical Center – Education Department</b> 1700 McHenry Ave., Ste. 60-B, Modesto Mon – Fri: 7:00 a.m. – 5:00 p.m. Health education and conference center.	548-7897
<b>Memorial Medical Center – Health Center</b> 1800 Coffee Rd., Ste. 30, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m. Education on diabetes, cardiac rehab, pulmonary rehab, congestive heart failure and bariatric program. <a href="http://www.memorialmedicalcenter.org">www.memorialmedicalcenter.org</a>	572-7262
<b>Oak Valley Hospital Community Programs</b> 1405 W. F St., Ste. A, Oakdale	<a href="http://www.oakvalleycares.org">www.oakvalleycares.org</a> 847-5121 ext.10

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## BREASTFEEDING EDUCATION AND SUPPORT

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<b>Community Health Services</b> Provide breastfeeding support from a nurse or a certified lactation specialist.	558-7400 800-834-8171
<b>Emanuel Medical Center</b> Classes and lactation support available. Walk-Ins OK. Tue: 1:00 p.m. – 3:00 p.m.	664-2666
<b>Infant Risk Center</b> <a href="http://www.infantrisk.com">www.infantrisk.com</a> Medication used during pregnancy and breastfeeding. Mon – Fri: 8:00 a.m. – 5:00 p.m.	806-352-2519
<b>La Leche League</b> <a href="http://www.lalecheleague.org">www.lalecheleague.org</a> Toll Free Help Line. Meetings are held on the 3 <sup>rd</sup> Tuesday of the month from 10:30 a.m. – 12:00 p.m.	877-452-5324 Call Susan in Ceres for details
<b>Memorial Medical Center – Health Center</b> 1800 Coffee Rd., Modesto Breastfeeding assistance program, including breast pumps and breastfeeding 101 classes. Walk-ins welcome. Mon – Fri: 1:30 p.m. – 3:30 p.m. Lactation consultant available in Suite 30. Mon – Fri: 9:30 a.m. – 12:00 p.m.	572-7210 572-7262



<b>WIC Program (for WIC Clients)</b>	Information	558-7377
WIC Breastfeeding Warm Line - messages are answered during working hours.		525-4838

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## PERINATAL EDUCATION

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<b>California Teratogen Information Service (CTIS)</b>	<a href="http://www.mothertobabyca.org">www.mothertobabyca.org</a>	800-532-3749
For information or questions regarding the effects of medications, illnesses, drugs, and other environmental agents on pregnancy and breastfeeding.		

<b>Emanuel Medical Center</b>	Education Line	664-2580
825 Delbon Ave., Turlock	Mon – Fri: 7:00 a.m. – 3:15 p.m.	

<b>Healthy Birth Outcomes (HBO)</b>		558-7400
830 Scenic Dr., Bldg. 3, Modesto Mon – Fri: 8:00 a.m. – 4:00 p.m.		
Provides prenatal services, case management, peer support, health education, transportation support and other basic needs (eligibility required) during pregnancy and through the baby's first year. Below are local family resource centers where support groups and health education classes for pregnant and parenting mothers are provided. Everyone is welcome.		

### HBO Support Group Sites in Stanislaus County:

• Airport Parent Resource Center	549-8822
• Ceres Partnership	541-0101
• Grayson/Westley Family Resource Center	894-3188
• Hughson Family Resource Center	883-2027
• Newman Family Resource Center	862-0295
• North Modesto/Salida Family Resource Center	338-0279
• Oakdale Family Resource Center	847-0420
• Patterson Family Resource Center	690-3100
• Turlock Family Resource Center	668-6118
• West Modesto Community Collaborative	522-6902

<b>Keep Baby Safe (KBS) Program</b> 830 Scenic Dr., Bldg. 3, Modesto Car seat safety education offered in English and Spanish.	558-7400
<b>Memorial Medical Center – Health Center</b> 1800 Coffee Rd., Ste. 30, Modesto <a href="http://www.memorialmedicalcenter.org">www.memorialmedicalcenter.org</a>	572-7262
<b>Oak Valley Women’s Health Center</b> 1420 W. H St., Oakdale <a href="http://www.oakvalleycares.org">www.oakvalleycares.org</a>	847-3011
<b>Parent Resource Center</b> 811 5 <sup>th</sup> St., Modesto Support and education for pregnant women, parenting teens, women, and their partners.	549-8193

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## HEALTH INSURANCE INFORMATION

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<b>AARP</b> Offers supplemental insurance in 50 states (transferable) and Medi-Cal Access Program. <a href="http://www.aarpmedicaresupplement.com">www.aarpmedicaresupplement.com</a>	888-687-2272
<b>California Dept. of Insurance (Consumer Info &amp; Complaints)</b> Mon – Fri: 8:00 a.m. – 5:00 p.m. Call for information. <a href="http://www.insurance.ca.gov">www.insurance.ca.gov</a>	800-927-4357
<b>Ceres Healthy Start</b> 2491 Lawrence St., Ceres Mon – Fri: 8:00 a.m. – 3:00 p.m. Assist parents with health insurance applications for children. Free health clinic every 2 <sup>nd</sup> Wednesday of the month from 11:00 a.m. – 1:00 p.m.	556-1559
<b>Community Assistance Program</b> Outreach program that distributes discount prescription drug cards free of charge. <a href="http://www.Caprxprogram.org/actnow">www.Caprxprogram.org/actnow</a>	Website Only
<b>Community Services Agency (CSA)</b> 251 E. Hackett Rd., Modesto <a href="http://www.csa-stanislaus.com">www.csa-stanislaus.com</a> For Cal-Works, Cal-Fresh (Food Stamps), WIC, Foster Care, Medi-Cal, StanWORKS, Welfare-to-Work, Adult Protective Services, Child Protective Services, and In-Home-Support Services.	877-652-0734

**CSA SATELLITE OFFICES:** Call main number for days and hours of operations

- Hughson: 2413 3<sup>rd</sup> St.
- Modesto: 401 Paradise Rd.
- Modesto: 830 Scenic Dr.
- Oakdale: 1401 W. F St.
- Turlock: 101 Lander Ave.
- Turlock: 275 3<sup>rd</sup> St.

**Covered California** [www.coveredca.com](http://www.coveredca.com) 888-975-1142  
California's health insurance online market for individuals, families, and small businesses. Apply for coverage, shop, and compare. It also provides Medi-Cal information. 800-300-1506

**Health Net (HN)** 800-675-6110  
2260 Floyd Ave., Modesto  
Care managed plan for Medi-Cal members in Stanislaus County.

**Health Plan of San Joaquin (HPSJ)** 888-936-7525  
1025 J St., Modesto  
Care managed plan for Medi-Cal members in Stanislaus County.  
It also administers the MCAP program in Stanislaus County.

**Healthy Cubs** 558-6231  
Provides access to health care services for children 0 – 5 years of age and pregnant women at Stanislaus County Health Services Agency, Golden Valley Health Center, and Oak Valley Medical offices. [www.healthycubs.org](http://www.healthycubs.org)

**HICAP (Health Insurance counseling and Advocacy Program)** 558-4540  
3500 Coffee Rd., Ste. 19, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Assistance with general Medicare information, counseling, and advocacy for elders. [www.agingservices.info](http://www.agingservices.info)

**Kaiser Child Health Plan** 800-255-5053  
Low-cost health care coverage for uninsured children who are not eligible for Medi-Cal at no cost. Must be under age 19 and living in Kaiser Permanente's California service area. Mon – Fri: 8:30 a.m. – 5:00 p.m.  
[www.info.kaiserpermanente.org/childhealthplan](http://www.info.kaiserpermanente.org/childhealthplan)

**Medi-Cal Access Program (MCAP)** 800-433-2611  
Formerly known as AIM (Access for Infants and Mothers). MCAP is California's insurance program for mid-income pregnant women and their children up to age 2 that are not eligible for no cost Medi-Cal or pay over \$500.00 maternity deductible or co-payment.

**Medi-Cal Information – Outreach Line** 888-747-1222  
(Information and mail-in application)

**Medi-Cal Main Office (CSA)** 877-652-0734  
251 E. Hackett Rd., Modesto Mon - Fri: 8:00 a.m. – 5:00 p.m.  
Medi-Cal is a health care program for low-income residents of California.  
Eligibility determined by income and assets.

**Medically Indigent Adult (MIA) Program** 558-7232  
830 Scenic Dr., Modesto  
Health care program for adults 21 – 65 years who earn a low income, are  
uninsured, and live in Stanislaus County.

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## HOSPITALS

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**Central Valley Specialty Hospital** 248-7700  
730 17<sup>th</sup> St., Modesto  
[www.centralvalleyspecialty.org](http://www.centralvalleyspecialty.org)

**Doctors Medical Center** 578-1211  
1441 Florida Ave., Modesto  
[www.dmc-modesto.com](http://www.dmc-modesto.com)

**Doctors Behavioral Health Center** 557-6300  
1501 Claus Rd., Modesto  
[www.dbhc-modesto.com](http://www.dbhc-modesto.com)

**Emanuel Medical Center** 667-4200  
825 Delbon Ave., Turlock  
[www.emanuelmedicalcenter.org](http://www.emanuelmedicalcenter.org)

**Kaiser Hospital** 557-1000  
4601 Dale Rd., Modesto  
[www.kaiserpermanente.org](http://www.kaiserpermanente.org)

**Memorial Medical Center** 526-4500  
1700 Coffee Rd., Modesto  
[www.memorialmedicalcenter.org](http://www.memorialmedicalcenter.org)

**Oak Valley Hospital** 847-3011  
350 S. Oak Ave., Oakdale  
[www.oakvalleycares.org](http://www.oakvalleycares.org)

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## HOUSING

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<b>Bethany's House</b>	<a href="http://www.bethany.org/modesto">www.bethany.org/modesto</a>	526-3342
3048 Hahn Dr., Modesto Housing for pregnant women, 18 years and older, who are facing a crisis or unplanned pregnancy and need support and a place to live.		
<b>Central Valley Opportunity Center (C.V.O.C)</b>	<a href="http://www.cvoc.org">www.cvoc.org</a>	577-3210
1801 H Street, Ste. A4, Modesto      Mon – Fri: 8:00 a.m. – 5:00 p.m. Offers housing, emergency shelter, and other services to support families at risk of losing their home.		
<b>Community Housing &amp; Shelter Services</b>		527-0444
708 H St., Ste. B, Modesto      Mon – Fri: 9:00 a.m. – 4:00 p.m. Temporary shelter, housing counseling, and rental assistance for families in emergency situations.		
<b>Community Impact Central Valley</b>		572-2437
817 10 <sup>th</sup> St., Modesto      Mon – Fri: 9:00 a.m. – 4:00 p.m. Provides transitional and permanent housing for individuals and families experiencing homelessness, or those at risk. Several programs available for individuals diagnosed with HIV.		
<a href="http://www.communityimpactcv.org">www.communityimpactcv.org</a>		
<b>Environmental Resources, Stanislaus County</b>		525-6700
3800 Cornucopia Way, Ste. C, Modesto      Mon – Fri: 7:30 a.m. – 5:00 p.m. Services: Foodborne illness complaints, restaurant inspections in Stanislaus County, hazard material disposal, and housing complaints from tenants.		
<a href="http://www.stancounty.com/er">www.stancounty.com/er</a>		
<b>Family Promise</b>		549-9454
2301 Woodland Ave., Ste. 7-8, Modesto <a href="http://www.modestofamilypromise.org">www.modestofamilypromise.org</a> Provides shelter, meals, and hope to local families in need. Assistance with finding a permanent home. Email: <a href="mailto:director@modestofamilypromise.com">director@modestofamilypromise.com</a>		
<b>Haven Women's Center – Modesto</b>	24-Hour Crisis Hotline	577-5980
618 13 <sup>th</sup> St., Modesto <a href="http://www.havenwcs.org">www.havenwcs.org</a>		888-45HAVEN
Emergency shelter for physically abused women and children. Provides peer support, support groups, and other programs for ages 6-17 years.		
<b>Haven Women's Center – Turlock</b>		664-9131
1301 Starr Ave., Turlock <a href="http://www.havenwcs.org">www.havenwcs.org</a> Emergency shelter for physically abused women and children. Provides peer support, support groups, and other programs for ages 6-17 year.		

<b>Housing Authority of Stanislaus County</b> 1701 Robertson Rd., Modesto Provides decent, safe, and affordable rental housing and home ownership for low-income families. Section 8 and Family Self-Sufficiency programs have a waiting list. <a href="http://www.stancoha.org">www.stancoha.org</a>	557-2000 Mon - Fri: 8:30 a.m. – 5:00 p.m.
<b>Hutton House</b> 201 Jennie St., Modesto Temporary shelter for runaway, homeless, and youth in crisis who are 13 – 17 yrs. Crisis support for human trafficking victims, abused youth, and homeless teens. <a href="http://www.centerforhumanservices.org">www.centerforhumanservices.org</a>	24-Hour Crisis Line 526-1623
<b>Modesto Union Gospel Mission</b> 1400 Yosemite Blvd., Modesto Shelter for men, women, and children. Breakfast at 6:30 a.m. and dinner at 7:30 p.m. every day. Other services provided: evening homeless clinics, community clothes closet, and high school diploma program. Staff available 24 hours. <a href="http://www.modestogospelmission.org">www.modestogospelmission.org</a>	529-8259
<b>Pathways</b> 608 E. Granger Ave., Apt. 25, Modesto Transitional living and supportive services program for youth ages 18-21 years who are homeless. Services include job training, employment related services, counseling, case management, and independent living skills. <a href="http://www.centerforhumanservices.org">www.centerforhumanservices.org</a>	Mon – Fri: 8:00 a.m. – 5:00 p.m. 526-3809
<b>Redwood Family Center – California Ave. Facility</b> 1030 California Ave., Modesto Faith based transitional housing for women in recovery from addictions (SUD recovery) and their children up to 12 years of age. Staff available 24 hours. Accepts CPS cases as well. Graduate housing for individuals who have completed this phase of their recovery. <a href="http://www.valleyrecoveryresources.com">www.valleyrecoveryresources.com</a>	550-7352
<b>Redwood Family Center – Corson Ave. Facility</b> 416 Corson Ave., Modesto Faith based transitional housing for women in recovery from addictions (SUD recovery) and their children up to 12 years of age. Staff available 24 hours. Accepts CPS cases as well. Graduate housing for individuals who have completed this phase of their recovery. <a href="http://www.valleyrecoveryresources.com">www.valleyrecoveryresources.com</a>	521-1805

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## IN-HOME CARE AND NURSING

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<b>Addus</b> 1701 Coffee Rd., Modesto Cost effective in-home care for elders providing assistance with activities of daily living such as bathing, dressing, meal preparation, housekeeping, etc.	<a href="http://www.addus.com">www.addus.com</a>	526-8451
<b>Catholic Charities – Services for Seniors and Caregivers</b> 2351 Tenaya Dr., Ste. D, Modesto Senior services include Friends Visiting Program, homemaker services, Meals on Wheels, Ombudsman Program, senior options case management, elder abuse prevention, and transportation.		593-6115
<b>Community Hospice</b> 4368 Spyres Way, Modesto Compassionate and quality care, education, and support for terminally ill patients and their family regardless of ability to pay.	<a href="http://www.hospiceheart.org">www.hospiceheart.org</a>	578-6300
<b>Covenant Care at Home</b> 125 N. Broadway St., Ste. 1B, Turlock Medicare-certified home health provider for elders.	<a href="http://www.covenantcareathome.org">www.covenantcareathome.org</a>	250-5200
<b>Elder Care Locator</b> Phone and online elder care locator and referrals to state and local agencies for elders and their families.	<a href="http://www.eldercare.gov">www.eldercare.gov</a>	800-677-1116
<b>Interim Health Care</b> 1521 N. Carpenter Rd., Ste. D1, Modesto Help older adults to maintain independence in their own home by providing their health care needs and daily living assistance.	<a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>	577-4625
<b>Mid Valley Health Services</b> 2800 Mitchell Rd., Ste. S, Ceres Home infusion, enteral feeding, Synagis therapy, and delivery of special formula.	<a href="http://www.midvalleyhealthservices.com">www.midvalleyhealthservices.com</a>	531-1858
<b>Rescare Homecare</b> 1101 Sylvan Ave., Ste. C210, Modesto Provides home care aides serving mostly elders and individuals with disabilities. Private pay and long-term care insurance only.	<a href="http://www.rescare.com">www.rescare.com</a>	523-9130
<b>Visiting Home Nurses Association (Sutter Care at Home)</b> 1316 Celeste Dr., Ste. 140, Modesto Advanced illness management, home health care, and infusion therapy.	<a href="http://www.suttercareathome.org">www.suttercareathome.org</a>	571-1055

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## LEGAL AID

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<b>Affordable Legal Aid</b> 1026 McHenry Ave., Modesto Family law, bankruptcy information, child support orders, custody, visitation modification, and other low cost services such as wills, guardianship, and adoption. Evening appointments are available.	<a href="http://www.affordablelegalaid.us">www.affordablelegalaid.us</a> Mon – Fri: 8:00 a.m. – 5:00 p.m.	571-2400
<b>California Dept. of Fair Employment &amp; Housing</b> Protection from unlawful discrimination in employment, housing, and public accommodations. Protection from hate violence and human trafficking. <a href="http://www.dfeh.ca.gov">www.dfeh.ca.gov</a> Email: <a href="mailto:contact.center@dfefh.ca.gov">contact.center@dfefh.ca.gov</a>	Recording	800-884-1684
<b>California Document Service</b> 2600 E. Whitmore Ave., Ste. 1, Ceres Assistance with legal document preparation only. No legal aid or attorney on site. Fee for service. Mon – Fri: 9:00 a.m. – 5:00 p.m.		537-0359
<b>California Rural Legal Assistance (CRLA)</b> 1111 I St., Ste. 310, Modesto Mon, Tue, Thu, Fri: 9:00 a.m. – 5:00 p.m. & Wed: 9:00 a.m. – 2:00 p.m. Free legal service program helping low-income individuals, families, and communities. Legal assistance concerning housing, labor and employment, rural health, education, and sexual harassment prevention.	<a href="http://www.crla.org">www.crla.org</a>	577-3811
<b>Catholic Charities Immigration Legal Services</b> 2351 Tenaya Dr., Ste. D, Modesto Mon – Fri: 8:30 a.m. – 4:30 p.m. Provides low-cost consultations, legal counseling, and tutoring services to assist permanent residents achieve US citizenship.		444-5910
<b>Department of Child Support Services</b> 251 E. Hackett Rd., Modesto Office is open from Mon – Thu: 7:00 a.m. – 6:00 p.m. To speak to a representative, call Mon – Fri: 8:30 a.m. – 4:30 p.m.	24-Hour Information Line	866-901-3212
<b>El Concilio</b> 1314 H St., Modesto Provides help with completing immigration paperwork and citizenship classes.	<a href="http://www.elconcilio.org">www.elconcilio.org</a>	523-2860
<b>Haven Women’s Center – Modesto</b> 618 13 <sup>th</sup> St., Modesto Assists with restraining orders for victims of domestic violence. No lawyer on-site.	24-Hour Crisis Line	577-5980 524-4331



<b>Haven Women's Center – Turlock</b> 301 Star Ave., Turlock Can only assist with restraining orders for victims of domestic violence.	664-9131
<b>Juvenile Probation Dept.</b> 2215 Blue Gum Ave., Modesto	<a href="http://www.stancounty.com/probation">www.stancounty.com/probation</a> 525-5400
<b>Office of Family Law Facilitators</b> 800 11 <sup>th</sup> St., Room 220, Modesto      Email: <a href="mailto:self.help@stanct.org">self.help@stanct.org</a> Mon – Thu: 8:00 a.m. – 12:00 p.m. & Fri: 1:00 p.m. – 4:00 p.m. Free assistance (procedural guidance and legal forms) to individuals in a legal action who do not have an attorney in paternity actions, child and spousal support.	Walk-In Service
<b>Project Sentinel</b> 1231 8 <sup>th</sup> St., Ste. 410, Modesto      Mon – Fri: 9:00 a.m. – 4:00 p.m. Tenant-landlord assistance, complaints of discrimination (fair housing), and mortgage counseling.	888-324-7468 236-1577
<b>Senior Law Project</b> 1314 G St., Modesto      Mon – Thu: 9:00 a.m. – 5:00 p.m. Provides free legal services in various civil law matters such as landlord, tenant, public benefits, labor, and education to residents 60 and older.	<a href="http://www.senioradvocacynetwork.org">www.senioradvocacynetwork.org</a> 577-3814
<b>Senior Legal Hotline</b> Free legal advice for elders.	800-222-1753
<b>Small Claims Court Advisory</b> 800 11 <sup>th</sup> St., Rm. 220, Modesto      Mon – Fri: 8:00 a.m. – 4:00 p.m.	530-3178
<b>Stanislaus County Clerk Recorder's Office</b> 1021 I St., Modesto      Mon – Fri: 8:00 a.m. – 4:00 p.m. Provides legal document assistance, issues copies of birth, death, and marriage certificates and licenses. Performs civil marriage ceremonies and maintains divorce records.	525-5250
<b>STANISLAUS COUNTY LAW ENFORCEMENT – NON-EMERGENCY BUSINESS LINES</b>	
<ul style="list-style-type: none"> <li>• <b>Ceres Police Department</b>      Mon – Fri: 8:00 a.m. – 5:00 p.m.</li> </ul>	538-5712
<ul style="list-style-type: none"> <li>• <b>Hughson Police Department</b>      Mon – Fri: 8:00 a.m. – 5:00 p.m.</li> </ul>	883-4052
<ul style="list-style-type: none"> <li>• <b>Modesto Police Department</b>  Mon – Tue: 8:00 a.m. – 5:00 p.m. &amp; Wed – Thu: 8:00 a.m. – 6:00 p.m.</li> </ul>	572-9500

- **Newman Police Department** Mon – Fri: 8:00 a.m. – 4:00 p.m. 862-2902
- **Oakdale Police Department** 24 hours – 7 days a week 847-2231
- **Patterson Police Department** Mon – Fri: 8:30 a.m. – 4:30 p.m. 892-5071
- **Riverbank Police Department** Mon – Fri: 8:00 a.m. – 5:00 p.m. 869-7162
- **Sheriff's Office - Patrol Operations** 525-7188
- **Turlock Police Department (Incl. Animal Control)** 24 hours – 7 days a week 668-1200
- **Waterford Police Department** Mon – Fri: 8:00 a.m. – 5:00 p.m. 874-2349

**Stanislaus County Lawyers Referral Service** 571-5727

804 14<sup>th</sup> St., Modesto Mon – Fri: 9:00 a.m. – 5:00 p.m.  
 \$50 for initial ½ hour consultation. Need to pay a non-refundable fee  
 when scheduling the appointment with credit or debit card.

**Stanislaus County Mediation Center** 888-324-7468

1231 8<sup>th</sup> St., Ste. 425, Modesto Mon – Fri: 9:00 a.m. – 4:00 p.m. 236-1577  
 Counseling and mediation to resolve tenant-landlord or neighbors dispute, day of  
 trial in court mediation services for small claims, and unlawful detainer hearings.

**Stanislaus County Victims Services** 525-5541

832 12<sup>th</sup> St., Ste. 300, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.  
 Provides sensitive treatment, information, and resources for crime victims  
 throughout the criminal justice process.

**Stanislaus Family Justice Center** 525-5130

1625 I St., Modesto Mon – Fri: 8:30 a.m. – 5:00 p.m.  
 Multi-disciplinary services and support for domestic violence, elder abuse,  
 child abuse, and sexual assault. [www.stanislausfamilyjustice.org](http://www.stanislausfamilyjustice.org)

**Superior Court of California, County of Stanislaus** 530-3100

800 11<sup>th</sup> St., Modesto Mon – Fri: 8:00 a.m. – 4:00 p.m.  
 The Self Help Center and Office of the Family Law Facilitator provide assistance  
 in representing you in child support and family law matters. In addition, they can  
 assist you in selecting the proper legal forms and instructions for completing,  
 filing, and serving paperwork for family and civil law. [www.stanct.org](http://www.stanct.org)

**United States Citizenship & Immigration Service** [www.uscis.gov](http://www.uscis.gov) 800-375-5283

Mailing address: USCIS 1177 Fulton Mall, Fresno, CA 93721-2816  
 Forms and information on website: For Hearing Impaired 800-767-1833

**United Way** [www.ustan.org](http://www.ustan.org) 523-4562  
422 McHenry Ave., Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m.  
Call for appointment if you are court mandated for community services.

**Vital Records Services** 558-8070  
820 Scenic Dr., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Reviews and registers all births, deaths, and fetal deaths that occur in Stanislaus County. Issues certified birth and death copies when requested in person or by mail, as well as permits for disposition of human remains. Must have appropriate forms completed and pay current fee.

*To receive a certified copy of a birth or death older than 1 year, please contact the County Clerk Recorder's Office at 525-5250. For divorce records please contact the Superior Court of California, Stanislaus County at 558-6000.*

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## MEDICAL SERVICES

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**All for Kids** 497-6767  
1524 McHenry Ave., Ste. 520, Modesto  
Provides services for children. Accepts Medi-Cal and private insurance.

**Aspen Family Medical Group** 522-9054  
2501 McHenry Ave., Ste. F, Modesto  
Serving children with Medi-Cal insurance.

**Bentley Health Center** [www.visitlch.org](http://www.visitlch.org) 442-6200  
12619 Bentley St., Waterford  
Medical services for children and adults. Accepts most insurances, including Medi-Cal. Offers a sliding fee scale for individuals without insurance.  
Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.

**Bhinder, Jagmohan MD** 669-1692  
1860 Colorado Ave., Turlock  
Serving children with Medi-Cal.

**Cancer Detection Program – Every Woman Counts** 800-511-2300  
Free mammogram for women age 40 yrs. and older, and free cervical cancer screen for women 21 yrs. and older. Eligibility needs to be met.

**Cedar Family Practice** 874-2345  
12700 Welch St., Waterford Mon – Fri: 8:30 a.m. – 5:00 p.m.  
Provides primary care services for families. Accepts Medi-Cal.

<b>Child Health &amp; Disability Prevention (CHDP) Program</b> Provides no cost health exams for children from birth through age 20 who are receiving Medi-Cal. Children under age 18 who are low-income and have no insurance may be eligible through the CHDP Gateway enrollment process.	558-8860
<b>Del Puerto Health Center</b> <a href="http://www.dphealth.org">www.dphealth.org</a> 1700 Keystone Pacific Pkwy., Ste. B, Patterson Mon – Fri: 8:30 a.m. – 6:30 p.m. & Sat: 8:30 a.m. – 12:30 p.m. Family practice and well child exams. Medi-Cal accepted.	892-9100
<b>Del Valle Clinic</b> 2116 E. Orangeburg Ave., Ste. C, Modesto Family practice for individuals without health coverage. Services in Spanish and English. Not accepting Medi-Cal or private insurance. \$65.00 for consultation. Performs minor surgery such as circumcision, vasectomy, and immigration health exams. Call for more details.      Mon – Fri: 8:00 a.m. – 5:00 p.m.	589-1500
<b>Esho, Maryam MD</b> 1729 N. Olive Ave., Ste. 7, Turlock Serving children 0 – 18 years with Medi-Cal and private insurance. Services in English and Spanish.      Mon – Fri: 8:00 a.m. – 5:00 p.m.	668-6900
<b>Family First Medical Care</b> 1317 Oakdale Rd., Ste. 440, Modesto Family practice accepting all patients with Medi-Cal, Medi-Care and private insurance. Sliding scale for individuals without insurance. Services in English and Spanish.      Mon – Fri: 9:00 a.m. – 6:00 p.m.	522-3362
<b>Goel, Krishan MD</b> 1100 Delbon Ave., Turlock Pediatric services specializing in adolescent health. Accepts new patient with private insurance. Mon – Thu: 9:00 a.m. – 7:00 p.m., Fri: 9:00 a.m. – 5:00 p.m. & Sat: 9:00 a.m. – 4:00 p.m.	667-0905
<b>Golden Valley Health Centers</b> <a href="http://www.gvhc.org">www.gvhc.org</a> All phases of medical care, sliding fee scale, and Medi-Cal accepted. Clinics located in Ceres, Modesto, Newman, Patterson, Riverbank, Turlock, and Westley. Toll free line to get information and set appointments for all clinics.	866-682-4842
<b>Krishnamoorthi, K. MD</b> 324 F St., Waterford Internal medicine serving families in the community of Waterford and surrounding communities. Accepts Medi-Cal and private insurance.	874-2321

<b>Las Palmas Health Center</b> <a href="http://www.visitlch.org">www.visitlch.org</a> 1010 W. Las Palmas Ave., Patterson Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m. Medical services for children and adults. Accepts most insurances, including Medi-Cal. Offers a sliding fee scale for individuals without insurance.	837-3990
<b>Medical Referrals</b> Provides referral to doctors accepting new patients: <ul style="list-style-type: none"> <li> <b>Emanuel Medical Center</b> <a href="http://www.emanuelmedicalcenter.org">www.emanuelmedicalcenter.org</a> 664-5920 </li> <li> <b>Memorial Medical Center</b> <a href="http://www.memorialmedicalcenter.org">www.memorialmedicalcenter.org</a> 525-3111 </li> <li> <b>Oak Valley Hospital Clinic</b> <a href="http://www.oakvalleyhospital.com">www.oakvalleyhospital.com</a> 847-8140 Ext. 2 </li> <li> <b>Stanislaus Medical Society</b> <a href="http://www.stanislausmedicalsociety.com">www.stanislausmedicalsociety.com</a> 527-1704 </li> </ul>	
<b>Newman Medical Clinic</b> 1349 Main St., Newman Primary health care services. Accepts Medi-Cal and provides low-cost services for individuals living in Newman and surrounding areas.	862-3604
<b>Oak Valley Community Health Center</b> <a href="http://www.oakvalleycares.org">www.oakvalleycares.org</a> 1420 W. H St., Oakdale Primary health care services. Accepts Medi-Cal and provides low-cost (sliding scale) services. Mon – Sun: 8:00 a.m. – 6:00 p.m.	848-4180
<b>Oak Valley Women’s Health Center</b> <a href="http://www.oakvalleycares.org">www.oakvalleycares.org</a> 1420 W. H St., Oakdale Pregnancy testing, prenatal care, family planning, and cancer detection program. Medi-Cal accepted. Mon – Fri: 8:00 a.m. – 5:00 p.m.	848-4180
<b>Pathway Healthcare</b> <a href="http://www.pathway-hc.com">www.pathway-hc.com</a> 190 S. Oak St., Bldg. 2, Ste. 1, Oakdale Pregnancy testing, family practice, and birth control. Accepts Medi-Cal from Health Plan of San Joaquin (HPSJ). Mon – Thu: 8:00 a.m. – 5:00 p.m. & Fri: 8:00 a.m. – 12:00 p.m.	848-8410
<b>Planned Parenthood Mar Monte</b> 1431 McHenry Ave., Ste. 100, Modesto Pregnancy testing, family planning, and prenatal care. Accepts private and Medi-Cal Insurance. <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	800-711-9848 Appointment Line 574-5900

<b>Public Health Services</b> 820 Scenic Dr., Modesto Provides a range of services including immunizations (TB testing/treatment and travel vaccinations), STD testing and treatment, as well as HIV anonymous and free testing. Consultation services by appointment only.	558-7700
<b>Riverbank Community Health Center</b> <a href="http://www.oakvalleycares.com">www.oakvalleycares.com</a> 2603 Patterson Rd., Ste. 3, Riverbank Mon – Sun: 8:00 a.m. – 6:00 p.m. Primary health care services. Accepts Medi-Cal and private insurance except HMOs and Kaiser. Low-cost services available for uninsured persons.	869-8102
<b>St. Luke’s Family Practice</b> <a href="http://www.stlukesfp.org">www.stlukesfp.org</a> 1700 McHenry Village Way, Ste. 2, Modesto Provides medical care for Stanislaus residents who don’t have insurance or are not eligible for government programs such as Medi-Cal. Donations for service accepted. Mon, Tue, Thu, & Fri: 8:15 a.m. – 12:00 p.m. & 1:15 p.m. – 5:00 p.m.	549-1057
<b>Sierra Health Center</b> 1801 Tully Rd. Ste. F-1, Modesto Primary health care center. Mon – Fri: 8:30 a.m. – 5:30 p.m.	526-5770
<b>Sutter Gould Ceres Care Center</b> 2516 E. Whitmore Ave., Ceres Serves children with Medi-Cal.	538-1733
<b>VA Modesto Clinic and Lab</b> 1225 Oakdale Rd., Modesto Mon – Fri: 6:30 a.m. – 4:00 p.m. Medical services and lab tests for veterans only	557-6200
<b>Valley Oak Pediatrics</b> 4120 Prescott Rd., Oakdale Serving children with Medi-Cal insurance.	544-7300
<b>Waterford Community Health Center</b> 12146 Yosemite Blvd., Waterford Mon – Fri: 8:00 a.m. – 6:30 p.m. Primary care services for families in Waterford and neighboring communities. Accepts Medi-Cal. Offers a sliding fee scale for individuals without insurance.	874-9254

<b>Wahid, Ali MD</b> 1108 Ward Ave., Bldg. A, Ste. 1, Patterson Mon: 8:00 a.m. – 8:00 p.m. & Tue – Fri: 8:00 a.m. – 5:00 p.m. Provides primary care services for families. Accepts major insurances including Health Net Medi-Cal and Medicare. Accepting new patients. <a href="http://www.wahidmedical.com">www.wahidmedical.com</a>	892-1300
<b>STANISLAUS COUNTY CLINICS – HEALTH SERVICES AGENCY</b> All clinics accept Medi-Cal and can serve uninsured on a sliding scale fee. Mon – Fri: 8:00 a.m. – 5:00 p.m. except Urgent Care, and the teen clinic.	558-7000
<b>Ceres</b> <b>Ceres Medical Office</b> 3109 Whitmore Ave., Ceres	541-2929
<b>Hughson</b> <b>Hughson Medical Office</b> 2412 3 <sup>rd</sup> St., Hughson	558-7250
<b>Modesto</b> <b>Family and Pediatric Health Center</b> 830 Scenic Dr., Ste. A, Modesto	558-8400
<b>McHenry Medical Office</b> 1209 Woodrow Ave., Ste. B-10, Modesto	558-5312
<b>Paradise Medical Office</b> 401 Paradise Rd., Ste. E, Modesto	558-4000
<b>Teen Clinic</b> <a href="http://www.teensource.org">www.teensource.org</a> 1209 Woodrow Ave., Ste. B-10, Modesto      Thu: 3:00 p.m. – 7:00 p.m. Confidential reproductive services and peer counseling.	558-7212
<b>Urgent Care, Paradise Medical Office</b> 401 Paradise Rd., Modesto Mon – Fri: 5:30 p.m. – 9:30 p.m.    Sat – Sun: 10:00 a.m. – 6:00 p.m.	558-7000
<b>Physical Rehabilitation Services</b> 1524 McHenry Ave., Ste. 330, Modesto	558-7085
<b>Specialty Clinics</b> 1524 McHenry Ave., Ste. 300, Modesto	558-7036

**Turlock****Turlock Medical Office**

800 Delbon Ave., Ste. A, Turlock

664-8000

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**MENTAL HEALTH & SUBSTANCE USE DISORDER**

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**Access Line, BHRS**

888-376-6246

Access to mental health assessments, intake, and referral to treatment for Medi-Cal recipients. Mon – Fri: 8:15 a.m. – 4:30 p.m.

**Aspiranet**

668-6121

420 E. Canal St., Turlock

Behavioral health services for children, adolescents, youth, and families.

**Bentley Health Center**

442-6200

12619 Bentley St., Waterford

Provides mental health and substance abuse services for individuals and families.

Most insurances accepted, including Medi-Cal. Offers a sliding fee scale for individuals without insurance.

Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.

**CERT Team, BHRS**

558-4600

Emergency psychiatric services 24/7 including psychiatric evaluations.

**Center for Human Services**

526-1440

2000 W. Briggsmore Ave., Ste. I, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.

526-1476

Child, family and adult counseling, group support for anger management, and childhood depression. Services offered based on income and ability to pay.

Medi-Cal accepted. [www.centerforhumanservices.org](http://www.centerforhumanservices.org)

**Ceres Partnership**

541-0101

1317 Grandview Ave., Ceres Mon – Fri: 8:00 a.m. – 5:00 p.m.

Family resource center has available mental health services for children, families, and adults. Accepts Medi-Cal.

**Community Impact Central Valley**

572-2437

817 10<sup>th</sup> St., Modesto Mon – Fri: 9:00 a.m. – 4:00 p.m.

HIV education and support groups in English and Spanish, assessment and counseling for individuals diagnosed with HIV. [www.communityimpactcv.org](http://www.communityimpactcv.org)



<b>Corner of Hope Clinic</b> 1130 6 <sup>th</sup> St., Modesto Specializes in outreach and services for homeless individuals and families who are insured with Medi-Cal or uninsured. Services include family practice, health education, mental health services, and medications. These services are provided regardless of their ability to pay.	866-682-4842
<b>Doctors Behavioral Health Center</b> 1501 Claus Rd., Modesto Visiting Hours: Mon – Sun: 6:00 p.m. – 8:00 p.m. Behavioral health hospital open 24 hours. Provides hospitalizations and treatment for individuals 18 years and older experiencing a psychiatric crisis.	557-6300
<b>Empowerment Center, Turning Point Community Programs</b> 1001 Needham St., Modesto Mon – Fri: 7:30 a.m. – 3:00 p.m. Must be 18 years of age or older, resident of Stanislaus County, and have a diagnosed mental illness or be the family member of someone with a mental illness.	544-1913
<b>Family Partnership Center</b> 421 E. Morris Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Provides mental health counseling for children and their caregivers experiencing emotional, behavioral, learning, social, and educational challenges. No charge for services.	558-8550
<b>First Step Program – Perinatal Services</b> 1700 McHenry Village, Ste. 16, Modesto A drug and alcohol treatment program for pregnant, postpartum, and parenting women and their children 0 – 5 yrs. of age. Assists and supports women to recover from addictions to improve their health and their family’s well-being.	527-3270
<b>Golden Valley Health Centers – Behavioral Health Services</b> Provides individual and group therapy for adults and children, psychiatric care, and case management in the following locations. Call appointment line. <ul style="list-style-type: none"> <li>• <b>Florida North:</b> 1540 Florida Ave., Modesto</li> <li>• <b>Women’s Health:</b> 1500 Florida Ave., Modesto</li> <li>• <b>Hanshaw Office:</b> 1717 Las Vegas St., Modesto</li> <li>• <b>Robertson Road:</b> 1121 Hammond St., Modesto</li> <li>• <b>West Modesto:</b> 1114 6th St., Modesto</li> <li>• <b>Patterson Clinic:</b> 200 C St., Patterson</li> </ul>	866-682-4842

<b>Josie's Place, BHRS</b> 1208 9 <sup>th</sup> St., Modesto Mental health services and drop-in center for youth 18 – 25 years of age with mental health and substance abuse disorders. Services include peer support, support groups for LGBTQ youth, field trips, and life skills education.	558-4464
<b>Las Palmas Health Center</b> 1010 W. Las Palmas Ave., Patterson Mon & Wed: 9:00 a.m. – 6:00 p.m. and Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m. Provides mental health and substance abuse services for individuals and families. Most insurances accepted, including Medi-Cal. Offers a sliding fee scale for individuals without insurance.	837-3990
<b>Leaps and Bounds, BHRS</b> 4640 Spyres Way, Ste. 7, Modesto      Mon – Fri: 8:00 a.m. – 5:00 p.m. Counseling program for children 0 – 5 years of age and their parents. Parent/child therapy, play therapy, education on child development, and assistance accessing mental health services.	558-4595
<b>Mental Health Prevention and Early Intervention, BHRS</b> 800 Scenic Dr., Modesto Mental health prevention programs and services for Stanislaus County residents including community programs, brief counseling, student mental health, mental health stigma reduction education, and suicide prevention.	525-5315
<b>Mental Health Warm Line, BHRS</b> Mental health peer support over the phone.	558-4600
<b>Modesto Recovery Services, BHRS</b> 500 N. 9 <sup>th</sup> St., Ste. A, Modesto Mental health assessment, treatment, and wellness services including psychiatric medications, case management, and referrals to wellness services and substance use disorder services and supports.	558-4598
<b>Parents United</b> Mental health services and support groups for victims of child sexual assault and sex offenders. Medi-Cal plans and private insurance accepted.	524-4858
<b>Patterson Family Resource Center</b> 821 F St., Patterson      Mon – Fri: 8:00 a.m. – 5:00 p.m. Mental health services for children, families, and adults. Other mental health services include support groups for anger management, depression, recovery from Substance Use Disorder (SUD), and referrals to higher system of mental health care. Medi-Cal and sliding scale fees accepted.	690-3100

**Project Hope (Area Agency on Aging)** 558-8698  
Brief counseling home visitation program for seniors at risk of depression. Free mental health counseling and support for elders.

**RAIZ Mental Health Prevention Promotores Program** 525-5315  
800 Scenic Dr., Modesto  
Mental health education, skill building through community support groups, and social connections for Spanish speaking Stanislaus residents at risk of developing a mental health condition. Program is provided in partnership with non-profit family resource centers in 12 areas of the county. Call for details.

**Sierra Vista Child and Family Services** 523-4573  
100 Poplar Ave., Modesto  
Offers different programs in the community for individuals of all ages dealing with mental health illness, child abuse, or substance abuse.

**Substance Use Education and Prevention Services, BHRS** 525-5315  
800 Scenic Dr., Modesto  
Education on alcohol and other drugs, substance use prevention education, students and athletes substance use prevention programs, and support groups for individuals in treatment/recovery.

**Telecare** 341-1824  
500 North 9<sup>th</sup> St., Ste. B, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m.  
Provides mental health services for individuals in Stanislaus County who have a severe mental illness and are high risk. Services available for uninsured, Medi-Cal, and Medicare.

**Turlock Recovery Center** 664-8044  
2101 Geer Rd., Ste. 120, Turlock  
Mental health assessment, treatment, and wellness services including psychiatric medications, case management, referrals to wellness services, and substance use disorder services and supports.

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## NURSING HOME/BOARD & CARE INFORMATION

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**California Senior Information and Assistance Program** 800-510-2020  
Assesses the needs of seniors and links elders to local services. Message 558-8698

**Stanislaus Long Term Care Ombudsman Program** 529-3784  
2351 Tenaya Dr., Ste. D, Modesto  
Advocates for the rights and quality care of residents at skilled nursing facilities, residential care facilities for the elderly, and those who attend adult day health care programs.

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## OPTOMETRISTS

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### MEDI-CAL ACCEPTING OFFICES

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#### Ceres

**Wing, Gerald & Associates** 537-8971  
1901 Mitchell Rd., Ste. C, Ceres  
Provides optometric services for individuals 5 – 20 years with Medi-Cal.

#### Modesto

**Central Valley Eye Medical Group** 952-3700  
1421 Oakdale Rd., Modesto  
Provides eye exams and other optometric services for all ages with Medi-Cal and private insurance.

**Cushing, Gary O.D.**

2911 E. Hatch Rd., Modesto  
Serves individuals ages 4 yrs. and older. Accepts Medi-Cal, private insurance, and fee for services. English/Spanish 537-2359

**Elliott, Brian, E. O.D.**

3601 Coffee Rd., Modesto  
Serving individuals ages 6 months and older. Accepts Medi-Cal, private insurance, and fee for services. English/Spanish 521-1028

**Harder, Mark O.D.**

1150 W. Orangeburg Ave., Modesto  
Serving minors up to 21 years with Medi-Cal. Not serving adults with Medi-Cal. All ages with private insurance. 526-9883

**Kramer, Eric I. O.D.**

1208 Floyd Ave., Ste. C9, Modesto  
Provides optometric services to individuals 1 year and older with Medi-Cal. 521-7771

**Modesto Optometric** 521-1028  
3601 Coffee Rd., Modesto  
Serving children 1 – 18 yrs. with Medi-Cal. Private insurance serving all ages.

**Portillo, Richard O.D.** 578-4885  
1624 I St., Modesto  
Provides optometric services to individuals 5 years and older with Medi-Cal.  
Accepting new patients and private insurance.

**Stanislaus Vision Associates** 524-4626  
1700 McHenry Ave., Ste. 77, Modesto  
Services individuals 5 yrs. and older (younger if vision problems).  
Accepts Straight Medi-Cal (No HN or HPSJ), private insurance, and  
fee for services. Spanish/Portuguese/English

**Sylvan Eye Associates** 575-2020  
1011 Sylvan Ave., Ste. A, Modesto  
Optometric services for individuals ages 5 yrs. and older. Accepts Medi-Cal,  
private insurance, and fee for services. English/Spanish

**Vision Faire Optometry** 545-3937  
4213 Dale Rd., Ste. A-2, Modesto  
Services for individuals ages 5 yrs. and older. Accepts Medi-Cal, private  
insurance, and fee for services. English/Spanish

**Wilson, Barney O.D.** 524-7870  
1317 Oakdale Rd., Ste. 620, Modesto  
Provide optometric services for all ages. Accepts Medi-Cal and private  
insurance.

## **Oakdale**

**Family Vision Care** 847-3051  
141 N. California Ave., Oakdale  
Provides optometric services for individuals of all ages. Accepts Medi-Cal and  
private insurance.

**Mihok, Tom F. O.D.** 847-3051  
141 California Ave., Oakdale  
Optometric services for all ages. Accepts Medi-Cal and private insurance.  
Services in English and Spanish.

**Oakdale Vision Optometry** 847-0936  
805 W. F St., Oakdale  
Serves individuals 5 yrs. and older. Services in English and Spanish.

**Patterson****Chin, Freda O.D.**

892-2161

46 S. Del Puerto Ave., Ste. A, Patterson

Services for individuals 21 years and younger. Services to adults limited to eye exams only. Accepts Medi-Cal and private insurance.

Medi-Cal does not cover glasses. Services in English and Spanish.

**Riverbank****Riverbank Optometric Vision Center**

869-3300

6331 Jackson Ave., Riverbank

Optometric services for children up to 18 years of age. Accepts Medi-Cal and private insurance. Services in English and Spanish.

**San Joaquin County****Escalon Optometry**

838-7263

1555 Viking Ave., Escalon

Provides eye exam and other services for all ages. Accepts Medi-Cal and private insurance.

**Turlock****Johns, Robert O.D.**

667-6031

1001 Colorado Ave., Turlock

Services provided for individuals of all ages. Accepts Medi-Cal and private insurance. If Spanish speaking, please bring interpreter with you.

**Plett Family Optometry**

667-6032

100 Colorado Ave., Turlock

Services provided for individuals of all ages. Accepts Medi-Cal and private insurance.

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**PARENTING**

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**Airport Parent Resource Center**[www.prcfamilies.org](http://www.prcfamilies.org)

549-8822

530 S. Santa Cruz Ave., Modesto

Support and parenting classes for families under stress, peer support groups for pregnant and new mothers, and health and safety classes for families with children 0 – 5 years.

**Bridge Community Center**

571-8430

605 Chicago Ave., Modesto

Parenting classes and support for Hmong, Cambodian, and Laotian families.

<b>Center for Human Services</b> 2000 W. Briggsmore Ave., Ste. I, Modesto Mon – Thu: 8:00 a.m. – 8:00 p.m., Fri: 8:00 a.m. – 5:00 p.m. This organization has many parenting classes through its FRCs in Ceres, Oakdale, Newman, and Patterson. Parenting courses for pregnant women, parents, and youth. Call for more details. <a href="http://www.centerforhumanservices.org">www.centerforhumanservices.org</a>	526-1476
<b>Ceres Partnership</b> 1317 Grandview Ave., Ceres Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs.	541-0101
<b>Newman Family Resource Center</b> 1300 Patchett Dr., Newman Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs.	862-0295
<b>Oakdale Family Resource Center</b> 631 W. F St., Oakdale                      Mon – Fri: 8:00 a.m. – 5:00 p.m. Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs.	847-0420
<b>Patterson Family Resource Center</b> 821 F St., Patterson                      Mon – Fri: 8:00 a.m. – 5:00 p.m. Parenting classes in English and Spanish for families with children 0 – 17 yrs.	690-3100
<b>Ceres Healthy Start</b> 2491 Lawrence St., Ceres                      Mon – Fri: 8:00 a.m. – 3:00 p.m. Free support group for parents with children 0 – 5 years of age.	556-1559
<b>Children’s Crisis Center</b> 24-Hour Crisis Line Relief child care and supportive services for families struggling to secure safe child care or for those experiencing hardship. <a href="http://www.childrenscrisiscenter.com">www.childrenscrisiscenter.com</a>	577-4413 577-0138
<b>El Concilio Community Center</b> 1314 H St., Modesto Parenting classes and services for families with children 0 – 5 yrs.	523-2860
<b>Emanuel Medical Center</b> 825 Delbon Ave., East Wing, Turlock                      Mon – Fri: 7:00 a.m. – 3:30 p.m. Provides childbirth prep classes. Free for pregnant women. English: 1 <sup>st</sup> Saturday of the month & Spanish: 2 <sup>nd</sup> Saturday of the month	664-2580

<b>Family Partnership Center</b> 421 E. Morris Ave., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Provides social support and family activities for parents and caregivers of children experiencing mental health challenges. No charge for services.	558-7494
<b>First Step</b> 1700 McHenry Village Way, Ste. 16, Modesto Limited to pregnant or parenting women struggling with substance abuse whose children (0 – 5 years) are enrolled in this drug treatment program. Outpatient services. Services are free. <a href="http://www.centerforhumanservices.org/first-step">www.centerforhumanservices.org/first-step</a>	527-3270
<b>Grayson/Westley Family Resource Center</b> 301 Howard Rd., Westley Parenting classes as well as assistance with Medi-Cal applications, food programs, and social security paperwork. Call and make an appointment.	894-3188
<b>Hanshaw Healthy Start</b> 1725 Las Vegas St., Modesto (at Hanshaw Middle School) Parent support groups offered in English & Spanish. Services are free.	574-1794 ext. 5
<b>Hughson Family Resource Center</b> 6940 Hughson Ave., Hughson Mon – Fri: 8:00 a.m. – 5:00 p.m. Parenting classes and support groups. Services are free.	883-2027
<b>M.O.M.s</b> 1301 12 <sup>th</sup> St., Cross Point Community Church, Modesto Moms club for moms-to-be and up. Meets 1 <sup>st</sup> and 3 <sup>rd</sup> Thu: 9:15 a.m. – 11:30 a.m.	521-0181
<b>North Modesto/Salida Family Resource Center</b> 2020 Standiford Ave., Ste. C-1, Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m. Parenting classes in English and Spanish for pregnant and parenting mothers, families, and fathers. Free for families with children 0 – 5 yrs.	338-0279
<b>Oakdale Family Support Network</b> 1405 W. F St., Ste. A, Oakdale Parenting classes and resources for families and children in English and Spanish including car seat safety, mental health prevention, healthy pregnancy, and nutrition. Call to get calendar of activities. <a href="http://www.oakvalleycares.org">www.oakvalleycares.org</a>	847-5121 ext. 10
<b>Orville Wright Healthy Start</b> 801 Empire Ave., Modesto Parenting classes, ESL, and GED classes free to families. Services in English and Spanish. Call for schedule of classes.	569-2952



<b>Parent Resource Center</b> 811 5 <sup>th</sup> St., Modesto In-home support for families under stress, parenting/peer support groups, and classes for families with children 0 – 5 years.	<a href="http://www.prcfamilies.org">www.prcfamilies.org</a>	549-8193
<b>Sierra Vista Drop-In Center</b> 908 Sierra Dr., Modesto Provides parenting classes such as financial literacy, educational supports for parents, technology literacy, and peer support groups for families with children 0-5 years.		492-9785
<b>Sierra Vista Child and Family Services</b> Provides parenting for families with children who have mental health/behavioral problems. Parenting classes and counseling for mental health issues.	<a href="http://www.sierravistacares.org">www.sierravistacares.org</a>	523-4573
<ul style="list-style-type: none"> <li>▪ <b>Modesto</b> 1700 McHenry Village Way, Modesto</li> </ul>		550-5879
<ul style="list-style-type: none"> <li>▪ <b>Turlock</b> 2925 Niagra St., Ste. 3, Turlock</li> </ul>		669-6771
<b>Turlock Family Resource Center</b> 2160 Geer Rd., Turlock Parenting classes for families with children 0 – 5 yrs. and pregnant women. Provides referrals to counseling services for Turlock families and support with social and community services.		668-6118
<b>Waterford Family Resource Center</b> 12617 Bentley St., Waterford Parenting classes for families with minor children, including kinder readiness, and youth empowering classes.		874-8450
<b>West Modesto Community Collaborative</b> 601 S. Martin Luther King Dr., Modesto Parenting classes for families with children 0 – 5 yrs. and pregnant women. Provides counseling services to families and support with social and community services.		522-6902
<b>WIC Program</b> 251 E. Hackett Rd., Modesto Classes for parents about breastfeeding and infant and toddler nutrition, food safety, and other nutritional problems impacting pregnant and lactating mothers.		558-7377

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## PET SERVICES

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**SPCA of Stanislaus** 575-2918

4733 Yosemite Blvd., Modesto

Pet adoptions are scheduled by appointment only.

**Stanislaus County Department of Animal Services** 558-7387

3647 Cornucopia Way, Modesto

Mon – Fri: 9:00 a.m. – 5:00 p.m. & Sat: 8:00 a.m. – 5:00 p.m.

License for dog/cat altered: \$12.00. Unaltered for 1 year: \$150. Rabies vaccination \$6.00 with purchase of license. Seniors receive a 50% discount.

[www.stancounty.com/animalservices](http://www.stancounty.com/animalservices)

**Turlock Animal Emergency Services** 668-1200

Call for emergencies regarding aggressive, sick, or injured animals.

**Turlock Animal Services – Shelter** 656-3140

Provides education, protection, and humane treatment of animals.

Shelter opens Mon – Sat: 10:00 a.m. – 2:00 p.m.

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## PUBLIC HEALTH SERVICES

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**California Children’s Services** 558-7515

Case management and other supportive services for children and minors up to age 21 with eligible chronic conditions. Call to find out eligible chronic conditions.

Mon – Fri: 8:00 a.m. – 5:00 p.m.

**COMMUNICABLE DISEASE REPORTING SERVICES**

A communicable disease is an infectious disease transmissible by direct contact with an affected person by air or through the exchange of body fluids, or indirect contact by a vector such as the bite of a mosquito.

- Fax line to report communicable diseases 558-7531
- Phone line to report communicable diseases 558-5678
- Services for tuberculosis, sexually transmitted diseases, hepatitis, and other contagious diseases. Provides testing, treatment, case management, and epidemiological investigations. 558-7700

**HIV/STD Program** 558-7700

Sexually Transmitted Diseases (STD) testing and counseling, family planning services, partner services and referrals, rapid HIV testing, and other HIV/AIDS services such as care supportive services program which includes case management, health education, and medical management within the HSA clinic system and the AIDS Drug Assistance Program (ADAP) for HIV medications.

**HIV Testing (Anonymous) Hours:** Mon – Thu: 2:00 p.m. – 4:00 p.m.

**STD Clinic Hours:** Mon: 1:00 p.m. – 5:00 p.m. & Thu: 1:00 p.m. – 7:00 p.m.

**Immunization Program** 558-7700

Adult and childhood immunizations available by walk-in or appointment.

Walk-in days/times: Tue: 10:00 a.m. – 4:00 p.m. & Thu: 12:00 p.m. – 6:00 p.m.

Appointments: Wed: 8:00 a.m. – 4:00 p.m. & Fri: 8:00 a.m. – 4:00 p.m.

**Public Health Clinic** 558-7075

820 Scenic Dr., Modesto

**Refugee Health Program** 558-5676

Newly arriving refugees and asylees within Stanislaus County are eligible for a comprehensive health assessment free of cost for the first 90 days after their arrival. After 90 days, refugees are referred to a primary health care provider for identified health problems.

**Travel Immunization Clinic** 558-7700

By appointment only. Each vaccine has a fee. Mon: 8:00 a.m. – 4:00 p.m.,

Tue: 4:00 p.m. – 6:00 p.m. & Thu: 10:00 a.m. – 12:00 p.m.

**Tuberculosis (TB) Clinic** 558-7700

Skin testing, treatment, and consultation services by appointment only.

Fee for treatment and testing. Mon – Fri: 8:30 a.m. – 4:30 p.m.

**Vital Records** 558-8070

Registers Stanislaus County births and deaths. Issue permits for disposition of human remains (current & previous year).

**Note:** If the birth or death certificate is older than 1 year, please go to the Stanislaus County Clerk Recorder's Office (525-5250)

## CASE MANAGEMENT SERVICES

<b>Adolescent Family Life Program (AFLP)</b> Services to pregnant and/or parenting teens under age 18.	558-7400
<b>Cal-Learn Program</b> Services for pregnant and/or parenting teens under age 20 who are receiving StanWORKS/TANF and have not graduated from high school/GED.	558-7400
<b>Child Health &amp; Disability Prevention (CHDP) Program</b> Provides health check-ups to children enrolled in Medi-Cal and children that are income-eligible from birth to 21 years of age. This program also helps families find a doctor or dentist if they don't have one. CHDP also has the Gateway process which provides access to medical services for uninsured children.	558-8860
<b>Childhood Lead Poisoning Prevention Program</b> Provides targeted services to children with lead poisoning, conducts outreach education to high risk populations, and serves as a community resource for preventing childhood lead poisoning.	558-7400
<b>Healthy Birth Outcomes (HBO)</b> Provides services to high risk pregnant women before 28 weeks in pregnancy and up to their child's first birthday. Provides prenatal, parenting, child health education, and community resources.	558-7400
<b>High Risk Maternal Child Health Program</b> Provides in-home services to pregnant women, infants, and children with serious health problems, parenting and child care education, home evaluations, and referrals to appropriate resources.	558-7400
<b>Keep Baby Safe (KBS) Program</b> Child car seat education free to the public. Low cost car seats available to low income participants who attend a class.	558-7400
<b>Maternal Child Adolescent Health (MCAH)</b> Outreach, education, and referrals to women of childbearing age that are at risk for inadequate prenatal care and/or poor birth outcomes.	558-7400
<b>Nurse Family Partnership (NFP)</b> A comprehensive program for first time pregnant women up to 29 weeks in their pregnancy. A team of public health nurses will assist new moms from pregnancy until the child is 24 months old.	558-7400

<b>Perinatal Services Coordination (PSC)</b>	558-7400
Asses, plans, and implements activities that promote and improve quality prenatal care in Stanislaus County. Also, it assists prenatal providers to implement the Comprehensive Perinatal Services Program (CPSP).	

<b>Prenatal Care Guidance (PCG)</b>	By Telephone	558-7400
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## RECREATION

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<b>City of Ceres Recreation</b>	538-5628
2701 4 <sup>th</sup> St., Ceres	
Call or go online for details and information about family activities.	
<a href="http://www.ci.ceres.ca.us/235/Recreation">www.ci.ceres.ca.us/235/Recreation</a>	

<b>Hughson Parks &amp; Recreation</b>	883-0811
7018 Pine St., Hughson	
<a href="http://www.hughson.org">www.hughson.org</a>	

<b>Modesto Parks, Recreation &amp; Neighborhoods</b>		
1010 10 <sup>th</sup> St., Ste. 4400, Modesto	Mon – Fri: 8:30 a.m. – 4:30 p.m.	577-5344
Call or go online for information about activities, events, and reservations.		
<a href="http://www.modestogov.com/481/parks-recreation-neighborhood">www.modestogov.com/481/parks-recreation-neighborhood</a>		

<b>Newman Recreation Department</b>		862-4440
831 Hardin Rd., P.O. Box 787, Newman	Mon – Fri: 2:30 p.m. – 6:00 p.m.	
Call or go online for information about community events, and facilities.		
<a href="http://www.cityofnewman.com/contact-us/recreation-department.html">www.cityofnewman.com/contact-us/recreation-department.html</a>		

<b>Oakdale Facilities &amp; Recreation Services</b>		845-3571
280 N. 3 <sup>rd</sup> Ave., Oakdale	Mon – Fri: 8:00 a.m. – 5:00 p.m.	
Call or go online for information about activities, community events, and rentals.		
<a href="http://www.oakdalegov.com/recreation">www.oakdalegov.com/recreation</a>		

<b>Patterson Recreation and Community Services</b>		895-8080
1033 W. Las Palmas Ave., Patterson	Mon – Fri: 8:00 a.m. – 6:00 p.m.	
Call or go online for information about activities.		
<a href="http://www.ci.patterson.ca.us/218/Recreation-Community-Services">www.ci.patterson.ca.us/218/Recreation-Community-Services</a>		

<b>Riverbank Parks &amp; Recreation</b>		863-7150
6707 3 <sup>rd</sup> St., Riverbank	Mon – Fri: 7:30 a.m. – 5:30 p.m.	
Call or go online for information about parks, recreation, programs, and events.		
<a href="http://www.riverbank.org/185/Parks-Recreation">www.riverbank.org/185/Parks-Recreation</a>		

**Stanislaus County Parks and Recreation** 525-6750

3800 Cornucopia Way, Ste. C, Modesto Mon – Fri: 7:30 a.m. – 5:00 p.m.  
Call or go online for information about parks and facilities, events, and activities  
in Denair, Empire, Grayson, Keyes, La Grange, Salida, and other county areas.  
[www.stancounty.com/parks](http://www.stancounty.com/parks)

**Turlock Recreation Services** 668-5594

144 S. Broadway St., Turlock Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Call or go online for information about activities, events, and park reservations.  
[www.ci.turlock.ca.us/recreation](http://www.ci.turlock.ca.us/recreation)

**Waterford Parks & Recreation** 874-2328

101 E St., Waterford  
Mon – Fri: 8:00 a.m. – 5:30 p.m. & Fri: 8:00 a.m. – 5:00 p.m.  
Call or go online for more information. [www.cityofwaterford.org](http://www.cityofwaterford.org)

**STANISLAUS COUNTY PUBLIC LIBRARIES**

[www.stanislauslibrary.org](http://www.stanislauslibrary.org)

**Ceres Public Library** 537-8938

2250 Magnolia St., Ceres  
Mon: 10:00 a.m. – 8:00 p.m., Tue – Thu: 10:00 a.m. – 6:00 p.m.,  
& Fri – Sat: 10:00 a.m. – 5:00 p.m.

**Denair Public Library** 634-1283

4801 Kersey Rd., Denair  
Tue – Thu: 12:00 p.m. – 6:00 p.m. & Fri – Sat: 11:00 a.m. – 5:00 p.m.

**Empire Public Library** 524-5505

18 S. Abbie St., Empire  
Tue – Thu: 12:00 p.m. – 6:00 p.m. & Fri – Sat: 11:00 a.m. – 5:00 p.m.

**Hughson Public Library** 883-2293

2412 3<sup>rd</sup> St., Ste. A, Hughson  
Tue – Thu: 12:00 p.m. – 6:00 p.m. & Fri – Sat: 11:00 a.m. – 5:00 p.m.

**Keyes Public Library** 664-8006

4420 Maud Ave., Keyes  
Mon – Wed: 9:00 a.m. – 5:30 p.m., Thu: 9:00 a.m. – 7:30 p.m.,  
& Fri: 9:00 a.m. – 5:00 p.m.

<b>Modesto Public Library</b> (Main County Library) 1500 I St., Modesto Mon – Thu: 10:00 a.m. – 8:00 p.m. & Fri – Sat: 10:00 a.m. – 5:00 p.m.	558-7800
<b>Newman Public Library</b> 1305 Kern St., Newman Tue: 12:00 p.m. – 8:00 p.m. & Wed – Sat: 10:00 a.m. – 5:00 p.m.	862-2010
<b>Oakdale Public Library</b> 151 S. 1 <sup>st</sup> Ave., Oakdale Mon & Wed: 10:00 a.m. – 6:00 a.m., Tue & Thu: 10:00 a.m. – 8:00 p.m., & Fri – Sat: 10:00 a.m. – 5:00 p.m.	847-4204
<b>Patterson Public Library</b> 46 N. Salado Ave., Patterson Mon – Tue: 10:00 a.m. – 6:00 p.m., Wed: 10:00 a.m. – 8:00 p.m., Thu – Fri: 10:00 a.m. – 5:00 p.m., & Sat: 12:00 p.m. – 5:00 p.m.	892-6473
<b>Riverbank Public Library</b> 3442 Santa Fe St., Riverbank Mon & Fri: 10:00 a.m. – 5:00 p.m., Wed: 10:00 a.m. – 8:00 p.m., Tue & Thu: 10:00 a.m. – 6:00 p.m., & Sat: 12:00 p.m. – 5:00 p.m.	869-7008
<b>Salida Public Library</b> 4835 Sisk Rd., Salida Mon – Tue: 10:00 a.m. – 8:00 p.m., Wed – Thu: 10:00 a.m. – 6:00 p.m., & Fri – Sat: 10:00 a.m. – 5:00 p.m.	543-7315
<b>Turlock Public Library</b> 550 Minaret Ave., Turlock Mon – Wed: 10:00 a.m. – 8:00 p.m. & Thu – Sat: 10:00 a.m. – 5:00 p.m.	664-8100
<b>Waterford Public Library</b> 324 E St., Waterford Mon – Tue: 10:00 a.m. – 6:00 p.m., Wed: 10:00 a.m. – 8:00 p.m., Thu – Fri: 10:00 a.m. – 5:00 p.m., & Sat: 12:00 p.m. – 5:00 p.m.	874-2191
<b>Public Library Home Delivery Service</b> Provides free library services for individuals who are of advanced age, have a disabling illness, or a physical/mental disability. Program run by volunteers.	558-7817

**Salvation Army/Red Shield Center** 538-7111  
1649 Las Vegas St., Modesto  
Mon – Fri: 8:00 a.m. – 6:30 p.m. & Sat: 12:00 p.m. – 5:00 p.m. (summer only)  
[www.redshieldmodesto.org](http://www.redshieldmodesto.org)

**Stanislaus County Police Activity League (PAL)** 529-9121  
1325 Beverly Dr., Modesto Mon – Fri: 8:00 a.m. – 5:00 p.m.  
Sports and park and after school programs for children. Free programs available.  
[www.stancopal.org](http://www.stancopal.org)

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## SENIOR CITIZENS SPECIAL SERVICES

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**AARP – California** [www.aarp.org/states](http://www.aarp.org/states) 866-448-3614  
Mon – Fri: 9:00 a.m. – 5:00 p.m.

**Adult Protective Services (APS)** 24-Hour Reporting Line 800-336-4316  
Adult Services Intake 558-2637

**Alert Medical Response** 634-5555  
301 S. Soderquist Rd., Turlock  
Serves elders with a medical alert system to help in an emergency or as a response to a fall. Phone line: Mon – Fri: 9:00 a.m. – 4:00 p.m.

**Apex Care** [www.apexcare.com](http://www.apexcare.com) 525-9111  
2125 Wylie Dr., Ste. 5, Modesto  
In-home care and home referral services.

**Area Agency on Aging** 558-8698  
3500 Coffee Rd., Ste. 19, Modesto Mon – Fri: 8:00 a.m. – 4:30 p.m.  
Provides seniors with information about benefits, insurance, programs, and other assistance available. [www.agingservices.info](http://www.agingservices.info)

**Elder Care Locator** [www.eldercare.gov](http://www.eldercare.gov) 800-677-1116  
A public service of the U.S. Administration on Aging connecting elders to services for them and their families.

**In-Home Supportive Services (IHSS)** 558-2637  
251 E. Hackett Rd., Modesto  
Provides in-home services for adults who have disabilities or are aging. Income requirements may apply.



<b>Project Hope (Area Agency on Aging)</b> Free mental health counseling and support for elders. Program encourages active and rewarding lives for seniors. It supports the learning of skills to manage unpleasant feelings and to improve quality of life.	558-8698
<b>Response Link</b>	800-894-1428
<b>SEAPA (Stanislaus Elder Abuse Prevention Alliance)</b> 2351 Tenaya Dr., Ste. D, Modesto Multi-agency elder abuse prevention alliance. Mon – Fri: 8:30 a.m. – 4:30 p.m.	529-3784
<b>Society for the Blind – Senior Impact Project</b> 1238 S St., Sacramento In-Home training on living skills for seniors experiencing vision loss. Mon – Fri: 8:00 a.m. – 5:00 p.m.	916-452-8271

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## TESTING

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<b>HIV Testing</b> 820 Scenic Dr., Modesto Call for locations and testing schedules. Testing available in Modesto and Turlock.	558-7700 Press #3
<b>Lead Poisoning Testing</b> 820 Scenic Dr., Modesto	558-7700 Press #4
<b>Paternity Testing (DNA Diagnostics Center)</b> Information, consultation, and testing. Mon – Fri: 6:00 a.m. – 3:00 p.m.	800-362-2368

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## PREGNANCY TESTING

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<b>Modesto Pregnancy Center</b> 2801 Coffee Rd., Ste. A5, Modesto. Mon, Wed, Thu: 9:30 a.m. – 5:00 p.m., Tue: 8:00 a.m. – 5:00 p.m., & Fri: 9:30 a.m. – 2:00 p.m. Free pregnancy testing. <a href="http://www.pregnancycenter.com">www.pregnancycenter.com</a>	526-1734
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**THE PLACES BELOW ACCEPT ONE OR MORE OF THE FOLLOWING PAYMENT OPTIONS:**

CASH, MEDI-CAL, FEE BASED ON INCOME, FAMILY PACT, OR OTHER INSURANCES.

**Bentley Health Center** 442-6200

12619 Bentley St., Waterford

Mon & Wed: 9:00 a.m. – 6:00 p.m. Tue, Thu, & Fri: 8:00 a.m. – 5:00 p.m.

**Cedar Family Practice** 874-2345

12700 Welch St., Waterford

Languages: English/Spanish

**Family Planning Associates Medical Group** 578-0443

2030 Coffee Rd., Ste. A-1, Modesto

877-883-7264

[www.FPAwomenshealth.com](http://www.FPAwomenshealth.com)

**Golden Valley Health Centers:** Appointment Line 866-682-4842

Below are the listings of all Golden Valley Health Centers in Stanislaus County. Please, call the appointment line or go online to contact all clinics and providers. [www.goldenvalleyhealthcenter.org](http://www.goldenvalleyhealthcenter.org)

**Ceres**

- 2760 3<sup>rd</sup> St., Ste. B, Ceres Mon – Fri: 8:00 a.m. – 5:00 p.m.

**Modesto**

- 1500 Florida Ave., Modesto Mon – Fri: 8:00 a.m. – 5:30 p.m.
- 1114 6<sup>th</sup> St., Modesto  
Mon – Fri: 7:30 a.m. – 8:00 p.m. & Sat: 8:00 a.m. – 5:00 p.m.
- 1717 Las Vegas St., Modesto Mon – Fri: 7:30 a.m. – 5:30 p.m.
- 1121 Hammond St., Modesto Mon – Fri: 7:30 a.m. – 5:30 p.m.
- 2101 Tenaya Dr., Modesto Mon – Fri: 7:30 a.m. – 5:30 p.m.
- 1130 6<sup>th</sup> St., Modesto Mon – Fri: 7:30 a.m. – 5:30 p.m.

**Patterson**

- 200 C St., Patterson  
Mon – Fri: 7:30 a.m. – 5:30 p.m. & 1<sup>st</sup> Sat/Mo: 7:30 a.m. – 5:00 p.m.

**Riverbank**

- 4150 Patterson Rd., Riverbank Mon – Fri: 8:00 a.m. – 5:00 p.m.

**Turlock**

- 1141 N. Olive Ave., Turlock Mon – Fri: 8:00 a.m. – 5:00 p.m.
- 1200 W. Main St., West Turlock Mon – Fri: 8:00 a.m. – 5:00 p.m.

**Westley**

- 301 Howard Rd., Westley  
Mon & Fri: 8:00 a.m. – 5:00 p.m. & Tue: 8:00 a.m. – 12:00 p.m.

**Las Palmas Health Center** 837-3990

1010 W. Las Palmas Ave., Patterson  
Mon & Wed: 9:00 a.m. – 6:00 p.m. & Tue, Thu, Fri: 8:00 a.m. – 5:00 p.m.

**Oak Valley Women's Health Center** 848-4180

1420 W. H St., Oakdale

**Pathway Healthcare** [www.pathway-hc.com](http://www.pathway-hc.com) 848-8410

190 S. Oak Ave., Bldg. 2, Ste. 1, Oakdale

**Planned Parenthood Mar Monte** [www.plannedparenthood.org](http://www.plannedparenthood.org) 574-5900

1431 McHenry Ave., Ste. 100, Modesto Walk-in Welcome  
Mon – Fri: 8:15 a.m. – 5:00 p.m.

**Sierra Health Center** 526-5770

1801 Tully Rd., Ste. F1, Modesto Mon – Fri: 8:30 a.m. – 5:30 p.m.

**STANISLAUS COUNTY CLINICS – HEALTH SERVICES AGENCY**

[www.schsa.org](http://www.schsa.org)

**Ceres Medical Office** 541-2929

3109 Whitmore Ave., Ceres

**Family & Pediatric Health Center** 558-8400

830 Scenic Dr., Ste. A, Modesto

**Hughson Medical Office** 558-7250

2412 3<sup>rd</sup> St., Ste. B, Hughson

**McHenry Medical Office** 558-5312

1209 Woodrow Ave., Ste. B-10, Modesto

**Paradise Medical Office** 558-4000

401 Paradise Rd., Ste. E, Modesto

**Public Health Clinic** 558-7700

820 Scenic Dr., Modesto

**Turlock Medical Office** 664-8000

800 Delbon Ave., Ste. A, Turlock

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## TRANSPORTATION

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### **BUSES:**

Schedules and fares change periodically. Please call or go online to verify current fare and route schedules.

### **CART (Community Activities and Rehabilitation Transportation) 238-9436**

Supplemental transit service for individuals with mental health conditions and their families. Purpose is to provide families with greater access to community events and activities such as committee meetings, peer-support groups, and/or employment and training. Call for reservations.

### **CAT (Ceres Area Transit) 527-4991**

Call for hours of operation, fares, and discount programs.

### **MAX (Modesto Area Express) [www.modestoareaexpress.com](http://www.modestoareaexpress.com) 521-1274**

Call for hours of operation and fares. MJC students ride MAX & StaRT free with ID – get your semester activity sticker from the MJC Business Office.  
50% discount for seniors, Medicare card holders, and individuals with disabilities.

### **StaRT (Stanislaus Regional Transit) [www.srt.org](http://www.srt.org) 800-262-1516**

Provides transportation services Monday through Saturday to all cities in the county. Go online or call to get route schedules and fares. MJC students ride MAX & StaRT free with student ID – get your semester activity sticker from the MJC Business Office.

### **StaRT Runabout 800-262-1516**

Reservation needed. It is a flexible route service that arranges curb-to-curb pick-ups for individuals 65+ and/or with disabilities.

- **Eastside Runabout**  
Oakdale to Modesto/Modesto to Oakdale including Riverbank
- **Turlock/Modesto Runabout**  
Modesto to Ceres, Keyes and Turlock, Turlock to Modesto
- **Waterford/Modesto Runabout**  
Waterford to Modesto/Modesto to Waterford including Hughson, and Empire.

### **Turlock Transit [www.turlocktransit.com](http://www.turlocktransit.com) 668-5600**

Seniors 65+, individuals with disabilities, and Medicare card holders have 50% discount.

## **DIAL - A - RIDE SERVICES:**

### **Ceres Dial - A - Ride**

527-4991

Only seniors and persons with disabilities may ride Ceres Dial-A-Ride. A personal care attendant can ride free when accompanying an individual who requires assistance to board, ride, or get off the vehicle. Call for hours and fares.

### **Modesto Dial - A - Ride**

527-4900

Transportation services for individuals with disabilities and seniors only. Americans with Disabilities Act (ADA) riders have priority. ADA certified persons must call before 5:00 p.m. the day before they wish to ride or up to 14 days in advance. NON-ADA disabled 65 +, call at least 2 hours before on the day you wish to ride. Requests are filled based on availability. Call for hours of operation and fares.

### **Newman Dial - A - Ride**

800-262-1516

Call for hours and fares.

### **Patterson Dial - A - Ride**

800-262-1516

Patterson area only. Call for hours and fares.

### **Turlock Dial - A - Ride**

668-5600

Call two hours in advance for services. Priority to seniors and individuals with disabilities. Call for hours of operation and fares.

### **Waterford Dial - A - Ride**

800-262-1516

Call for hours of operation and fares. Service is provided to the general public, seniors, and persons with disabilities. Wheelchair accessible.

## **SPECIAL TRANSPORTATION:**

### **Health Net (Medi-Cal)**

800-675-6110

Transportation provided to all Health Net Medi-Cal members. Must be a medically necessary appointment/visit. Need to schedule 72 hours in advance. Select for English #1 and Spanish #2.

[www.healthnet.com](http://www.healthnet.com)

### **Health Plan of San Joaquin (Medi-Cal)**

888-896-7526

Transportation provided to all Health Plan of San Joaquin Medi-Cal members. Must be a medically necessary appointment/visit. Need to schedule 72 hours in advance. Select/Say Enrollment Dept. – for Spanish press #2.

[www.hpsj.com](http://www.hpsj.com)

**Medi-Van** 800-262-1516  
Transportation to medical appointments to Bay Area medical centers.  
Reservations need to be made 2 weeks in advance. Call for fares, locations,  
and times.  
[www.srt.org/maps-schedules/medivan](http://www.srt.org/maps-schedules/medivan)

**Pro-Transport** 800-840-4255  
Medical transportation to the University of California, San Francisco (UCSF).  
Serves Stanislaus and San Joaquin counties.

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## VOLUNTEERS

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**Community Hospice** 578-6300  
4368 Spyres Way, Modesto  
[www.hospiceheart.org](http://www.hospiceheart.org)

**Foster Grandparent and Senior Companion** 877-855-3472  
702 N. Aurora St., Stockton 955-3351  
[www.volunteermatch.org](http://www.volunteermatch.org)

**Volunteer Center - United Way** 524-1307  
422 McHenry Ave., Modesto  
Directs interested parties to volunteer opportunities.  
Mon – Fri: 8:00 a.m. – 4:30 p.m. Call for appointment, application needed.  
[www.uwaystan.org](http://www.uwaystan.org)

**Volunteer Services - Health Services Agency** 558-7254  
830 Scenic Dr., Bldg. 1, Modesto  
Individuals interested in volunteering within the Health Services Agency. Call for  
appointment and application or go online at [www.hsahealth.org](http://www.hsahealth.org)

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## WEBSITES

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### BEST HEALTH WEBSITES

Courtesy of the **Maino Community Health Library** at Memorial Medical Center

#### Addiction (Drug & Alcohol) Websites

- [www.cviaa.org](http://www.cviaa.org) – AA of Modesto
- [www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov) – Locate drug and alcohol treatment in your city.
- [www.ncwsa.org/d18](http://www.ncwsa.org/d18) – Al-Anon and Alateen
- [www.nicotine-anonymous.org](http://www.nicotine-anonymous.org) – Nicotine Anonymous
- [www.svgna.org](http://www.svgna.org) – Stanislaus Valley Groups of Narcotics Anonymous

#### Addiction (Gambling) Websites

- [www.calproblemgambling.org](http://www.calproblemgambling.org) – California Council On Problem Gambling
- [www.gamblersanonymous.org](http://www.gamblersanonymous.org) – Gamblers Anonymous – Northern California
- [www.ncpgambling.org](http://www.ncpgambling.org) – National Council On Problem Gambling

#### Doctors Website

- [www.ama-assn.org](http://www.ama-assn.org) – American Medical Association. Click on "doctor finder".

#### Drugs (Medications) Website

- [www.medlineplus.gov](http://www.medlineplus.gov) – National Library of Medicine. Click on Drug Information.

#### Drug Interaction Website

- [www.drugdigest.org](http://www.drugdigest.org) – Drug Digest. Click on "Check Interactions" on top bar.
- [www.mohtobaby.org](http://www.mohtobaby.org) – Provides information about medications and other exposures during pregnancy and while breastfeeding that may be safe or unsafe for babies.

#### Drugs (Free or Low Cost) Websites

- [www.pparx.org](http://www.pparx.org) – Partnership for Prescription Assistance. This is a single point of access to public and private patient assistance programs.
- [www.rxassist.org](http://www.rxassist.org) – Free or low cost drugs.

#### General Health Websites

- [www.emedicinehealth.com](http://www.emedicinehealth.com) – E-medicine's consumer health site. Very helpful articles.
- [www.everydayhealth.com](http://www.everydayhealth.com) – Disease Education Networks. Interactive web broadcasts.
- [www.mayoclinic.org](http://www.mayoclinic.org) – Directed by a team of Mayo Clinic physicians.
- [www.medlineplus.gov](http://www.medlineplus.gov) – Information selected by Health Sciences Librarians and the National Library of Medicine.
- [www.nih.gov](http://www.nih.gov) – A listing of the 27 National Institutes of Health.

- [www.pubmed.gov](http://www.pubmed.gov) – Medline database from the National Library of Medicine.

### **Infants, Toddlers, and Adolescents Websites**

- [www.infantrisk.com](http://www.infantrisk.com) – Medications used during pregnancy and breastfeeding.
- [www.kidshealth.org](http://www.kidshealth.org) – Health information for parents, kids, and teens. Spanish/English.
- [www.usa.gov/child-care](http://www.usa.gov/child-care) - Help for children living with grandparents and other relatives including financial assistance, childcare, and other community benefits.

### **Medicare in California Website**

- [www.cahealthadvocates.org](http://www.cahealthadvocates.org) – California Health Advocates and HICAP. Accurate, unbiased information about Medicare in California.

### **Mental Health Websites**

- [www.eachmindmatters.org](http://www.eachmindmatters.org) – California Mental Health Movement. Spanish/English.
- [www.mentalhealth.gov](http://www.mentalhealth.gov) – A U.S. Department of Health & Human Services Website.
- [www.nostigmas.org](http://www.nostigmas.org) – A project to end stigma against mental health.
- [www.suicideispreventable.org](http://www.suicideispreventable.org) – Suicide prevention website. Spanish/English.
- [www.understood.org](http://www.understood.org) – Information, resources, and tools to help parents understand children who have learning and attention difficulties.

### **Nursing Home Quality Website**

- [www.calqualitycare.org](http://www.calqualitycare.org) – California Health Care Foundation in Oakland. Great site if you're looking for nursing homes and other options. New additions are Home Health Care and Hospice ratings.

### **Organizations and Support Group Websites**

- [www.friendsaregoodmedicine.com](http://www.friendsaregoodmedicine.com) – Information and assistance source to community support groups. Leadership training, consultation and assistance to groups, and information sheets on topics of interest to self-helpers.
- [www.lalecheleague.org](http://www.lalecheleague.org) – Breastfeeding education and community support
- [www.nlm.nih.gov](http://www.nlm.nih.gov) – National Library of Medicine mega site for organizations. Over 300 health hotlines.

### **Videos Online**

- [www.medbroadcast.com](http://www.medbroadcast.com) – Video clips and motion graphics
- [www.marchofdimes.org](http://www.marchofdimes.org) – Short health video clips about pregnancy and infant health.



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## HOW TO APPLY FOR MEDI-CAL

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Medi-Cal is health coverage for Californians who meet income and eligibility requirements. It provides access to a comprehensive set of benefits known as the “essential health benefits”. These essential health benefits are:

- Outpatient (ambulatory) services
- Emergency services
- Hospitalization
- Maternity and newborn care
- Mental health and substance use disorder services (including behavioral health treatment)
- Prescription drugs
- Programs such as physical and occupational therapy
- Laboratory services
- Preventative and wellness services
- Chronic disease management
- Children’s health services (including oral and vision care).

If you are pregnant or have an immediate medical need, apply in person at one of the offices listed under Health Insurance Information (pg. 42 – Community Services Agency or pg. 44 – Medi-Cal). A case manager will assess your situation and determine your eligibility. You may be eligible for temporary approval of Medi-Cal benefits while your application is being processed.

### **Q. What verifications are necessary to provide when applying for Medi-Cal?**

- A.** You may apply without documentation, but you will have to give certain information before your Medi-Cal can be approved. Your worker will tell you what proof is needed. If you cannot get the proof yourself, ask your worker to help you.

Here is a list of some of the items that may be required:

- Social Security card(s)
- Medicare card(s)
- Naturalization documents(s)
- Alien registration card(s)
- Pregnancy verification
- Income verification
- Property tax statements for all real property
- Vehicle registration(s)
- Bank account statement(s) and trust account document(s)
- Stocks, bonds (including U.S. Savings Bonds), and mutual funds
- Life Insurance policies including Cash Surrender Value (CSV) tables
- Documentation regarding the current value of Annuities, IRAs, and Trusts
- Burial trust(s), prepaid burial contract(s), and information on burial plot(s)
- Documentation showing proof of identity and citizenship

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**Q. Do you have to be a US citizen to be eligible for Medi-Cal?**

**A.** No, but you have to be an eligible non-citizen (have the legal right to be in the US) to get full scope benefits. If you are an undocumented resident, you may be eligible for pregnancy or emergency related services only. Talk to a Medi-Cal worker, or call the Medi-Cal Outreach Line (pg. 44) for more details.

**Q. Do you have to have children to be eligible for Medi-Cal?**

**A.** No, adults without children may apply for Medi-Cal benefits if they are:

- Pregnant
- 65 or older
- Have a verified disability that is expected to last a year or more
- Are legally blind
- In long term care at a skilled nursing facility
- Meet income eligibility guidelines

If you have more questions about Medi-Cal, eligibility, and benefits, please go online at [www.dhcs.ca.gov](http://www.dhcs.ca.gov) or call **Community Services Agency (CSA)**.

877-652-0734

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## LIST OF ACRONYMS

<b>AA</b>	Alcoholic Anonymous
<b>AARP</b>	American Association of Retired Persons
<b>ADA</b>	Americans with Disabilities Act
<b>ADHD</b>	Attention Deficit Hyperactivity Disorder
<b>AFLP</b>	Adolescent Family Life Program
<b>APS</b>	Adult Protective Services
<b>BHRS</b>	Behavioral Health and Recovery Services
<b>C.H.S.S.</b>	Community Housing and Shelter Services
<b>CART</b>	Community Activities and Rehabilitation Transportation
<b>CAT</b>	Ceres Area Transit
<b>CERT</b>	Community Emergency Response Team
<b>CHDP</b>	Child Health & Disability Prevention Program
<b>Corp.</b>	Corporation
<b>CPS</b>	Child Protective Services
<b>CRLA</b>	California Rural Legal Assistance
<b>CSA</b>	Community Services Agency
<b>CTIS</b>	California Teratogen Information Services
<b>CVOC</b>	Central Valley Opportunity Center
<b>DDS</b>	Doctor of Dental Surgery
<b>Dept.</b>	Department
<b>DMC</b>	Doctors Medical Center
<b>DNA</b>	Deoxyribonucleic Acid
<b>DRAIL</b>	Disability Resource Agency of Independent Living
<b>EBT</b>	Electronic Benefits Transfer
<b>EDD</b>	Employment Development Department
<b>ESL</b>	English as a Second Language
<b>FRCs</b>	Family Resource Centers
<b>G.E.D.</b>	General Education Diploma
<b>H.E.A.P.</b>	Home Energy Assistance Program
<b>HBO</b>	Healthy Birth Outcomes
<b>HICAP</b>	Health Insurance Counseling and Advocacy Program
<b>HIV</b>	Human Immunodeficiency Virus
<b>HN</b>	Health Net
<b>HPSJ</b>	Health Plan of San Joaquin
<b>HSA</b>	Health Services Agency
<b>ID</b>	Identification
<b>IHSS</b>	In-Home Supportive Services
<b>Info</b>	Information
<b>KBS</b>	Keep Baby Safe Program
<b>Lab</b>	Laboratory
<b>M.I.D.</b>	Modesto Irrigation District
<b>MAX</b>	Modesto Area Transit
<b>MCAH</b>	Maternal Child and Adolescent Health
<b>MCAP</b>	Medi-Cal Access Program
<b>MCERT</b>	Mobile Community Emergency Response Team
<b>MD</b>	Medicine Doctor
<b>MIA</b>	Medically Indigent Adult Program
<b>MICL</b>	Modesto Institute for Continued Learning
<b>MJC</b>	Modesto Junior College
<b>NFP</b>	Nurse Family Partnership



<b>O.D.</b>	Ophthalmology Doctor
<b>PACE</b>	Peterson Alternative Center for Education
<b>PAL</b>	Police Activity League
<b>PCG</b>	Prenatal Care Guidance
<b>PPO</b>	Preferred Provider Organization
<b>PSC</b>	Perinatal Services Coordination/Coordinator
<b>ROP</b>	Regional Occupation Program
<b>SCOE</b>	Stanislaus County Office of Education
<b>SDI</b>	State Disability Insurance
<b>SEAPA</b>	Stanislaus Elder Abuse Prevention Alliance
<b>SPCA</b>	Society for the Prevention of Cruelty to Animals
<b>StanWORKS</b>	Stanislaus Work Opportunity and Responsibility to Kids
<b>StaRT</b>	Stanislaus Regional Transit
<b>STD</b>	Sexually Transmitted Disease
<b>T.I.D.</b>	Turlock Irrigation District
<b>TB</b>	Tuberculosis
<b>TOPS</b>	Turnaround Opportunity Schools
<b>UCSF</b>	University of California San Francisco
<b>USCIS</b>	United States Citizenship & Immigration Services
<b>VA</b>	Veterans Affairs
<b>VCRC</b>	Valley Caregiver Resource Center
<b>Vet</b>	Veteran
<b>VIPS</b>	Vision Impaired Persons Support
<b>VMRC</b>	Valley Mountain Regional Center
<b>WIC</b>	Women, Infants, and Children