



BREASTFEEDING

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Love

Breastfeeding Helplines

WIC Warm line (209) 525-4838
 La Leche League International (877) LA-LECHE
 or (877) 452-5324
 National BF Helpline (24 hr) (800) 994-9662

Drop-in/Other Support

WIC Program (for WIC participants) (209) 525-4838
 Lactation Consultants appointments available

Lactation Consultants (Fees may apply)
 Isabel Bennett (209) 918-4423
 Susan Sanders (209) 537-1243
 Andrea Ramirez (209) 613-0666

Insurers (May Cover Breast Pumps)

Health Plan of San Joaquin (888) 936-7526
 Health Net (800) 804-6074
 Anthem Blue Cross of California (800) 231-2999

Hospitals

Kaiser Permanente (209) 557-1650
 Doctors Medical Center (209) 576-3763
 Emanuel Medical Center (209) 664-2660
 Memorial Medical Center (209) 572-7210

Walk-in clinic hours: M-F 1:30-3:30 p.m.
 Appointment Hours: M-F 9:00am-1:00 p.m.

Breast Pump Rentals

Doctors Medical Center (209) 576-3763
 Memorial Medical Center (209) 572-7210
 Kaiser (members only) (209) 735-6060
 WIC Program (for WIC participants) (209) 558-7377

Prenatal Classes

Free:
 WIC Program (for WIC participants) (209) 558-7377
 Healthy Birth Outcomes Program (209) 558-7400

Fees may apply:
 Doctors Medical Center (209) 576-3747
 Memorial Medical Center (209) 572-7210
 Emanuel Medical Center (209) 664-2580
 Kaiser (members only) (209) 557-1601

Breastfeeding Support Groups

WIC Participant Monthly Support Groups
 MOMS Club
 Call for details (209) 558-7377

Community Support Groups

La Leche League of Stanislaus County
 Susan, Leader (209) 537-1243
 • Local phone help during daytime hours
 • In person support group monthly

Moms of Multiples Support Group
www.sjvmom.com

Hospital Support Groups

Memorial Medical Center (209) 572-7210
 • Mommy & Me Every Friday — 12:00-1:30 p.m.
 Emanuel Medical Center (209) 664-2666
 • Mommy & Me Every Tuesday — 1:00-3:00 p.m.

Breastmilk Donations

Mothers Milk Bank (877) 375-6645
www.mothersmilk.org



Breastfeeding Coalition of Stanislaus County

A network of advocates promoting and supporting breastfeeding through the education of families, our community, and health care providers. For more information call (209) 558-5657

BREASTFEEDING...FOR BABY...FOR MOTHER...FOR COMMUNITY



The Stanislaus County Health Services Agency's Women, Infants & Children (WIC) program is a nutrition education and supplemental food program that helps pregnant, breastfeeding and postpartum women, infants and children to eat well and stay healthy.

WIC staff provide nutrition education, breastfeeding education and support, supplemental foods, and referrals to health care and other supporting agencies.

WIC gives participants:

- Free monthly checks to buy healthy foods
- Free tips to eat well and stay healthy
- Free breastfeeding support



Who qualifies for WIC?

Working families and those on unemployment may be eligible to enroll in the WIC Program. Women who are *pregnant, breastfeeding, or postpartum*, and caregivers who have *children/foster children up to the age of five* may be eligible. Those who are otherwise qualified and are currently enrolled in the Medi-Cal, TANF or CalFresh Programs are also eligible to enroll in WIC.

**For more information or to make a referral call:
(209) 558-7377 or visit our website at www.schsa.org.**



CERES WIC OFFICE

1424 Mitchell Road, Modesto, CA 95351

OFFICE HOURS

Mon., Tues., Thurs., Fri.: 8:00 a.m. — 5:00 p.m.
Wed.: 9:00 a.m. — 6:00 p.m.

MODESTO WIC OFFICE

251 E. Hackett Road, Modesto, CA 95358

OFFICE HOURS

Mon., Tues., Thurs., Fri.: 8:00 a.m. — 5:00 p.m.
Wed.: 9:00 a.m. — 6:00 p.m.

OAKDALE WIC OFFICE

1405 West F Street, Oakdale, CA 95361

OFFICE HOURS

Mon. and Thurs.: 8:00 a.m. — 5:00 p.m.
Closed for lunch: 12:00 p.m. — 1:00 p.m.
Wed.: 9:00 a.m. — 6:00 p.m.
Closed for lunch: 1:00 p.m. — 2:00 p.m.
Closed: every 2nd & 4th Wed.

PATTERSON WIC OFFICE

101 West Las Palmas, Patterson, CA 95363

OFFICE HOURS

Tues., Fri.: 8:00 a.m. — 5:00 p.m.
Closed for lunch: 12:00 p.m. — 1:00 p.m.

TURLOCK WIC OFFICE

1125 N. Golden State Blvd, Turlock, CA 95380

OFFICE HOURS

Mon., Thurs.: 8:00 a.m. — 5:00 p.m.
Closed for lunch: 12:00 p.m. — 1:00 p.m.
Wed.: 9:00 a.m. — 6:00 p.m.
Closed for lunch: 1:00 p.m. — 2:00 p.m.

WATERFORD WIC OFFICE

12617 Bentley St., Waterford, CA 95386

OFFICE HOURS

Open the 2nd & 4th Tues. of every month:
8:00 a.m. — 4:30 p.m.

