

BREASTFEEDING RESOURCES

FOR BABY, FOR MOTHER,
FOR THE COMMUNITY - 2025



BREASTFEEDING HELPLINES

WIC Breastfeeding Helpline (209) 525-4838
La Leche League (877) LA-LECHE
International or (877) 452-5324
National BF Helpline 24Hr (800) 994-9662

BREASTFEEDING SUPPORT

WIC Program (209) 525-4838
(Free for participants)
Lactation Consultant
Breastfeeding Peer Counseling

Lactation Consultants
(Fees may apply)
Andrea Ramirez (209) 613-0666
thelatchedlife.com

Kimberly Hunter (209) 481-8255
doulakimhunter.com

HOSPITALS

Kaiser Permanente* (209) 735-3600
Doctors Medical Center* (209) 576-3763
Emanuel Medical Center (209) 664-2660
Memorial Medical Center (209) 572-7210
(By appointment only)

*Bedside Only

PRENATAL CLASSES

Free Online:
WIC Program (209) 558-7377
(For WIC participants)
Free In-Person:
Emanuel Medical Center (209) 664-2670
Fees May Apply:
Doctors Medical Center (209) 576-3747
(Scholarships available)
Memorial Medical Center (209) 572-7210
(Online)
Kaiser (Members only) (209) 557-1601

BREAST PUMP RENTALS

WIC Program (209) 558-7377
(Free for participants)
Memorial Medical Center (209) 572-7210
(Fees may apply)
Kaiser (Members via Dr. Rx) (209) 735-6060

FOR MEDICAL BENEFICIARIES

Health Plan of San Joaquin
Call Customer Service Eng: 1-888-936-7526
M-F 8 a.m. - 5 p.m. Sp: 1-888-312-7526

Health Net
Call Member Services 1-800-675-6110

BREASTMILK DONATIONS

Mothers' Milk Bank
mothersmilk.org (877) 375-6645



Breastfeeding
Coalition
OF STANISLAUS COUNTY

BREASTFEEDING COALITION OF STANISLAUS COUNTY

A network of advocates promoting and supporting breastfeeding through the education of families, our community, and health care providers. For more information, email BFC@schsa.org



The Stanislaus County Health Services Agency's Women, Infants & Children program is a nutrition education and supplemental food program for pregnant, breastfeeding and postpartum women, as well as infants and children to eat well and stay healthy.

WIC provides participants:

- Free monthly food benefits to buy healthy foods
- Free tips to eat well and stay healthy
- Free breastfeeding support

Who qualifies for WIC?

- Women who are:
 - Pregnant
 - Breastfeeding a baby under 1 year of age
 - Just had a baby in the past 6 months
- Children under 5 years of age, including those cared for by a single father, grandparent, foster parent, step-parent, or guardian
- Have a family income within WIC guidelines
- If the applicant is receiving Medi-Cal, TANF or CalFresh, they are automatically considered income-eligible

WIC provides in-person or phone appointments and is available for pick-up services.

WIC locations are open 8 am-5 pm:

Modesto (Mon-Fri)
Oakdale (Mon, Wed & Thurs)
McHenry Medical Office (Tues & Fri)
Patterson (Tues & Fri)
Turlock (Mon, Wed & Thurs)

Call: (209) 558-7377

Text: (888) 413-8165

Breastfeeding Helpline: (209) 525-4838

To Apply Online Visit: schsa.org/WIC



USDA is an equal opportunity provider and employer.

Other useful information for breastfeeding women:

- **NEW Free App: Bringing Breastfeeding Professionals Access to LactMed for Exposure Information On-the-Go** visit: mothertobaby.org/lactrx/
- Vaccination during Pregnancy, CDC Recommendations cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html