

GET THE SUPPORT YOU NEED.

NATIONAL HELPLINES:

National Maternal Mental Health Hot Line
(800) 852-6262

National Alliance of Mental Health (NAMI)
(800) 950-6264

INTERNATIONAL HELPLINE:

Postpartum Support International
(800) 944-4773

This institution is an equal opportunity provider



EMERGENCY HOTLINES:

**Access Crisis and Support Line for
Stanislaus County**
(888) 376-6246

Access to program information on
mental health, alcohol, and drug
services.

**Community Emergency Response
Team (CERT) and Warm Line**
(209) 558-4600

24/7 crisis hotline for Stanislaus County
residents that offers access to emergency
mental health services. Warmline offers
support to individuals who are struggling to
get through the day but are not in crisis,
offering peer support, feedback to explore
options, and referrals.

Suicide & Crisis Lifeline
Call or Text 988
988lifeline.org

National 24/7 suicide prevention hotline
that offers access to free, confidential,
quality, one-on-one assistance with a
counselor.

MATERNAL & FAMILY MENTAL HEALTH SERVICES



Stanislaus
County **HEALTH
SERVICES
AGENCY**

CALIFORNIA
wic
WOMEN, INFANTS & CHILDREN

 **(209) 558-7000**

Revised 03/05/2026



GRIEF SUPPORT SERVICES

Jessica's House

Turlock (209) 250-5395

Community Hospice & Health Services

Mental health services program
Hope Counseling (209) 578-6373

ADDITIONAL SUPPORT SERVICES

California Youth Crisis Line

24hr hotline available to young adults ages 12-24
1 (800) 843-5200

BHRS Children's Early Intervention

Available to children and youth ages 0-21
(209) 558-4595

Community Shelter & Housing Services

Emergency shelter/ rental or deposit assistance
Stanislaus County (209) 527-0444

Family Justice Center

Stanislaus County (209) 525-5130

Valley Mountain Regional Center

Services to any person suspected of having a developmental disability i.e. intellectual disability, cerebral palsy, epilepsy, or autism

Early Start Services (under 3 years) (209) 557-5619

Lanterman Act Services (over 3 years) (209) 557-2197

WELLNESS, COUNSELING SERVICES & REFERRALS

Aspiranet

Modesto (209) 576-1750

Turlock (209) 668-6121

Catholic Charities

Family Wellness
Stanislaus County (209) 529-3784

Center for Human Services

Community Counseling Clinic
Modesto (209) 526-1440

El Concilio

Modesto Family Center (209) 523-2860

Family Resource Centers

Modesto (209) 549-8193
Multiple locations throughout Stanislaus County

La Familia

Central Valley (209) 633-3057

Sierra Vista Child & Family Services

Behavioral Health Services Team
Services for ages 0-21
Modesto (209) 544-5850

Perinatal Substance Use Disorder Treatment Program

Modesto (209) 527-3270

First 5 Planet Baby

Stanislaus County (209) 558-6218

West Modesto Community Collaborative

Counseling & Wellbeing Services
(209) 522-6902

HEALTH PLAN BEHAVIORAL HEALTH SERVICES

Health Net

24/7 assistance with a mental health or substance use disorder
1 (888) 426-0030

Health Plan of San Joaquin

Behavioral Health Customer Service
1 (888) 581-7526

Kaiser Permanente

Access to mental health and wellness support
1 (855) 268-4096

MATERNAL MENTAL HEALTH CLINIC SERVICES & TREATMENT

Behavioral Health Services

Golden Valley Health Centers

Stanislaus County (209) 722-4842

Sutter Behavioral Health Center

Modesto (209) 524-9401

Oak Valley Community Health Center

Oakdale (209) 848-4180

Riverbank Community Health Center

Riverbank (209) 869-8102